Orange County Public Schools

SUPPER

OCTOBER 2026

Lovell Elementary School

Orange County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 **FOUR CHEESE PIZZA WEDGE** 330 cal Fresh Steamed Broccoli 54 cal Fresh Apple Slices 30 cal	**2** **BREADED CHICKEN TENDERS, K-8** 280 cal Tater Tots 113 cal Peach Cup 90 cal
5 **CHICKEN CORN DOG** 250 cal Sandwich, Cheese Croissant 330 cal Black Forest Ham & Cheddar Sandwich 290 cal Fresh Steamed Broccoli 54 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg Juice 50 cal Diced Pear Cup 70 cal Diced Peach Cup 70 cal Mix Fruit Cup 80 cal Cheeseburger 339 cal Hamburger, 2.0 oz 304 cal	**6** **BREADED CHICKEN TENDERS, K-8** 280 cal Pork Rib Sandwich, Onion Rings & Pickles 620 cal Sandwich, PBJ 5.3 oz 600 cal PBJ, 2.6 oz & Cheese 380 cal Seasoned Crispy Fries 81 cal Cucumber Dippers with Ranch Dressing 61 cal Orange Wedges 76 cal Fresh Apple Slices 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal	**7** **CHICKEN WINGS, 4 EACH** 418 cal Turkey & American on Bun 251 cal Sweet Brazilian Bun 170 cal Steamed Carrots 69 cal Coleslaw 130 cal Red Delicious Apple 75 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal Breaded Chicken Nuggets 330 cal	**8** **STUFFED CHEESY BREADSTICK** 300 cal Rotisserie Chicken and Cheese Sandwich 280 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Banana, fresh 146 cal Orange Wedges 76 cal Grilled Cheese Sandwich 309 cal	**9** **HAMBURGER, 2.0 OZ** 304 cal Cheeseburger 339 cal Turkey & American Sub 311 cal Tater Tots 113 cal Mandarin Carrot Slaw 67 cal Carrot Dippers with Ranch Dressing 81 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal
12 No menu published	**13** **BREADED CHICKEN TENDERS, K-8** 230 cal Tater Tots 113 cal Diced Peach Cup 70 cal	**14** **BREADED MOZZARELLA STICKS** 400 cal Fresh Apple Slices 30 cal	**15** **TURKEY SAUSAGE & CHEESE ON CROISSANT** 321 cal Steamed Carrots, 1/2 cup 70 cal Fresh Tangerine 40 cal	**16** **FOUR CHEESE PIZZA SLICE** 330 cal Fresh Steamed Broccoli 54 cal Banana, fresh 146 cal
19 **CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN** 437 cal Green Beans 49 cal Applesauce 4.5 oz 60 cal	**20** **CHEESE PIZZA RIPPERS** 260 cal Fruit Juice Blend 60 cal	**21** **CHICKEN CORN DOG** 250 cal Banana, fresh 146 cal Fresh Steamed Broccoli 54 cal	**22** **POPCORN CHICKEN** 261 cal Sweet Waffle Potato 150 cal Fresh Apple Slices 30 cal	**23** **BUTTERBALL TURKEY HOT DOG ON WG BUN** 270 cal Tater Tots 113 cal Strawberry Cup 80 cal
26 **BREADED CHICKEN TENDERS, K-8** 230 cal Tater Tots 113 cal Diced Peach Cup 70 cal	**27** **HAMBURGER, 2.0 OZ** 304 cal Cheeseburger 339 cal Sweet Waffle Potato 150 cal Fresh Apple Slices 30 cal	**28** **CHICKEN WINGS, 4 EACH** 418 cal Sweet Brazilian Bun 170 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Red Delicious Apple 75 cal	**29** **STUFFED CHEESY BREADSTICK** 300 cal Fresh Tangerine 40 cal	**30** **POPCORN CHICKEN** 261 cal Seasoned Crispy Fries 81 cal Strawberry Cup 80 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.