

Monday

Tuesday

Wednesday

Thursday

Friday

			1 SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal - Blueberry Muffin Top 250 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Red Delicious Apple 75 cal - Dried Cranberries 110 cal - Fresh Apple Slices 30 cal - Peach Cup 90 cal - Strawberry Cup 80 cal	2 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal - Sweet Potato Swirl 138 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Applesauce, Strawberry 4.5 oz 50 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal
5 EGGS, BACON & TOAST PLATTER 230 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - Banana Sliced Bread 260 cal - WG Toast 90 cal - Blueberry Muffin Top 250 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	6 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 170 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - Banana Sliced Bread 260 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	7 PANCAKE BITES 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	8 POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Tangelos, Fresh 47 cal - Banana, fresh 146 cal - Fresh Apple Slices 30 cal	9 OATMEAL 190 cal - Sweet Potato Swirl 138 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal - Fresh Apple Slices 30 cal
12 No menu published	13 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Cheddar Cubes 90 cal - WG Double Chocolate Muffin 200 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal - Applesauce 4.5 oz 60 cal - Fruit Juice Blend 60 cal - Diced Peach Cup 70 cal 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal	14 SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Golden Delicious Apple 75 cal - Pineapple, Wedges Frozen 30 cal	15 STUFFED HASHBROWN POTATO 245 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Mixed Berry Fruit Cup 90 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal - Diced Peach Cup 70 cal - Fresh Apple Slices 30 cal	16 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Apple Slices 30 cal - Scramble Eggs and Toast 169 cal - Applesauce 4.5 oz 60 cal
19 EGGS, BACON & TOAST PLATTER 230 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Strawberry Cup 80 cal - Granny Smith Apple 75 cal - Blueberry Muffin Top 250 cal - Peach Cup 90 cal	20 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 200 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Peach Cup 90 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal - Strawberry Cup 80 cal	21 PANCAKE BITES 250 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Banana, fresh 146 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Fresh Apple Slices 30 cal	22 POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Blueberry Muffin Top 250 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Peach Cup 90 cal - Cheerios Gluten Free Bowl 1 oz 101 cal	23 SWIRL RASPBERRY 130 cal - Sweet Potato Swirl 140 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Golden Delicious Apple 75 cal - Orange Wedges 76 cal - Buttermilk Pancakes, 2 ea 180 cal - Applesauce 4.5 oz 60 cal
26 BANANA SLICED BREAD 260 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	27 MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 200 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Pineapple, Wedges Frozen 30 cal - Fresh Apple Slices 30 cal 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal	28 SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Orange Wedges 76 cal - Fresh Apple Slices 30 cal	29 STUFFED HASHBROWN POTATO 245 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal	30 PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz Bowl 1 oz 150 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Apple Slices 30 cal - Scramble Eggs and Toast 169 cal

Served every day:

• Mozzarella Cheese Stick • Rice Chex Gluten Free Bowl 1 oz • Trix Cereal Bowl 1 oz • NutriGrain Bar, Strawberry • Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.

Calories are per serving, as Orange County Public Schools publishes them.