

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal Mozzarella Cheese Stick 80 cal Trix Cereal Bowl 1 oz 110 cal Trix Cereal Bar 1.42 oz 160 cal Cheerios Gluten Free Bowl 1 oz 101 cal Fruit Juice Blend 60 cal Red Delicious Apple 75 cal Fruit Punch Juice 60 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal Mozzarella Cheese Stick 80 cal Sweet Potato Swirl 138 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Cocoa Puffs Bowl 1 oz 120 cal Nutri Grain Bar, Strawberry 160 cal Golden Delicious Apple 75 cal Fruit Juice Blend 60 cal Fruit Punch Juice 60 cal
5	6	7	8	9
EGGS, BACON & TOAST PLATTER 230 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Banana Sliced Bread 260 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Mozzarella Cheese Stick 80 cal WG Double Chocolate Muffin 170 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal	PANCAKE BITES 250 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Orange Wedges 76 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Mozzarella Cheese Stick 80 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Apple Juice 60 cal Fruit Juice Blend 60 cal Tangelos, Fresh 47 cal Banana, fresh 146 cal Fresh Apple Slices 30 cal	MOZZARELLA CHEESE STICK 80 cal Sweet Potato Swirl 138 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 160 cal Trix Cereal Bar 1.42 oz 160 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Mixed Berry Fruit Cup 90 cal
12	13	14	15	16
No menu published	PEANUT BUTTER CUP 185 cal WG Double Chocolate Muffin 200 cal Cheerios Gluten Free Bowl 1 oz 101 cal Cherry G-Force Bar 200 cal Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal Fruit Punch Juice 60 cal Fresh Apple Slices 30 cal Mixed Berry Fruit Cup 90 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Mozzarella Cheese Stick 80 cal Mini Blueberry Donut Hole Cup 260 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Apple Juice 60 cal Fresh Apple Slices 30 cal Fruit Punch Juice 60 cal	STUFFED HASHBROWN POTATO 245 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Trix Cereal Bar 1.42 oz 150 cal Cheerios Gluten Free Bowl 1 oz 101 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Fruit Punch Juice 60 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Mozzarella Cheese Stick 80 cal Sweet Potato Swirl 140 cal Frosted Corn Flakes Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 150 cal Fruit Juice Blend 60 cal Fresh Apple Slices 30 cal Fruit Punch Juice 60 cal
19	20	21	22	23
EGGS, BACON & TOAST PLATTER 230 cal Mozzarella Cheese Stick 80 cal Banana Sliced Bread 260 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 150 cal Peach Cup 90 cal Strawberry Cup 80 cal Fruit Punch Juice 60 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Cheerios Gluten Free Bowl 1 oz 101 cal Peach Cup 90 cal Apple Juice 60 cal Fruit Punch Juice 60 cal	PANCAKE BITES 250 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Trix Cereal Bar 1.42 oz 150 cal WG Double Chocolate Muffin 200 cal Banana, fresh 146 cal Orange Wedges 76 cal Fruit Punch Juice 60 cal	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal Mozzarella Cheese Stick 80 cal Mini Blueberry Donut Hole Cup 260 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Nutri Grain Bar, Strawberry 150 cal Cheerios Gluten Free Bowl 1 oz 101 cal Fruit Juice Blend 60 cal Peach Cup 90 cal Fruit Punch Juice 60 cal	MOZZARELLA CHEESE STICK 80 cal Swirl Raspberry 130 cal Sweet Potato Swirl 140 cal Frosted Corn Flakes Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal Fruit Punch Juice 60 cal
26	27	28	29	30
MOZZARELLA CHEESE STICK 80 cal Mini Blueberry Donut Hole Cup 260 cal Banana Sliced Bread 260 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 150 cal Apple Juice 60 cal Applesauce, Peach 4.5 oz 60 cal Fruit Punch Juice 60 cal	MOZZARELLA CHEESE BITES, 3 EACH 340 cal Mozzarella Cheese Stick 80 cal WG Double Chocolate Muffin 200 cal Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 150 cal Peach Cup 90 cal Strawberry Cup 80 cal Fruit Punch Juice 60 cal	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Cheerios Gluten Free Bowl 1 oz 101 cal Fruit Juice Blend 60 cal Orange Wedges 76 cal Fruit Punch Juice 60 cal	STUFFED HASHBROWN POTATO 245 cal Mozzarella Cheese Stick 80 cal Blueberry Muffin Top 250 cal Cereal Blueberry Chex Bowl 1 oz 120 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bar 1.42 oz 150 cal Banana, fresh 146 cal Orange Wedges 76 cal Fruit Punch Juice 60 cal	PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Mozzarella Cheese Stick 80 cal Sweet Potato Swirl 140 cal Frosted Corn Flakes Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Nutri Grain Bar, Strawberry 150 cal Apple Juice 60 cal Fresh Apple Slices 30 cal Fruit Punch Juice 60 cal

Served every day:
 WG Toast • Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.