

SNACK OCTOBER 2026

Lake Sybelia Elementary School

Orange County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			★ MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal Banana 146 cal	★ CHOCOLATE NO NUT BUTTER CUP 320 cal Savory Cracker, WG 180 cal Bear Grahams 122 cal Red Delicious Apple 75 cal
★ BREAKFAST EGG BOX 270 cal Chocolate No Nut Butter Cup 324 cal Cheddar Goldfish Crackers 100 cal Assorted Milk 110 cal	★ VANILLA YOGURT CUP 90 cal Strawberry Yogurt Cup 90 cal Cracker, Sweet Educationa 130 cal	★ CHOCOLATE NO NUT BUTTER CUP 324 cal Snack Mix, Cheddar Chex 110 cal Apple Juice 90 cal Assorted Milk 110 cal	★ MOZZARELLA CHEESE STICK 80 cal Bear Grahams 122 cal Assorted Milk 110 cal	★ CHOCOLATE NO NUT BUTTER CUP 324 cal Savory Cracker, WG 180 cal Orange Juice 60 cal Assorted Milk 110 cal
★ No menu published	★ STRAWBERRY YOGURT CUP 90 cal Bear Grahams 120 cal Cheez IT Crackers 100 cal Red Delicious Apple 75 cal	★ PEANUT BUTTER CUP 185 cal Chocolate No Nut Butter Cup 324 cal Savory Cracker, WG 180 cal Corn Tortilla Chips 190 cal Berry Breeze Juice 100 cal	★ SCOOBY DOO GRAHAMS 132 cal Snack Mix, Cheddar Chex 110 cal Banana 146 cal Assorted Milk 110 cal	★ CHEDDAR CUBES 90 cal Chocolate No Nut Butter Cup 324 cal Goldfish Pretzels 90 cal Bear Grahams 120 cal Red Delicious Apple 75 cal
★ CHOCOLATE NO NUT BUTTER CUP 324 cal Sour Cream & Onion, Goldfish Crackers 97 cal Wheat Crackers 175 cal Assorted Milk 110 cal	★ STRAWBERRY YOGURT CUP 90 cal Chocolate No Nut Butter Cup 324 cal Cheddar Goldfish Crackers 100 cal Cheez IT Crackers 100 cal Red Delicious Apple 75 cal	★ CHOCOLATE NO NUT BUTTER CUP 324 cal Snack Mix, Strawberry Creme Chex 124 cal Corn Tortilla Chips 190 cal Apple Juice 90 cal Assorted Milk 110 cal	★ CHEDDAR CUBES 90 cal Cracker, Sweet Educationa 130 cal Snack Mix, Cheddar Chex 110 cal Banana 146 cal	★ PEANUT BUTTER CUP 185 cal Chocolate No Nut Butter Cup 324 cal Savory Cracker, WG 180 cal Bear Grahams 120 cal Red Delicious Apple 75 cal
★ CHOCOLATE NO NUT BUTTER CUP 324 cal Peanut Butter cup 185 cal Cheez IT Crackers 100 cal Savory Cracker, WG 180 cal Assorted Milk 110 cal	★ MOZZARELLA CHEESE STICK 80 cal Snack Mix, Cheddar Chex 110 cal Cheez IT Crackers 100 cal Red Delicious Apple 75 cal	★ CHOCOLATE NO NUT BUTTER CUP 324 cal Bear Grahams 120 cal Corn Tortilla Chips 190 cal Apple Juice 90 cal Assorted Milk 110 cal	★ CHEDDAR CUBES 90 cal Goldfish Pretzels 90 cal Snack Mix, Cheddar Chex 110 cal Banana 146 cal	★ PEANUT BUTTER CUP 185 cal Chocolate No Nut Butter Cup 324 cal Savory Cracker, WG 180 cal Bear Grahams 120 cal Red Delicious Apple 75 cal

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.