

Monday

Tuesday

Wednesday

Thursday

Friday

- ★5**
- POPCORN CHICKEN 203 cal
 - Breaded Chicken Nuggets 330 cal
 - PBJ, 2.6 oz & Cheese 380 cal
 - Breaded Chicken Tenders, K-8 280 cal
 - Potatoes, Mashed 70 cal
 - Peas & Carrots 103 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal
 - Orange Juice 60 cal

- ★6**
- TURKEY BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEES 391 cal
 - Turkey Barbacoa Birria Nachos w/shredded cheese 414 cal
 - Yogurt, Cheese, w/ Banana Bread Plate 430 cal
 - Two Soft Turkey Tacos w/ Cheese 248 cal
 - Pinto Beans, 1/2 cup 163 cal
 - Salsa Dipping Cup 25 cal
 - Pinto Beans 163 cal
 - Peach Cup 90 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal

- ★7**
- GRILLED CHEESE SANDWICH 309 cal
 - Buttermilk Pancakes w/ Turkey Sausage 300 cal
 - Egg, Muffin, Cheese, & Apples Box 420 cal
 - Tater Tots 113 cal
 - Coleslaw 130 cal
 - Fresh Tangerine 40 cal
 - Fresh Apple Slices 30 cal
 - Red Delicious Apple 75 cal

- ★8**
- MAC AND CHEESE 372 cal
 - Spaghetti w/ Meatballs 394 cal
 - Grilled Chicken Breast Salad 196 cal
 - Popcorn Chicken with Mac and Cheese 474 cal
 - Spaghetti & Meatballs with Garlic Bread Stick 378 cal
 - Garlic Spinach 94 cal
 - Garden Side Salad 16 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal
 - Orange Juice 60 cal

- ★9**
- FOUR CHEESE PIZZA WEDGE 330 cal
 - Breaded Mozzarella Sticks 411 cal
 - Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal
 - Four Cheese Pepperoni Pizza, WW 363 cal
 - Harvest Treats Veg Juice 50 cal
 - Harvest Treats Veg Juice - SD 50 cal
 - Fresh Tangerine 40 cal
 - Fresh Apple Slices 30 cal
 - Red Delicious Apple 75 cal
 - Strawberry Cup 80 cal
 - Mixed Berry Fruit Cup 90 cal
 - Applesauce 4.5 oz 60 cal

No menu published

- ★13**
- HERB ROASTED CHICKEN THIGH 344 cal
 - Yogurt & Cheese Cool Pack 390 cal
 - Dinner Roll 110 cal
 - Sweet Brazilian Bun 170 cal
 - Sweet Plantain Slices 262 cal
 - Golden Sun Splash Vegetable Juice 40 cal
 - Applesauce, Strawberry 4.5 oz 50 cal

- ★14**
- HAMBURGER, 2.0 OZ 304 cal
 - Cheeseburger 339 cal
 - PBJ Sandwich Box 480 cal
 - Vegetarian Baked Beans 192 cal
 - 24 Hour Zesty Pickles 41 cal
 - Fresh Orange 76 cal
 - Fresh Apple Slices 30 cal

- ★15**
- ASIAN TERIYAKI CHICKEN 180 cal
 - Popcorn Chicken Salad 274 cal
 - Vegetable Fried Brown Rice, 1/2 cup 135 cal
 - Steamed Broccoli 27 cal
 - Cucumber Salad 49 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal

- ★16**
- PIZZABOLI 309 cal
 - Turkey & American on Bun 251 cal
 - Garden Side Salad 16 cal
 - Fresh Apple Slices 30 cal
 - Fresh DoD Apple 77 cal
 - Applesauce 4.5 oz 60 cal

- ★19**
- EMPANADA, CHICKEN ENCHILADA 300 cal
 - Calzone, Cheeseburger 310 cal
 - Yogurt, Cheese, w/ Banana Bread Plate 430 cal
 - Salsa Dipping Cup 25 cal
 - Carrot Dippers with Ranch Dressing 81 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal

- ★20**
- CUBAN STYLE MOJO PORK 205 cal
 - PBJ, 2.6 oz & Cheese 380 cal
 - Asian Teriyaki Chicken 180 cal
 - Seasoned Brown Rice, 1/2 cup 166 cal
 - Pinto Beans, 1/2 cup 163 cal
 - Sweet Plantain Slices 262 cal
 - Pinto Beans 163 cal
 - Applesauce, Strawberry 4.5 oz 50 cal

- ★21**
- SCRAMBLED EGGS WITH CHEESE & FRENCH TOAST PLATTER 320 cal
 - Egg, Muffin, Cheese, & Apples Box 420 cal
 - Garlic Spinach 94 cal
 - Harvest Treats Veg Juice 50 cal
 - Harvest Treats Veg Juice - SD 50 cal
 - Fresh Orange 76 cal
 - Orange Wedges 76 cal

- ★22**
- BREADED CHICKEN NUGGETS 267 cal
 - Chef Salad w/Turkey, Egg & WG Cracker 299 cal
 - Potatoes, Mashed 48 cal
 - Garden Side Salad 16 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal

- ★23**
- FOUR CHEESE PIZZA SLICE 330 cal
 - Four Cheese Pepperoni Slice 363 cal
 - Turkey & American Croissant 301 cal
 - Italian Blend Vegetables 71 cal
 - Strawberry Cup 80 cal
 - Fresh DoD Apple 77 cal

- ★26**
- CRISPY CHORIZO QUESADILLA 360 cal
 - PBJ Sandwich Box 480 cal
 - Cheeseburger 339 cal
 - Emoji Fries 130 cal
 - Salsa Dipping Cup 25 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal

- ★27**
- TANGERINE CHICKEN 219 cal
 - Hummus Cup Platter 298 cal
 - Brown Rice 109 cal
 - Mandarin Carrot Slaw 67 cal
 - Mango Splash Vegetable Juice 60 cal
 - Peach Cup 90 cal
 - Apple Juice 60 cal

- ★28**
- GARLIC FRENCH BREAD CHEESE PIZZA 383 cal
 - Turkey & American Sub 311 cal
 - Fresh Steamed Broccoli 54 cal
 - Fresh Orange 76 cal
 - Orange Wedges 76 cal

- ★29**
- BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal
 - Chicken Fajita Salad w/Flatbread 426 cal
 - Vegetarian Baked Beans 192 cal
 - Coleslaw 130 cal
 - Strawberry Kiwi Juice 60 cal
 - Fruit Juice Blend 60 cal
 - Apple Juice 60 cal

- ★30**
- SEASONAL SHAPED NUGGETS 180 cal
 - Egg, Cheese & Flatbread Box 290 cal
 - Steamed Corn, 1/2 cup 108 cal
 - Garden Side Salad 16 cal
 - Fresh Apple Slices 30 cal
 - Fresh DoD Apple 77 cal
 - Orange Wedges 76 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer