

SNACK

OCTOBER 2026

Lake Silver Elementary School

Orange County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

- BREAKFAST EGG BOX** 270 cal
- Chocolate No Nut Butter Cup 324 cal
- Cheddar Goldfish Crackers 100 cal
- Assorted Milk 110 cal

6

- VANILLA YOGURT CUP** 90 cal
- Strawberry Yogurt Cup 90 cal
- Cracker, Sweet Educationa 130 cal

7

- CHOCOLATE NO NUT BUTTER CUP** 324 cal
- Snack Mix, Cheddar Chex 110 cal
- Apple Juice 90 cal
- Assorted Milk 110 cal

8

- MOZZARELLA CHEESE STICK** 80 cal
- Bear Grahams 122 cal
- Assorted Milk 110 cal

9

- CHOCOLATE NO NUT BUTTER CUP** 324 cal
- Savory Cracker, WG 180 cal
- Orange Juice 60 cal
- Assorted Milk 110 cal

12

No menu published

13

- VANILLA YOGURT CUP** 90 cal
- Bear Grahams 120 cal

14

- PEANUT BUTTER CUP** 185 cal
- Savory Cracker, WG 180 cal

15

- SCOOPY DOO GRAHAMS** 132 cal
- Assorted Milk 110 cal

16

- CHEDDAR CUBES** 90 cal
- Goldfish Pretzels 90 cal

19

- CHEDDAR GOLDFISH CRACKERS** 100 cal
- Assorted Milk 110 cal

20

- VANILLA YOGURT CUP** 90 cal
- Cheddar Goldfish Crackers 100 cal

21

- SNACK MIX, CHEDDAR CHEX** 110 cal
- Assorted Milk 110 cal

22

- CHEDDAR CUBES** 90 cal
- Cracker, Sweet Educationa 130 cal

23

- PEANUT BUTTER CUP** 185 cal
- Savory Cracker, WG 180 cal

26

- CHEEZ IT CRACKERS** 100 cal
- Assorted Milk 110 cal

27

- MOZZARELLA CHEESE STICK** 80 cal
- Snack Mix, Cheddar Chex 110 cal

28

- BEAR GRAHAMS** 120 cal
- Assorted Milk 110 cal

29

- CHEDDAR CUBES** 90 cal
- Goldfish Pretzels 90 cal

30

- PEANUT BUTTER CUP** 185 cal
- Savory Cracker, WG 180 cal