

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

- Mozzarella Cheese Stick
- Rice Chex Gluten Free Bowl 1 oz
- Assorted Milk

Menu subject to change.

5		
Eggs, Bacon & Toast Platter	230 cal	
Cereal Blueberry Chex Bowl 1 oz	111 cal	
Frosted Corn Flakes Bowl 1 oz	111 cal	
Trix Cereal Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	160 cal	
Trix Cereal Bar 1.42 oz	160 cal	
Banana Sliced Bread	260 cal	
WG Toast	90 cal	
Peach Cup	90 cal	
Strawberry Cup	80 cal	
Mixed Berry Fruit Cup	90 cal	

6		
Mozzarella Cheese Bites, 3 each	340 cal	
WG Double Chocolate Muffin	170 cal	
Cereal Blueberry Chex Bowl 1 oz	111 cal	
Frosted Corn Flakes Bowl 1 oz	111 cal	
Trix Cereal Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	160 cal	
Trix Cereal Bar 1.42 oz	160 cal	
WG Toast	90 cal	
Peach Cup	90 cal	
Strawberry Cup	80 cal	
Mixed Berry Fruit Cup	90 cal	

7		
Pancake Bites	250 cal	
Cereal Blueberry Chex Bowl 1 oz	111 cal	
Frosted Corn Flakes Bowl 1 oz	111 cal	
Trix Cereal Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	160 cal	
Trix Cereal Bar 1.42 oz	160 cal	
WG Toast	90 cal	
Banana, fresh	146 cal	
Pineapple, Wedges Frozen	30 cal	
Orange Wedges	76 cal	

8		
Power Box with Crackers (no yogurt)	242 cal	
Blueberry Muffin	250 cal	
Top		
Cereal Blueberry Chex Bowl 1 oz	111 cal	
Frosted Corn Flakes Bowl 1 oz	111 cal	
Trix Cereal Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	160 cal	
Trix Cereal Bar 1.42 oz	160 cal	
WG Toast	90 cal	
Apple Juice	60 cal	
Fruit Juice Blend	60 cal	
Tangelos, Fresh	47 cal	
Banana, fresh	146 cal	
Fresh Apple Slices	30 cal	

9		
Sweet Potato Swirl	138 cal	
Cereal Blueberry Chex Bowl 1 oz	111 cal	
Frosted Corn Flakes Bowl 1 oz	111 cal	
Trix Cereal Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	160 cal	
Trix Cereal Bar 1.42 oz	160 cal	
WG Toast	90 cal	
Orange Wedges	76 cal	
Golden Delicious Apple	75 cal	
Mixed Berry Fruit Cup	90 cal	

12		
No menu published		

13		
Pancake Bites	250 cal	
WG Double Chocolate Muffin	200 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal	
Cocoa Puffs Bowl 1 oz	120 cal	
Pineapple, Wedges Frozen	30 cal	
Applesauce, Blue Razzleberry 4.5 oz	50 cal	

14		
Scrambled Eggs with Cheese & Tater Tots Platter	245 cal	
Pancake Bites	250 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal	
Cocoa Puffs Bowl 1 oz	120 cal	
Strawberry Kiwi Juice	60 cal	
Dried Cranberries	110 cal	

15		
Stuffed Hashbrown Potato	245 cal	
Sunflower Seeds	204 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal	
Cocoa Puffs Bowl 1 oz	120 cal	
Applesauce, Blue Razzleberry 4.5 oz	50 cal	

16		
Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)	384 cal	
Sunflower Seeds	204 cal	
Sweet Potato Swirl	140 cal	
Nutrigrain Bar, Strawberry	150 cal	
Cocoa Puffs Bowl 1 oz	120 cal	
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal	
Apple Juice	60 cal	

19		
Eggs, Bacon & Toast Platter	230 cal	
Sunflower Seeds	204 cal	
Banana Sliced Bread	260 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	

20		
Mozzarella Cheese Bites, 3 each	340 cal	
Sunflower Seeds	204 cal	
WG Double Chocolate Muffin	200 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Strawberry Kiwi Juice	60 cal	
Applesauce, Sour Cherry 4.5 oz	70 cal	

21		
Pancake Bites	250 cal	
Sunflower Seeds	204 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Pineapple, Wedges Frozen	30 cal	
Applesauce, Blue Razzleberry 4.5 oz	50 cal	

22		
Power Box with Crackers (no yogurt)	242 cal	
Sunflower Seeds	204 cal	
Blueberry Muffin	250 cal	
Top		
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Apple Juice	60 cal	
Dried Cranberries	110 cal	

23		
Sunflower Seeds	204 cal	
Swirl Raspberry	130 cal	
Sweet Potato Swirl	140 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Orange Juice	60 cal	
Pineapple, Wedges Frozen	30 cal	

26		
Sunflower Seeds	204 cal	
Banana Sliced Bread	260 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Applesauce, Sour Cherry 4.5 oz	70 cal	
Orange Juice	60 cal	

27		
Mozzarella Cheese Bites, 3 each	340 cal	
Sunflower Seeds	204 cal	
WG Double Chocolate Muffin	200 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Applesauce, Blue Razzleberry 4.5 oz	50 cal	
Dried Cranberries	110 cal	

28		
Scrambled Eggs with Cheese & Tater Tots Platter	245 cal	
Pancake Bites	250 cal	
Sunflower Seeds	204 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Apple Juice	60 cal	
Applesauce, Strawberry 4.5 oz	50 cal	
Dried Cranberries	110 cal	

29		
Stuffed Hashbrown Potato	245 cal	
Sunflower Seeds	204 cal	
Blueberry Muffin	250 cal	
Top		
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Cocoa Puffs Bowl 1 oz	120 cal	
Applesauce, Sour Cherry 4.5 oz	70 cal	
Dried Cranberries	110 cal	

30		
Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)	384 cal	
Sunflower Seeds	204 cal	
Sweet Potato Swirl	140 cal	
Cereal Blueberry Chex Bowl 1 oz	120 cal	
Frosted Corn Flakes Bowl 1 oz	110 cal	
Nutrigrain Bar, Strawberry	150 cal	
Fruit Juice Blend	60 cal	
Dried Cranberries	110 cal	
Applesauce, Blue Razzleberry 4.5 oz	50 cal	