

Monday

Tuesday

Wednesday

Thursday

Friday

5

MOZZARELLA CHEESE STICK 80 cal

WG Double Chocolate Muffin with Cheese 250 cal

Cereal Blueberry Chex Bowl 1 oz 111 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

Applesauce, Birthday Cake 4.5 oz 70 cal

Applesauce, Sour Cherry 4.5 oz 70 cal

Applesauce, Peach 4.5 oz 60 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

Apple Juice 60 cal

Fruit Juice Blend 60 cal

Orange Juice 60 cal

6

EGG & CHEESE BREAKFAST QUESADILLA 378 cal

Yogurt Cup with Granola 224 cal

Strawberry Yogurt Cup w/ Bear Graham 212 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 111 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Applesauce 4.5 oz 60 cal

Applesauce, Strawberry 4.5 oz 50 cal

7

CHICKEN WAFFLES SANDWICH 377 cal

Vanilla Yogurt Cup 90 cal

Strawberry Yogurt Cup 90 cal

Mozzarella Cheese Stick 80 cal

Rolls, Cinnamon 302 cal

Cereal Blueberry Chex Bowl 1 oz 111 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Tangelos, Fresh 47 cal

Orange Wedges 76 cal

8

CHICKEN AND CHEESE ON CROISSANT 323 cal

Mozzarella Cheese Stick 80 cal

Banana Sliced Bread 260 cal

Cereal Blueberry Chex Bowl 1 oz 111 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Apple Juice 60 cal

Red Delicious Apple 75 cal

Dried Cranberries 110 cal

9

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 111 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Orange Wedges 76 cal

Golden Delicious Apple 75 cal

Apple Juice 60 cal

Fruit Juice Blend 60 cal

12

No menu published

13

POWER BOX WITH YOGURT, GRAHAM & CHEESE 332 cal

Egg Patty & Chicken Sausage on Croissant 333 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

WG Double Chocolate Muffin 200 cal

Scooby Doo Grahams 132 cal

Fruit Juice Blend 60 cal

Applesauce, Strawberry 4.5 oz 50 cal

Dried Cranberries 110 cal

Apple Juice 50 cal

Orange Juice 60 cal

14

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

Sandwich, PBJ 2.6 oz 300 cal

Cheddar Cubes 90 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

WG Toast 90 cal

Cocoa Puffs Bowl 1 oz 120 cal

Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal

Scooby Doo Grahams 132 cal

Banana, fresh 146 cal

Apple Juice 60 cal

Orange Juice 60 cal

15

CHICKEN AND EGG BISCUIT 350 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Apple Juice 60 cal

Orange Wedges 76 cal

Golden Delicious Apple 75 cal

16

MOZZARELLA CHEESE STICK 80 cal

Sweet Potato Swirl 140 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Red Delicious Apple 75 cal

Dried Cranberries 110 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

19

MOZZARELLA CHEESE STICK 80 cal

WG Double Chocolate Muffin with Cheese 280 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Applesauce, Birthday Cake 4.5 oz 70 cal

Applesauce, Sour Cherry 4.5 oz 70 cal

Applesauce, Peach 4.5 oz 60 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

Apple Juice 60 cal

Fruit Juice Blend 60 cal

20

EGG & CHEESE BREAKFAST QUESADILLA 422 cal

Yogurt Cup with Granola 210 cal

Strawberry Yogurt Cup w/ Bear Graham 210 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Applesauce 4.5 oz 60 cal

Applesauce, Strawberry 4.5 oz 50 cal

Applesauce, Cinnamon 90 cal

21

CHICKEN WAFFLES SANDWICH 354 cal

Vanilla Yogurt Cup 90 cal

Strawberry Yogurt Cup 90 cal

Mozzarella Cheese Stick 80 cal

Rolls, Cinnamon 250 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Tangelos, Fresh 47 cal

Orange Wedges 76 cal

22

CHICKEN AND CHEESE ON CROISSANT 323 cal

Mozzarella Cheese Stick 80 cal

Banana Sliced Bread 260 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Apple Juice 60 cal

Red Delicious Apple 75 cal

Dried Cranberries 110 cal

23

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Orange Wedges 76 cal

Golden Delicious Apple 75 cal

26

MOZZARELLA CHEESE STICK 80 cal

Rolls, Cinnamon 250 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Applesauce, Birthday Cake 4.5 oz 70 cal

Applesauce, Sour Cherry 4.5 oz 70 cal

Applesauce, Peach 4.5 oz 60 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

27

POWER BOX WITH YOGURT, GRANOLA & CHEESE 330 cal

Egg Patty & Chicken Sausage on Croissant 333 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Applesauce, Birthday Cake 4.5 oz 70 cal

Applesauce, Sour Cherry 4.5 oz 70 cal

Applesauce, Peach 4.5 oz 60 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

28

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

Sandwich, PBJ 2.6 oz 300 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Tangelos, Fresh 47 cal

Banana, fresh 146 cal

Applesauce, Sour Cherry 4.5 oz 70 cal

29

CHICKEN AND EGG BISCUIT 350 cal

Mozzarella Cheese Stick 80 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

WG Toast 90 cal

Fruit Juice Blend 60 cal

Apple Juice 60 cal

Orange Wedges 76 cal

Golden Delicious Apple 75 cal

30

SWEET POTATO SWIRL 140 cal

Cereal Blueberry Chex Bowl 1 oz 120 cal

Frosted Corn Flakes Bowl 1 oz 110 cal

Rice Chex Gluten Free Bowl 1 oz 110 cal

Red Delicious Apple 75 cal

Dried Cranberries 110 cal

Applesauce, Blue Razzleberry 4.5 oz 50 cal

Served every day:
 Trix Cereal Bowl 1 oz · Nutrigrain Bar, Strawberry · Trix Cereal Bar 1.42 oz · Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
 Calories are per serving, as Orange County Public Schools publishes them.