

Lake George Elementary School

Supper · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

Four Cheese Pizza Wedge

Wheat Crackers	175 cal
Fresh Steamed Broccoli	54 cal
Fresh Apple Slices	30 cal

2

Breaded Chicken Tenders, K-8

Wheat Crackers	175 cal
Tater Tots	113 cal
Strawberry Cup	80 cal

5

Chicken Corn Dog

Sandwich, Cheese Croissant	330 cal
Black Forest Ham & Cheddar Sandwich	290 cal
Fresh Steamed Broccoli	54 cal
Mango Splash Vegetable Juice	60 cal
Harvest Treats Veg Juice	50 cal
Diced Pear Cup	70 cal
Diced Peach Cup	70 cal
Mix Fruit Cup	80 cal

6

Breaded Chicken Tenders, K-8

Pork Rib Sandwich, Onion Rings & Pickles	620 cal
Sandwich, PBJ 5.3 oz	600 cal
PBJ, 2.6 oz & Cheese	380 cal
Seasoned Crispy Fries	81 cal
Cucumber Dippers with Ranch Dressing	61 cal
Orange Wedges	76 cal
Fresh Apple Slices	30 cal
Fresh Tangerine	40 cal
Red Delicious Apple	75 cal
Applesauce, Strawberry 4.5 oz	50 cal
Applesauce, Cinnamon 4.5 oz	90 cal

7

Chicken Wings, 4 each

Turkey & American on Bun	251 cal
Sweet Brazilian Bun	170 cal
Steamed Carrots	69 cal
Coleslaw	130 cal
Red Delicious Apple	75 cal
Banana, fresh	146 cal
Pineapple, Wedges Frozen	30 cal
Fruit Juice Blend	60 cal
Apple Juice	60 cal
Applesauce, Strawberry 4.5 oz	50 cal
Applesauce, Cinnamon 4.5 oz	90 cal
Applesauce 4.5 oz	60 cal
Applesauce, Birthday Cake 4.5 oz	70 cal

8

Stuffed Cheesy Breadstick

Rotisserie Chicken and Cheese Sandwich	280 cal
Fresh Broccoli Dippers with Ranch Dressing	60 cal
Dark Green Side Salad	21 cal
Pineapple, Wedges Frozen	30 cal
Fresh Tangerine	40 cal
Red Delicious Apple	75 cal
Fresh Apple Slices	30 cal
Banana, fresh	146 cal
Orange Wedges	76 cal

9

Hamburger, 2.0 oz

Cheeseburger	339 cal
Turkey & American Sub	311 cal
Tater Tots	113 cal
Mandarin Carrot Slaw	67 cal
Carrot Dippers with Ranch Dressing	81 cal
Pineapple, Wedges Frozen	30 cal
Fresh Tangerine	40 cal
Red Delicious Apple	75 cal
Fresh Apple Slices	30 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

12

No menu published

13

Breaded Chicken Tenders, K-8

Tater Tots	113 cal
Diced Peach Cup	70 cal

14

Breaded Mozzarella Sticks

Fresh Apple Slices	30 cal
Red Delicious Apple	75 cal

15

Turkey Sausage & Cheese on Croissant

Steamed Carrots, 1/2 cup	70 cal
Pineapple, Wedges Frozen	30 cal

16

Four Cheese Pizza Slice

Fresh Steamed Broccoli	54 cal
Applesauce 4.5 oz	60 cal

19

Chicken Nuggets with Sweet Brazilian Bun

Green Beans	49 cal
Applesauce, Birthday Cake 4.5 oz	70 cal

20

Cheese Pizza Rippers

Fruit Juice Blend	60 cal
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21

Chicken Corn Dog

Steamed Broccoli	27 cal
Red Delicious Apple	75 cal

22

Popcorn Chicken

Sweet Waffle Potato	150 cal
Fresh Apple Slices	30 cal

23

Eisenberg Beef Hot Dog on WG Bun

Tater Tots	113 cal
Strawberry Cup	80 cal

26

Breaded Chicken Tenders, K-8

Tater Tots	113 cal
Diced Pear Cup	70 cal

27

Cheeseburger

Hamburger, 2.0 oz	304 cal
Sweet Waffle Potato	150 cal
Fresh Apple Slices	30 cal

28

Chicken Wings, 4 each

Sweet Brazilian Bun	170 cal
Steamed Broccoli	27 cal
Fresh Apple Slices	30 cal

29

Stuffed Cheesy Breadstick

Red Delicious Apple	75 cal
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30

Popcorn Chicken

Seasoned Crispy Fries	81 cal
Peach Cup	90 cal

Served every day

 Assorted Milk