

Lake George Elementary School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Breakfast Egg Box** 270 cal
- Chocolate No Nut Butter Cup** 324 cal
- Cheddar Goldfish Crackers** 100 cal
- Assorted Milk** 110 cal

6

- Vanilla Yogurt Cup** 90 cal
- Strawberry Yogurt Cup** 90 cal
- Cracker, Sweet Educationa** 130 cal

7

- Chocolate No Nut Butter Cup** 324 cal
- Snack Mix, Cheddar Chex** 110 cal
- Apple Juice** 90 cal
- Assorted Milk** 110 cal

1

- Mozzarella Cheese Stick** 80 cal
- Snack Mix, Cheddar Chex** 110 cal
- Assorted Milk** 110 cal

2

- Peanut Butter cup** 185 cal
- Savory Cracker, WG** 180 cal
- Apple Cherry Juice** 50 cal

8

- Mozzarella Cheese Stick** 80 cal
- Bear Grahams** 122 cal
- Assorted Milk** 110 cal

9

- Chocolate No Nut Butter Cup** 324 cal
- Savory Cracker, WG** 180 cal
- Orange Juice** 60 cal
- Assorted Milk** 110 cal

12

No menu published

13

- Strawberry Yogurt Cup** 90 cal
- Bear Grahams** 120 cal

14

- Peanut Butter cup** 185 cal
- Chocolate No Nut Butter Cup** 320 cal
- Savory Cracker, WG** 180 cal

15

- Scooby Doo Grahams** 132 cal
- Assorted Milk** 110 cal

16

- Cheddar Cubes** 90 cal
- Strawberry Yogurt Cup** 90 cal
- Chocolate No Nut Butter Cup** 324 cal
- Goldfish Pretzels** 90 cal

19

- Chocolate No Nut Butter Cup** 324 cal
- Cheddar Goldfish Crackers** 100 cal
- Bear Grahams** 120 cal
- Assorted Milk** 110 cal

20

- Strawberry Yogurt Cup** 90 cal
- Cheddar Goldfish Crackers** 100 cal

21

- Chocolate No Nut Butter Cup** 324 cal
- Snack Mix, Cheddar Chex** 110 cal
- Scooby Doo Grahams** 132 cal
- Apple Juice** 60 cal
- Assorted Milk** 110 cal

22

- Cheddar Cubes** 90 cal
- Cracker, Sweet Educationa** 130 cal
- Assorted Milk** 110 cal

23

- Chocolate No Nut Butter Cup** 320 cal
- Peanut Butter cup** 185 cal
- Savory Cracker, WG** 180 cal
- Mango Splash Vegetable Juice** 60 cal

26

- Chocolate No Nut Butter Cup** 324 cal
- Cheez IT Crackers** 100 cal
- Assorted Milk** 110 cal

27

- Mozzarella Cheese Stick** 80 cal
- Snack Mix, Cheddar Chex** 110 cal
- Assorted Milk** 110 cal

28

- Chocolate No Nut Butter Cup** 324 cal
- Bear Grahams** 120 cal
- Applesauce 4.5 oz** 60 cal
- Assorted Milk** 110 cal

29

- Cheddar Cubes** 90 cal
- Goldfish Pretzels** 90 cal
- Assorted Milk** 110 cal

30

- Chocolate No Nut Butter Cup** 320 cal
- Peanut Butter cup** 185 cal
- Savory Cracker, WG** 180 cal
- Scooby Doo Grahams** 132 cal
- Strawberry Kiwi Juice** 60 cal