

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 - Chicken Waffles sandwich 377 cal - Black Forest Ham & Cheddar Sandwich 290 cal - WG Cheese Pizza 376 cal - WG Buffalo Chicken Pizza 361 cal - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Turkey Bacon 460 cal - Cheeseburger - Popcorn Chicken and Mini Belgium Waffles 413 cal - Emoji Fries 130 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Mix Fruit Cup 80 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	6 - Philly Cheese Steak Peppers & Onions Sandwich 612 cal - Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal - Nachos with Carne Asada & Cheese 516 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Pepperoni 403 cal - Pizza - Tomato and Basil Bianca 429 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Waffle 150 cal - Potato - Fresh Steamed Broccoli 54 cal - Red Grapes 61 cal - Green Grapes 61 cal - Fruit Juice Blend 60 cal	7 - Cajun Spice Wings 418 cal 4 Chicken Wings Lemon Pepper 482 cal - Hummus Platter with Wheat WG Crackers 649 cal - WG Cheese Pizza 376 cal - WG Pepperoni 403 cal - Pizza - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Dinner Roll 110 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Carrot & Celery Dippers with Ranch Dressing 67 cal - Vegetarian Baked Beans 192 cal - Peach Cup 90 cal - Diced Peach Cup 70 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal	1 - Sandwich, Meatball Sub 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - Spicy Breaded Chicken Sandwich 340 cal - Breaded Chicken Sandwich 340 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Fresh Tangerine 40 cal	2 - Sweet and Spicy Chicken Sandwich 411 cal - Stuffed Cheesy Breadstick 300 cal - Chicken Salad on Croissant 310 cal - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Seasoned Crispy Fries 81 cal 24 Hour Zesty Pickles 41 cal - Raisels 27 cal - Red Delicious Apple 75 cal
12 No menu published	13 - Butterball Turkey Hot Dog on WG Bun 270 cal - Sandwich, Cheese Croissant 330 cal - WG Cheese Pizza 426 cal - Spicy Breaded Chicken Sandwich 340 cal - WG Pepperoni 403 cal - Pizza - Sweet Waffle 150 cal - Potato - Mango Splash Vegetable Juice 60 cal - Red Delicious Apple 75 cal - Mix Fruit Cup 80 cal	14 - Herb Roasted Chicken Thigh 344 cal - Spinach Cobb Salad 419 cal - WG Cheese Pizza 426 cal - WG Pepperoni 403 cal - Pizza - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Dinner Roll 110 cal - Garlic Spinach 94 cal - Seasoned Black Beans 144 cal - Strawberry Cup 80 cal - Orange Wedges 76 cal	15 - Sandwich, Meatball Sub 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - WG Buffalo Chicken Pizza 414 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Banana, fresh 146 cal	16 - Sweet and Spicy Chicken Sandwich 411 cal - Turkey & Swiss Croissant Sandwich 321 cal - Stuffed Cheesy Breadstick 300 cal - WG Pepperoni 403 cal - Pizza - Cucumber Dippers with Ranch Dressing 61 cal - Seasoned Crispy Fries 81 cal - Raisels 27 cal - Red Delicious Apple 75 cal
19 - Chicken Waffles sandwich 354 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Sweet Waffle 150 cal - Potato - Mango Splash Vegetable Juice 60 cal - Fresh Tangerine 40 cal - Mix Fruit Cup 80 cal	20 - Philly Cheese Steak Peppers & Onions Rice Bowl 586 cal - Spinach Cobb Salad 419 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Plantain Slices 262 cal - Fresh Steamed Broccoli 54 cal - Mixed Berry Fruit Cup 90 cal - Fruit Juice Blend 60 cal	21 - Ranch Chicken Wings, 4 each 473 cal - Hummus Platter with Wheat WG Crackers 649 cal - WG Cheese Pizza 426 cal - WG Pepperoni 403 cal - Pizza - Sweet Brazilian Bun 170 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Vegetarian Baked Beans 192 cal - Diced Peach Cup 70 cal - Fresh Apple Slices 30 cal	22 - Drumstick with Corn Bread 498 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - Grilled Cheese Sandwich 309 cal - WG Pepperoni 403 cal - Pizza - Potatoes, Mashed 48 cal - Fresh Cold Broccoli Salad 141 cal - Orange Wedges 76 cal - Apple Juice 60 cal	23 - Tangerine Chicken 219 cal - Turkey & American 301 cal - Wrap - Garlic French Bread Cheese Pizza 383 cal - Twisted Garlic French Bread Pepperoni Pizza 416 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Vegetable Fried Brown Rice 270 cal - Mandarin Carrot Slaw 67 cal - Roasted Green Beans 99 cal
26 - Sandwich, Cheese Croissant 330 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Sweet Waffle 150 cal - Potato - Mango Splash Vegetable Juice 60 cal - Fresh Apple Slices 30 cal - Mix Fruit Cup 80 cal	27 - Two California Chicken Tacos 393 cal - Turkey Taco Salad 407 cal - Grilled Cheese Sandwich 309 cal - Salsa Dipping Cup 25 cal - Lettuce & Tomato 16 cal - Pineapple, Wedges Frozen 30 cal - Fruit Juice Blend 60 cal	28 - Sofrito Roasted Chicken Thigh 344 cal - Spinach Cobb Salad 419 cal - WG Cheese Pizza 426 cal - WG Pepperoni 403 cal - Pizza - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - Brown Rice 247 cal - Garlic Spinach 94 cal - Seasoned Black Beans 144 cal - Strawberry Cup 80 cal - Orange Wedges 76 cal	29 - Sandwich, Meatball Sub 458 cal - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal - WG Cheese Pizza 426 cal - WG Buffalo Chicken Pizza 414 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Dark Green Side Salad 21 cal - Fruit Juice Blend 60 cal - Banana, fresh 146 cal	30 - Seasonal Shaped Nuggets w/Sweet Brazilian Bun 350 cal - Chicken Salad on Croissant 310 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Seasoned Crispy Fries 81 cal - Coleslaw 130 cal - Raisels 27 cal - Fresh Apple Slices 30 cal

EVERY DAY

Assorted Milk

Menu subject to change.