

Monday
Tuesday
Wednesday
Thursday
Friday
1

 CHICKEN CORN DOG	250 cal
 Chicken Fajita Salad w/ Flatbread	426 cal
 Hamburger, 2.0 oz	304 cal
 Cheeseburger	339 cal
 Vegetarian Baked Beans	192 cal
 Coleslaw	130 cal
 Fruit Juice Blend	60 cal

2

 6" PERSONAL CHEESE PIZZA	328 cal
 Turkey & American Sub	311 cal
 Fresh Steamed Broccoli	54 cal
 Fresh Apple Slices	30 cal

5

 BREADED CHICKEN NUGGETS	330 cal
 PBJ, 2.6 oz & Cheese	380 cal
 Breaded Chicken Tenders, K-8	280 cal
 Potatoes, Mashed	70 cal
 Peas & Carrots	103 cal
 Strawberry Kiwi Juice	60 cal
 Applesauce, Cinnamon 4.5 oz	90 cal
 Fruit Juice Blend	60 cal

6

 TURKEY BARBACOA BIRRIA NACHOS W/SHREDDED CHEESE	414 cal
 Yogurt, Cheese, w/ Banana Bread Plate	430 cal
 Two Soft Turkey Tacos w/ Cheese	248 cal
 Pinto Beans, 1/2 cup	163 cal
 Salsa Dipping Cup	25 cal
 Peach Cup	90 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

7

 GRILLED CHEESE SANDWICH	309 cal
 Egg, Muffin, Cheese, & Apples Box	420 cal
 Buttermilk Pancakes w/ Turkey Sausage	300 cal
 Tater Tots	113 cal
 Coleslaw	130 cal
 Fresh Apple Slices	30 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

8

 MAC AND CHEESE	372 cal
 Grilled Chicken Breast Salad	196 cal
 Cheddar Goldfish Crackers	100 cal
 Garlic Spinach	94 cal
 Garden Side Salad	16 cal
 Strawberry Kiwi Juice	60 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

9

 BREADED MOZZARELLA STICKS	411 cal
 Bento Box w/Pepperoni, Cheese, Marinara, Flatbread	476 cal
 Four Cheese Pizza Wedge	330 cal
 Harvest Treats Veg Juice	50 cal
 Harvest Treats Veg Juice - SD	50 cal
 Fresh Apple Slices	30 cal
 Applesauce 4.5 oz	60 cal

12

No menu published

13

 HERB ROASTED CHICKEN THIGH	344 cal
 Yogurt & Cheese Cool Pack	390 cal
 Sweet Brazilian Bun	170 cal
 Sweet Plantain Slices	262 cal
 Golden Sun Splash Vegetable Juice	40 cal
 Applesauce, Strawberry 4.5 oz	50 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

14

 HAMBURGER, 2.0 OZ	304 cal
 Cheeseburger	339 cal
 PB&J Sandwich Box	480 cal
 Vegetarian Baked Beans	192 cal
 24 Hour Zesty Pickles	41 cal
 Soft and Bite Sized Mashed, Idahoan potatoes (Leve)	70 cal
 Fresh Apple Slices	30 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

15

 TANGERINE CHICKEN	219 cal
 Popcorn Chicken Salad	274 cal
 Tangerine Chicken (SART Milk Free)	219 cal
 Brown Rice	109 cal
 Fresh Steamed Broccoli	54 cal
 Cucumber Salad	49 cal
 Fruit Juice Blend	60 cal
 Applesauce, Cinnamon 4.5 oz	90 cal

16

 PIZZABOLI	309 cal
 Turkey & American on Bun	251 cal
 Garden Side Salad	16 cal
 Fresh Apple Slices	30 cal

19

 EMPANADA, CHICKEN ENCHILADA	300 cal
 Yogurt, Cheese, w/ Banana Bread Plate	430 cal
 Salsa Dipping Cup	25 cal
 Carrot Dippers with Ranch Dressing	81 cal
 Fruit Juice Blend	60 cal

20

 CUBAN STYLE MOJO PORK	205 cal
 PB&J, 2.6 oz & Cheese Seasoned Brown Rice, 1/2 cup	166 cal
 Pinto Beans, 1/2 cup	163 cal
 Sweet Plantain Slices	262 cal
 Pinto Beans	163 cal
 Applesauce 4.5 oz	60 cal
 Tangerine Chicken	219 cal

21

 SCRAMBLED EGGS WITH CHEESE & FRENCH TOAST PLATTER	320 cal
 Egg, Muffin, Cheese, & Apples Box	420 cal
 Garlic Spinach	94 cal
 Harvest Treats Veg Juice	50 cal
 Pineapple, Wedges Frozen	30 cal

22

 CHEF SALAD W/TURKEY, EGG & WG CRACKER	299 cal
 Breaded Chicken Nuggets	267 cal
 Potatoes, Mashed	48 cal
 Garden Side Salad	16 cal
 Fruit Juice Blend	60 cal

23

 FOUR CHEESE PIZZA SLICE	330 cal
 Four Cheese Pepperoni Slice	363 cal
 Turkey & American Croissant	301 cal
 Italian Blend Vegetables	71 cal
 Peach Cup	90 cal

26

 MEATBALL PIZZA SUB	413 cal
 PB&J Sandwich Box	480 cal
 Emoji Fries	130 cal
 Fruit Juice Blend	60 cal
 Hamburger, 2.0 oz	304 cal
 Cheeseburger	339 cal

27

 TANGERINE CHICKEN	219 cal
 Hummus Cup Platter	298 cal
 Brown Rice	109 cal
 Salsa Dipping Cup	25 cal
 Mango Splash Vegetable Juice	60 cal
 Peach Cup	90 cal

28

 GARLIC FRENCH BREAD CHEESE PIZZA	383 cal
 Turkey & American Sub	311 cal
 Fresh Steamed Broccoli	54 cal
 Soft and Bite Sized Mashed, Idahoan potatoes (Leve)	70 cal
 Pineapple, Wedges Frozen	30 cal

29

 CHICKEN CORN DOG	250 cal
 Chicken Fajita Salad w/Flatbread	426 cal
 Vegetarian Baked Beans	192 cal
 Coleslaw	130 cal
 Fruit Juice Blend	60 cal

30

 SEASONAL SHAPED NUGGETS	180 cal
 Egg, Cheese & Flatbread Box	290 cal
 Steamed Corn, 1/2 cup	108 cal
 Garden Side Salad	16 cal
 Fresh Apple Slices	30 cal

Served every day:

 Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.