

Keenes Crossing Elementary School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

-  **Popcorn Chicken** 203 cal
-  **Breaded Chicken Nuggets** 330 cal
-  **PBJ, 2.6 oz & Cheese** 380 cal
-  **Potatoes, Mashed** 70 cal
-  **Peas & Carrots** 103 cal
-  **Strawberry Kiwi Juice** 60 cal
-  **Fruit Juice Blend** 60 cal
-  **Apple Juice** 60 cal
-  **Orange Juice** 60 cal

6

-  **Turkey Barbacoa Birria Soft Tacos w/shredded cheese** 391 cal
-  **Turkey Barbacoa Birria Nachos w/shredded cheese** 414 cal
-  **Yogurt, Cheese, w/ Banana Bread Plate** 430 cal
-  **Pinto Beans, 1/2 cup** 163 cal
-  **Salsa Dipping Cup** 25 cal
-  **Pinto Beans** 163 cal
-  **Peach Cup** 90 cal
-  **Strawberry Cup** 80 cal
-  **Mixed Berry Fruit Cup** 90 cal

7

-  **Grilled Cheese Sandwich** 309 cal
-  **Buttermilk Pancakes w/ Turkey Sausage** 300 cal
-  **Egg, Muffin, Cheese, & Apples Box** 420 cal
-  **Tater Tots** 113 cal
-  **Coleslaw** 130 cal
-  **Fresh Tangerine** 40 cal
-  **Fresh Apple Slices** 30 cal
-  **Red Delicious Apple** 75 cal

1

-  **Eisenberg Beef Hot Dog on WG Bun** 320 cal
-  **Chicken Fajita Salad w/ Flatbread** 426 cal
-  **Vegetarian Baked Beans** 192 cal
-  **Coleslaw** 130 cal
-  **Strawberry Kiwi Juice** 60 cal

2

-  **6" Personal Cheese Pizza** 328 cal
-  **Turkey & American Sub** 311 cal
-  **Fresh Steamed Broccoli** 54 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

9

-  **Four Cheese Pizza Wedge** 330 cal
-  **Breaded Mozzarella Sticks** 411 cal
-  **Bento Box w/Pepperoni, Cheese, Marinara, Flatbread** 476 cal
-  **Four Cheese Pepperoni Pizza, WW** 363 cal
-  **Harvest Treats Veg Juice** 50 cal
-  **Harvest Treats Veg Juice - SD** 50 cal
-  **Fresh Tangerine** 40 cal
-  **Fresh Apple Slices** 30 cal
-  **Red Delicious Apple** 75 cal
-  **Strawberry Cup** 80 cal
-  **Mixed Berry Fruit Cup** 90 cal

12

No menu published

13

-  **Herb Roasted Chicken Thigh** 344 cal
-  **Yogurt & Cheese Cool Pack** 390 cal
-  **Sweet Brazilian Bun** 170 cal
-  **Sweet Plantain Slices** 262 cal
-  **Golden Sun Splash Vegetable Juice** 40 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

14

-  **Hamburger, 2.0 oz** 304 cal
-  **Cheeseburger** 339 cal
-  **PBJ Sandwich Box** 480 cal
-  **Vegetarian Baked Beans** 192 cal
-  **24 Hour Zesty Pickles** 41 cal
-  **Fresh Apple Slices** 30 cal

15

-  **Tangerine Chicken** 219 cal
-  **Popcorn Chicken Salad** 274 cal
-  **Chicken Egg Roll** 150 cal
-  **Vegetable Fried Brown Rice, 1/2 cup** 135 cal
-  **Steamed Broccoli** 27 cal
-  **Cucumber Salad** 49 cal
-  **Fruit Punch Juice** 60 cal
-  **Fresh Steamed Broccoli** 54 cal

16

-  **PizzaBoli** 309 cal
-  **Turkey & American on Bun** 251 cal
-  **Garden Side Salad** 16 cal
-  **Fresh Apple Slices** 30 cal

19

-  **Empanada, Chicken Enchilada** 300 cal
-  **Yogurt, Cheese, w/ Banana Bread Plate** 430 cal
-  **Salsa Dipping Cup** 25 cal
-  **Carrot Dippers with Ranch Dressing** 81 cal
-  **Fruit Punch Juice** 60 cal
-  **Calzone, Cheeseburger** 310 cal

20

-  **Cuban Style Mojo Pork** 205 cal
-  **PBJ, 2.6 oz & Cheese** 380 cal
-  **Pinto Beans, 1/2 cup** 163 cal
-  **Sweet Plantain Slices** 262 cal
-  **Pinto Beans** 163 cal
-  **Diced Pear Cup** 70 cal
-  **Tangerine Chicken** 219 cal
-  **Seasoned Brown Rice, 1/2 cup** 166 cal

21

-  **Scrambled Eggs with Cheese & French Toast Platter** 320 cal
-  **Egg, Muffin, Cheese, & Apples Box** 420 cal
-  **Garlic Spinach** 94 cal
-  **Harvest Treats Veg Juice** 50 cal
-  **Harvest Treats Veg Juice - SD** 50 cal
-  **Pineapple, Wedges Frozen** 30 cal

22

-  **Breaded Chicken Nuggets** 267 cal
-  **Chef Salad w/Turkey, Egg & WG Cracker** 299 cal
-  **Potatoes, Mashed** 48 cal
-  **Garden Side Salad** 16 cal
-  **Fruit Punch Juice** 60 cal

23

-  **Four Cheese Pizza Slice** 330 cal
-  **Turkey & American Croissant** 301 cal
-  **Italian Blend Vegetables** 71 cal
-  **Strawberry Cup** 80 cal

26

-  **Meatball Pizza Sub** 413 cal
-  **PBJ Sandwich Box** 480 cal
-  **Emoji Fries** 130 cal
-  **Fruit Punch Juice** 60 cal
-  **Hamburger, 2.0 oz** 304 cal

27

-  **Tangerine Chicken** 219 cal
-  **Hummus Cup Platter** 298 cal
-  **Mandarin Carrot Slaw** 67 cal
-  **Salsa Dipping Cup** 25 cal
-  **Mango Splash Vegetable Juice** 60 cal
-  **Strawberry Cup** 80 cal
-  **Brown Rice** 109 cal

28

-  **6" Personal Cheese Pizza** 328 cal
-  **Turkey & American Sub** 311 cal
-  **Fresh Steamed Broccoli** 54 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

29

-  **Chicken Corn Dog** 250 cal
-  **Chicken Fajita Salad w/Flatbread** 426 cal
-  **Vegetarian Baked Beans** 192 cal
-  **Coleslaw** 130 cal
-  **Fruit Punch Juice** 60 cal

30

-  **Seasonal Shaped Nuggets** 180 cal
-  **Egg, Cheese & Flatbread Box** 290 cal
-  **Garden Side Salad** 16 cal
-  **Fresh Apple Slices** 30 cal
-  **Steamed Corn, 1/2 cup** 108 cal

Served every day

-  **Assorted Milk**