

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERY DAY

- Mozzarella Cheese Stick
- Assorted Milk

Menu subject to change.

5	
Eggs, Bacon & Toast Platter	230 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
Banana Sliced Bread	260 cal
WG Toast	90 cal
Blueberry Muffin Top	250 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

6	
Mozzarella Cheese Bites, 3 each	340 cal
WG Double Chocolate Muffin	170 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
Banana Sliced Bread	260 cal
WG Toast	90 cal
Pineapple, Wedges Frozen	30 cal
Orange Wedges	76 cal

7	
Pancake Bites	250 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Banana, fresh	146 cal
Pineapple, Wedges Frozen	30 cal
Orange Wedges	76 cal

8	
Power Box with Crackers (no yogurt)	242 cal
Blueberry Muffin Top	250 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Tangelos, Fresh	47 cal
Banana, fresh	146 cal
Fresh Apple Slices	30 cal

9	
Oatmeal	190 cal
Sweet Potato Swirl	138 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Orange Wedges	76 cal
Golden Delicious Apple	75 cal
Mixed Berry Fruit Cup	90 cal
Fresh Apple Slices	30 cal

12	
No menu published	

13	
Mozzarella Cheese Bites, 3 each	340 cal
WG Double Chocolate Muffin	200 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Pineapple, Wedges Frozen	30 cal
Fresh DoD Apple	77 cal
Dried Cranberries	110 cal
2 Mozzarella Cheese Bites with Marinara Sauce	267 cal

14	
Scrambled Eggs with Cheese & Tater Tots Platter	245 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Orange Wedges	76 cal
Fresh Apple Slices	30 cal
Pineapple, Wedges Frozen	30 cal

15	
Stuffed Hashbrown Potato	245 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Orange Wedges	76 cal
Golden Delicious Apple	75 cal
Banana, fresh	146 cal

16	
Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)	384 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
WG Toast	90 cal
Cocoa Puffs Bowl 1 oz	120 cal
Apple Juice	60 cal
Fresh Tangerine	40 cal
Scramble Eggs and Toast	169 cal
Applesauce 4.5 oz	60 cal

19	
Eggs, Bacon & Toast Platter	230 cal
Banana Sliced Bread	260 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Blueberry Muffin Top	250 cal

20	
Mozzarella Cheese Bites, 3 each	340 cal
WG Double Chocolate Muffin	200 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Peach Cup	90 cal
Strawberry Kiwi Juice	60 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Strawberry Cup	80 cal

21	
Pancake Bites	250 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Orange Wedges	76 cal
Banana, fresh	146 cal

22	
Power Box with Crackers (no yogurt)	242 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Fruit Juice Blend	60 cal
Peach Cup	90 cal
Cheerios Gluten Free Bowl 1 oz	101 cal

23	
Swirl Raspberry	130 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cocoa Puffs Bowl 1 oz	120 cal
Orange Wedges	76 cal
Golden Delicious Apple	75 cal
Buttermilk Pancakes, 2 ea	180 cal

26	
Banana Sliced Bread	260 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Apple Juice	60 cal
Applesauce, Birthday Cake 4.5 oz	70 cal

27	
Mozzarella Cheese Bites, 3 each	340 cal
WG Double Chocolate Muffin	200 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Peach Cup	90 cal
Pineapple, Wedges Frozen	30 cal
2 Mozzarella Cheese Bites with Marinara Sauce	267 cal

28	
Scrambled Eggs with Cheese & Tater Tots Platter	245 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Fruit Juice Blend	60 cal
Orange Wedges	76 cal
Fresh Apple Slices	30 cal

29	
Stuffed Hashbrown Potato	245 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Banana, fresh	146 cal
Pineapple, Wedges Frozen	30 cal

30	
Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon)	384 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	150 cal
WG Toast	90 cal
Cinnamon Toast Crunch R/S Bowl 1 oz	110 cal
Apple Juice	60 cal
Fresh Tangerine	40 cal
Scramble Eggs and Toast	169 cal