

Independence Elementary School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

Breakfast Egg Box 270 cal
 Chocolate No Nut Butter Cup 324 cal
 Cheddar Goldfish Crackers 100 cal
 Assorted Milk 110 cal

6

Vanilla Yogurt Cup 90 cal
 Strawberry Yogurt Cup 90 cal
 Cracker, Sweet Educationa 130 cal

7

Chocolate No Nut Butter Cup 324 cal
 Snack Mix, Cheddar Chex 110 cal
 Apple Juice 90 cal
 Assorted Milk 110 cal

1

Mozzarella Cheese Stick 80 cal
 Snack Mix, Cheddar Chex 110 cal

2

Chocolate No Nut Butter Cup 320 cal
 Peanut Butter cup 185 cal
 Savory Cracker, WG 180 cal
 Orange Juice 60 cal

12

No menu published

13

Vanilla Yogurt Cup 90 cal
 Strawberry Yogurt Cup 90 cal
 Bear Grahams 120 cal
 Assorted Milk 110 cal

14

Peanut Butter cup 185 cal
 Chocolate No Nut Butter Cup 320 cal
 Savory Cracker, WG 180 cal
 Orange Juice 60 cal

15

Scooby Doo Grahams 132 cal
 Assorted Milk 110 cal

16

Cheddar Cubes 90 cal
 Vanilla Yogurt Cup 90 cal
 Strawberry Yogurt Cup 90 cal
 Chocolate No Nut Butter Cup 324 cal
 Goldfish Pretzels 90 cal

19

Chocolate No Nut Butter Cup 324 cal
 Cheddar Goldfish Crackers 100 cal
 Bear Grahams 120 cal
 Assorted Milk 110 cal

20

Vanilla Yogurt Cup 90 cal
 Strawberry Yogurt Cup 90 cal
 Cheddar Goldfish Crackers 100 cal

21

Chocolate No Nut Butter Cup 324 cal
 Snack Mix, Cheddar Chex 110 cal
 Scooby Doo Grahams 132 cal
 Apple Juice 60 cal
 Assorted Milk 110 cal

22

Cheddar Cubes 90 cal
 Cracker, Sweet Educationa 130 cal
 Assorted Milk 110 cal

23

Chocolate No Nut Butter Cup 320 cal
 Peanut Butter cup 185 cal
 Savory Cracker, WG 180 cal
 Mango Splash Vegetable Juice 60 cal

26

Chocolate No Nut Butter Cup 324 cal
 Cheez IT Crackers 100 cal
 Assorted Milk 110 cal

27

Mozzarella Cheese Stick 80 cal
 Snack Mix, Cheddar Chex 110 cal
 Assorted Milk 110 cal

28

Chocolate No Nut Butter Cup 324 cal
 Bear Grahams 120 cal
 Applesauce, Strawberry 4.5 oz 50 cal
 Applesauce 4.5 oz 60 cal
 Assorted Milk 110 cal

29

Cheddar Cubes 90 cal
 Goldfish Pretzels 90 cal
 Assorted Milk 110 cal

30

Chocolate No Nut Butter Cup 320 cal
 Peanut Butter cup 185 cal
 Savory Cracker, WG 180 cal
 Scooby Doo Grahams 132 cal
 Strawberry Kiwi Juice 60 cal