

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			FOUR CHEESE PIZZA WEDGE 330 cal Turkey & American Sub 311 cal Fresh Steamed Broccoli 54 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Fresh Apple Slices 30 cal Orange Wedges 76 cal Banana, fresh 146 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal	BREADED CHICKEN TENDERS, K-8 280 cal Breaded Chicken Breast Tenders 230 cal Chicken Fajita Wrap 417 cal Tater Tots 113 cal Salsa Dipping Cup 25 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal Pineapple, Wedges Frozen 30 cal
5	6	7	8	9
CHICKEN CORN DOG 250 cal Sandwich, Cheese Croissant 330 cal Black Forest Ham & Cheddar Sandwich 290 cal Fresh Steamed Broccoli 54 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg 50 cal Diced Pear Cup 70 cal Diced Peach Cup 70 cal Mix Fruit Cup 80 cal	BREADED CHICKEN TENDERS, K-8 280 cal Pork Rib Sandwich, Onion Rings & Pickles 420 cal Sandwich, PBJ 5.3 oz 600 cal PBJ, 2.6 oz & Cheese 380 cal Seasoned Crispy Fries 81 cal Cucumber Dippers with Ranch Dressing 61 cal Orange Wedges 76 cal Fresh Apple Slices 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal	CHICKEN WINGS, 4 EACH 418 cal Turkey & American on Bun 251 cal Sweet Brazilian Bun 170 cal Steamed Carrots 69 cal Coleslaw 130 cal Red Delicious Apple 75 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal	STUFFED CHEESY BREADSTICK 300 cal Rotisserie Chicken and Cheese Sandwich 280 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Banana, fresh 146 cal Orange Wedges 76 cal	HAMBURGER, 2.0 OZ 304 cal Cheeseburger 339 cal Turkey & American Sub 311 cal Tater Tots 113 cal Mandarin Carrot Slaw 67 cal Carrot Dippers with Ranch Dressing 61 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal
12	13	14	15	16
No menu published	BREADED CHICKEN TENDERS, K-8 230 cal Potatoes, Mashed 48 cal Diced Peach Cup 70 cal	BREADED MOZZARELLA STICKS 400 cal Orange Wedges 76 cal Hamburger, 2.0 oz 304 cal Cheeseburger 339 cal	TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal Turkey & American Flatbread 275 cal Turkey & American on Bun 251 cal Steamed Carrots, 1/2 cup 70 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Pineapple, Wedges Frozen 30 cal Orange Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Banana, fresh 146 cal	FOUR CHEESE PIZZA SLICE 330 cal Grilled Cheese Sandwich 309 cal Turkey & American Croissant 301 cal Turkey & Swiss Croissant Sandwich 321 cal Fresh Steamed Broccoli 54 cal Coleslaw 130 cal Garden Side Salad 16 cal Orange Wedges 76 cal Fresh Apple Slices 30 cal Banana, fresh 146 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal
19	20	21	22	23
CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal Cheeseburger 339 cal Hamburger, 2.0 oz 304 cal Rotisserie Chicken and Cheese Sandwich 280 cal Black Forest Ham & Cheddar Sandwich 290 cal Green Beans 49 cal Carrot Dippers with Ranch Dressing 61 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal Applesauce, Cinnamon 4.5 oz 90 cal	CHEESE PIZZA RIPPERS 260 cal Sandwich, PBJ 5.3 oz 600 cal PBJ, 2.6 oz & Cheese 380 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg 50 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce 4.5 oz 60 cal Applesauce, Strawberry 4.5 oz 50 cal Diced Pear Cup 70 cal Mix Fruit Cup 80 cal	CHICKEN CORN DOG 250 cal Turkey & American 311 cal Turkey & American on Bun 251 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Cucumber & Carrot Dipper with Ranch Dressing 69 cal Carrot & Celery Dippers with Ranch Dressing 67 cal Red Delicious Apple 75 cal Banana, fresh 146 cal Pineapple, Wedges Frozen 30 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal Breaded Chicken Tenders, K-8 230 cal Fresh Steamed Broccoli 54 cal	POPCORN CHICKEN 261 cal Sandwich, Cheese Croissant 330 cal Sweet Waffle Potato 150 cal Garden Side Salad 16 cal Dark Green Side Salad 21 cal Orange Wedges 76 cal Fresh Apple Slices 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Hamburger, 2.0 oz 304 cal Cheeseburger 339 cal	BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Turkey & American 301 cal Wrap 113 cal Mandarin Carrot Slaw 67 cal Cucumber Dippers with Ranch Dressing 61 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal Grilled Cheese Sandwich 309 cal
26	27	28	29	30
BREADED CHICKEN TENDERS, K-8 230 cal Sandwich, PBJ 5.3 oz 600 cal PBJ, 2.6 oz & Cheese 380 cal Tater Tots 113 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg 50 cal Diced Pear Cup 70 cal Diced Peach Cup 70 cal Mix Fruit Cup 80 cal	HAMBURGER, 2.0 OZ 304 cal Cheeseburger 339 cal Chicken Salad 120 cal Chicken Fajita Salad w/Flatbread 426 cal Corn Tortilla Chips 190 cal Sweet Waffle Potato 16 cal Lettuce & Tomato Cup 30 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Orange Juice 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal	CHICKEN WINGS, 4 EACH 418 cal Rotisserie Chicken and Cheese Sandwich 280 cal Black Forest Ham & Cheddar Sandwich 290 cal Sweet Brazilian Bun 170 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Garden Side Salad 16 cal Coleslaw 130 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Orange Wedges 76 cal Banana, fresh 146 cal Breaded Chicken Nuggets 267 cal Fresh Steamed Broccoli 54 cal	STUFFED CHEESY BREADSTICK 300 cal Turkey & American Sub 311 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Pineapple, Wedges Frozen 30 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Fresh Apple Slices 30 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 4.5 oz 90 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal	POPCORN CHICKEN 261 cal Chicken Fajita Wrap 417 cal Seasoned Crispy Fries 81 cal Salsa Dipping Cup 25 cal Peach Cup 90 cal Strawberry Cup 80 cal Mixed Berry Fruit Cup 90 cal Breaded Chicken Nuggets 267 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.