

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal - Blueberry Muffin Top 250 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Red Delicious Apple 75 cal - Dried Cranberries 110 cal	- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal - Sweet Potato Swirl 138 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Applesauce, Strawberry 4.5 oz 50 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal
5	6	7	8	9
- EGGS, BACON & TOAST PLATTER 230 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 160 cal - Banana Sliced Bread 260 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	- MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 170 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	- PANCAKE BITES 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	- POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 110 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Tangelos, Fresh 47 cal - Banana, fresh 146 cal - Fresh Apple Slices 30 cal	- SWEET POTATO SWIRL 138 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal
12	13	14	15	16
No menu published	- MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 200 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Peach Cup 90 cal 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal	- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Pancake Bites 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Fresh Tangerine 40 cal	- STUFFED HASHBROWN POTATO 245 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal - Banana, fresh 146 cal - Fresh Apple Slices 30 cal	- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Sweet Potato Swirl 140 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Scramble Eggs and Toast 169 cal - Applesauce 4.5 oz 60 cal
19	20	21	22	23
- EGGS, BACON & TOAST PLATTER 230 cal - Banana Sliced Bread 260 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Blueberry Muffin Top 250 cal	- MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 200 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	- PANCAKE BITES 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	- POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Cheerios Gluten Free Bowl 1 oz 101 cal	- SWIRL RASPBERRY 130 cal - Sweet Potato Swirl 140 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal - Buttermilk Pancakes, 2 ea 180 cal - Applesauce 4.5 oz 60 cal
26	27	28	29	30
- BANANA SLICED BREAD 260 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Applesauce, Peach 4.5 oz 60 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal	- MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 200 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Pineapple, Wedges Frozen 30 cal 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal	- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Pancake Bites 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Banana, fresh 146 cal	- STUFFED HASHBROWN POTATO 245 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Sweet Potato Swirl 140 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Scramble Eggs and Toast 169 cal

Served every day:
 Mozzarella Cheese Stick • Trix Cereal Bowl 1 oz • NutriGrain Bar, Strawberry • Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
 Calories are per serving, as Orange County Public Schools publishes them.