

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 211 cal - Blueberry Muffin Top 250 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Red Delicious Apple 75 cal - Dried Cranberries 110 cal	2 - PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal - Sweet Potato Swirl 138 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Applesauce, Strawberry 4.5 oz 50 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal
5 - EGGS, BACON & TOAST PLATTER 230 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - Banana Sliced Bread 260 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	6 - MOZZARELLA CHEESE BITES, 3 EACH 340 cal - WG Double Chocolate Muffin 170 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal	7 - PANCAKE BITES 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Orange Wedges 76 cal	8 - POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - Blueberry Muffin Top 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Apple Juice 60 cal - Fruit Juice Blend 60 cal - Tangelos, Fresh 47 cal - Banana, fresh 146 cal - Fresh Apple Slices 30 cal	9 - SWEET POTATO SWIRL 138 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Trix Cereal Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal - Mixed Berry Fruit Cup 90 cal
12 No menu published	13 - MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Peach Cup 90 cal	14 - SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Apple Juice 60 cal - Pineapple, Wedges Frozen 30 cal	15 - STUFFED HASHBROWN POTATO 245 cal - WG Toast 90 cal - Orange Wedges 76 cal - Banana, fresh 146 cal	16 - PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Fruit Juice Blend 60 cal - Fresh Apple Slices 30 cal
19 - EGGS, BACON & TOAST PLATTER 230 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - WG Toast 90 cal - Applesauce 4.5 oz 60 cal	20 - MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Applesauce, Strawberry 4.5 oz 50 cal - Fresh DoD Apple 77 cal	21 - PANCAKE BITES 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Banana, fresh 146 cal - Orange Wedges 76 cal	22 - POWER BOX WITH CRACKERS (NO YOGURT) 242 cal - WG Toast 90 cal - Apple Juice 60 cal - Peach Cup 90 cal	23 - SWIRL RASPBERRY 130 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal
26 - BANANA SLICED BREAD 260 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Apple Juice 60 cal - Applesauce, Peach 4.5 oz 60 cal	27 - MOZZARELLA CHEESE BITES, 3 EACH 340 cal - Peach Cup 90 cal	28 - SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - WG Toast 90 cal - Banana Chocolate Chunk Benefit Bar 280 cal - Golden Delicious Apple 75 cal - Orange Juice 60 cal	29 - STUFFED HASHBROWN POTATO 245 cal - WG Toast 90 cal - Banana, fresh 146 cal - Orange Wedges 76 cal	30 - PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 110 cal - Fruit Juice Blend 60 cal

Served every day:

Mozzarella Cheese Stick · Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.