

Monday

Tuesday

Wednesday

Thursday

Friday

1

-  **PORK RIB SANDWICH, ONION RINGS & PICKLES** 620 cal
-  **Hummus Cup Platter** 298 cal
-  **Grilled Cheese Sandwich** 309 cal
-  **24 Hour Zesty Pickles** 41 cal
-  **Garlic Spinach** 94 cal
-  **Fresh Apple Slices** 30 cal

2

-  **SWEET AND SPICY CHICKEN SANDWICH** 411 cal
-  **WG Cheese Pizza** 376 cal
-  **WG Pepperoni Pizza** 403 cal
-  **Roasted Glazed Carrots** 74 cal
-  **Sweet Waffle Potato** 150 cal
-  **Red Delicious Apple** 75 cal

5

-  **POPCORN CHICKEN WITH MAC AND CHEESE** 474 cal
-  **Chicken Waffles sandwich** 377 cal
-  **Black Forest Ham & Cheddar Sandwich** 290 cal
-  **Breaded Mozzarella Sticks** 411 cal
-  **Mango Splash Vegetable Juice** 60 cal
-  **Harvest Treats Veg Juice** 50 cal
-  **Shredded Lettuce Cup** 10 cal
-  **Harvest Treats Veg Juice - SD** 50 cal
-  **Strawberry Cup** 80 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

6

-  **PHILLY CHEESE STEAK SANDWICH** 605 cal
-  **Philly Cheese Steak Peppers & Onions Sandwich** 612 cal
-  **Nachos with Carne Asada & Cheese** 516 cal
-  **Butterball Turkey Hot Dog on WG Bun** 270 cal
-  **Eisenberg Beef Hot Dog on WG Bun** 320 cal
-  **Grilled Cheese Sandwich** 309 cal
-  **Sweet Waffle Potato** 150 cal
-  **Seasoned Black Beans** 144 cal
-  **Pinto Beans, 1/2 cup** 163 cal
-  **Pinto Beans** 163 cal
-  **Applesauce, Birthday Cake 4.5 oz** 70 cal
-  **Applesauce, Blue Razzleberry 4.5 oz** 50 cal

7

-  **BUFFALO CHICKEN WINGS, 4 EACH** 462 cal
-  **Ranch Chicken Wings, 4 each** 473 cal
-  **WG Cheese Pizza** 376 cal
-  **WG Pepperoni Pizza** 403 cal
-  **PBJ Sandwich w/ Goldfish Crackers & Cheese** 470 cal
-  **Sweet Brazilian Bun** 170 cal
-  **Seasoned Crispy Fries** 81 cal
-  **Celery Sticks 1/2 c.** 60 cal
-  **Harvest Treats Veg Juice - SD** 50 cal
-  **Pineapple, Wedges Frozen** 30 cal
-  **Peach Cup** 90 cal
-  **Fresh Apple Slices** 30 cal
-  **Orange Wedges** 76 cal

8

-  **CHICKEN TENDERS WITH SWEET BRAZILIAN BUN, MS/HS** 400 cal
-  **Breaded Drumstick with Sweet Brazilian Bun** 380 cal
-  **Turkey Sausage & Cheese on Hamburger Bun** 271 cal
-  **Potatoes, Mashed** 70 cal
-  **Fresh Cold Broccoli Salad** 141 cal
-  **Banana, fresh** 146 cal
-  **Tangelos, Fresh** 47 cal
-  **Red Delicious Apple** 75 cal
-  **Fruit Juice Blend** 60 cal
-  **Apple Juice** 60 cal

9

-  **TANGERINE CHICKEN** 219 cal
-  **Asian Teriyaki Chicken** 180 cal
-  **WG Cheese Pizza** 376 cal
-  **Tomato and Basil Bianca Pizza** 429 cal
-  **Bento Box with Pepperoni & Cheese** 349 cal
-  **Vegetable Fried Brown Rice, 1/2 cup** 140 cal
-  **Mandarin Carrot Slaw** 67 cal
-  **Italian Blend Vegetables** 71 cal
-  **Pineapple, Wedges Frozen** 30 cal
-  **Banana, fresh** 146 cal
-  **Tangelos, Fresh** 47 cal
-  **Red Delicious Apple** 75 cal
-  **Golden Delicious Apple** 75 cal
-  **Fresh Tangerine** 40 cal

12

No menu published

13

-  **BUTTERBALL TURKEY HOT DOG ON WG BUN** 270 cal
-  **Breaded Mozzarella Sticks** 400 cal
-  **Seasoned Black Beans** 144 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

14

-  **BBQ CHICKEN DRUMSTICK** 227 cal
-  **WG Pepperoni Pizza** 403 cal
-  **WG Cheese Pizza** 426 cal
-  **Dinner Roll** 110 cal
-  **24 Hour Zesty Pickles** 41 cal
-  **Garlic Spinach** 94 cal
-  **Pineapple, Wedges Frozen** 30 cal

15

-  **VEGETARIAN PENNE PASTA WITH BREAD STICK** 415 cal
-  **PBJ Sandwich w/ Goldfish Crackers & Cheese** 470 cal
-  **Dark Green Side Salad** 21 cal
-  **Fresh Apple Slices** 30 cal

16

-  **CHEESEBURGER** 410 cal
-  **Impossible Burger** 311 cal
-  **WG Cheese Pizza** 426 cal
-  **WG Pepperoni Pizza** 403 cal
-  **Hamburger, 3.0 oz** 375 cal
-  **Lettuce & Tomato Cup** 16 cal
-  **Seasoned Crispy Fries** 81 cal
-  **Raisels** 27 cal

19

-  **POPCORN CHICKEN WITH MAC AND CHEESE** 503 cal
-  **Breaded Mozzarella Sticks** 400 cal
-  **Fresh Steamed Broccoli** 54 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

20

-  **SEASONED RICE CUBAN STYLE MOJO PORK BOWL** 371 cal
-  **Grilled Cheese Sandwich** 309 cal
-  **Sweet Plantain Slices** 262 cal
-  **Celery Sticks 1/2 c.** 60 cal
-  **Pineapple, Wedges Frozen** 30 cal

21

-  **RANCH CHICKEN WINGS, 4 EACH** 473 cal
-  **WG Cheese Pizza** 426 cal
-  **WG Pepperoni Pizza** 403 cal
-  **Sweet Brazilian Bun** 170 cal
-  **Sweet Waffle Potato** 150 cal
-  **Seasoned Black Beans** 144 cal
-  **Fresh Apple Slices** 30 cal

22

-  **CHICKEN TENDERS WITH SWEET BRAZILIAN BUN, MS/HS** 400 cal
-  **Turkey Sausage & Cheese on Hamburger Bun** 271 cal
-  **Potatoes, Mashed** 48 cal
-  **Mango Splash Vegetable Juice** 60 cal
-  **Red Delicious Apple** 75 cal

23

-  **ASIAN TERIYAKI CHICKEN** 180 cal
-  **WG Cheese Pizza** 426 cal
-  **Tomato and Basil Bianca Pizza** 429 cal
-  **Brown Rice** 109 cal
-  **Mandarin Carrot Slaw** 67 cal
-  **Tomato Dippers** 25 cal
-  **Fresh Apple Slices** 30 cal

26

-  **BLACK FOREST HAM & CHEDDAR SANDWICH** 290 cal
-  **WG Cheese Pizza** 426 cal
-  **WG Pepperoni Pizza** 403 cal
-  **Mango Splash Vegetable Juice** 60 cal
-  **Applesauce, Strawberry 4.5 oz** 50 cal

27

-  **CALIFORNIA CHICKEN BURRITO** 454 cal
-  **Grilled Cheese Sandwich** 309 cal
-  **Salsa Dipping Cup** 25 cal
-  **Celery Sticks 1/2 c.** 60 cal
-  **Pineapple, Wedges Frozen** 30 cal

28

-  **BBQ CHICKEN DRUMSTICK** 227 cal
-  **WG Buffalo Chicken Pizza** 414 cal
-  **WG Cheese Pizza** 426 cal
-  **Brown Rice** 109 cal
-  **Lettuce & Tomato Cup** 16 cal
-  **Seasoned Black Beans** 144 cal
-  **Strawberry Cup** 80 cal

29

-  **VEGETARIAN PENNE PASTA WITH BREAD STICK** 415 cal
-  **Impossible Burger** 311 cal
-  **Garlic Spinach** 94 cal
-  **Fresh Apple Slices** 30 cal

30

-  **SEASONAL SHAPED NUGGETS W/SWEET BRAZILIAN BUN** 350 cal
-  **WG Cheese Pizza** 426 cal
-  **Tomato and Basil Bianca Pizza** 429 cal
-  **Seasoned Crispy Fries** 81 cal
-  **Coleslaw** 130 cal
-  **Red Delicious Apple** 75 cal

Served every day:

 Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.