

Monday

Tuesday

Wednesday

Thursday

Friday

5 CHICKEN CORN DOG 250 cal - Cheeseburger 339 cal - Hamburger, 2.0 oz 304 cal - Sandwich, Cheese 330 cal - Croissant 280 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Fresh Steamed Broccoli 54 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Diced Pear Cup 70 cal - Diced Peach Cup 70 cal - Mix Fruit Cup 80 cal	6 BREADED CHICKEN TENDERS, K-8 280 cal - Pork Rib Sandwich, Onion Rings & Pickles 620 cal - Sandwich, PBJ 5.3 oz 600 cal - PBJ, 2.6 oz & Cheese 380 cal - Seasoned Crispy Fries 81 cal - Cucumber Dippers with Ranch Dressing 61 cal - Orange Wedges 76 cal - Fresh Apple Slices 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Applesauce, Strawberry 4.5 oz 50 cal - Applesauce, Cinnamon 4.5 oz 90 cal	7 CHICKEN WINGS, 4 EACH 418 cal - Breaded Chicken Nuggets 330 cal - Turkey & American on Bun 251 cal - Sweet Brazilian Bun 170 cal - Steamed Carrots 69 cal - Coleslaw 130 cal - Red Delicious Apple 75 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce, Strawberry 4.5 oz 50 cal - Applesauce, Cinnamon 4.5 oz 90 cal - Applesauce 4.5 oz 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	8 STUFFED CHEESY BREADSTICK 300 cal - Grilled Cheese Sandwich 309 cal - Rotisserie Chicken and Cheese Sandwich 280 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Dark Green Side Salad 21 cal - Pineapple, Wedges Frozen 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Banana, fresh 146 cal - Orange Wedges 76 cal	9 HAMBURGER, 2.0 OZ 304 cal - Cheeseburger 339 cal - Turkey & American Sub 311 cal - Tater Tots 113 cal - Mandarin Carrot Slaw 67 cal - Carrot Dippers with Ranch Dressing 81 cal - Pineapple, Wedges Frozen 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal
12 No menu published	13 BREADED CHICKEN TENDERS, K-8 230 cal - Tater Tots 113 cal - Diced Pear Cup 70 cal	14 BREADED MOZZARELLA STICKS 409 cal Orange Wedges 76 cal	15 TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal - Steamed Carrots, 1/2 cup 70 cal - Fresh Apple Slices 30 cal	16 FOUR CHEESE PIZZA SLICE 330 cal - Grilled Cheese Sandwich 309 cal - Fresh Steamed Broccoli 54 cal - Orange Wedges 76 cal
19 CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal - Cheeseburger 339 cal - Hamburger, 2.0 oz 304 cal - Sandwich, Cheese 330 cal - Rotisserie Chicken and Cheese Sandwich 280 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Green Beans 49 cal - Carrot Dippers with Ranch Dressing 81 cal - Applesauce, Strawberry 4.5 oz 50 cal - Applesauce 4.5 oz 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Cinnamon 4.5 oz 90 cal	20 CHEESE PIZZA RIPPERS 260 cal - Sandwich, PBJ 5.3 oz 600 cal - PBJ, 2.6 oz & Cheese 380 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal - Applesauce, Strawberry 4.5 oz 50 cal - Diced Pear Cup 70 cal - Mix Fruit Cup 80 cal	21 CHICKEN CORN DOG 250 cal - Breaded Chicken Tenders, K-8 230 cal - Turkey & American Sub 311 cal - Turkey & American on Bun 251 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Fresh Steamed Broccoli 54 cal - Cucumber & Carrot Dipper with Ranch Dressing 69 cal - Carrot & Celery Dippers with Ranch Dressing 67 cal - Red Delicious Apple 75 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal - Applesauce, Strawberry 4.5 oz 50 cal - Applesauce 4.5 oz 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	22 POPCORN CHICKEN 261 cal - Hamburger, 2.0 oz 304 cal - Cheeseburger 339 cal - Sandwich, Cheese 330 cal - Croissant 280 cal - Sweet Waffle Potato 150 cal - Garden Side Salad 16 cal - Dark Green Side Salad 21 cal - Orange Wedges 76 cal - Fresh Apple Slices 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal	23 BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Grilled Cheese Sandwich 309 cal - Turkey & American Wrap 301 cal - Tater Tots 113 cal - Mandarin Carrot Slaw 67 cal - Cucumber Dippers with Ranch Dressing 61 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal
26 BREADED CHICKEN TENDERS, K-8 230 cal - Sandwich, PBJ 5.3 oz 600 cal - PBJ, 2.6 oz & Cheese 380 cal - Tater Tots 113 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Diced Pear Cup 70 cal - Diced Peach Cup 70 cal - Mix Fruit Cup 80 cal	27 HAMBURGER, 2.0 OZ 304 cal - Cheeseburger 339 cal - Chicken Salad 120 cal - Chicken Fajita Salad w/Flatbread 426 cal - Corn Tortilla Chips 190 cal - Sweet Waffle Potato 150 cal - Lettuce & Tomato Cup 16 cal - Pineapple, Wedges Frozen 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Orange Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal	28 CHICKEN WINGS, 4 EACH 418 cal - Breaded Chicken Nuggets 267 cal - Rotisserie Chicken and Cheese Sandwich 280 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Sweet Brazilian Bun 170 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Fresh Steamed Broccoli 54 cal - Garden Side Salad 16 cal - Coleslaw 130 cal - Pineapple, Wedges Frozen 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Orange Wedges 76 cal - Banana, fresh 146 cal	29 STUFFED CHEESY BREADSTICK 300 cal - Turkey & American Sub 311 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Dark Green Side Salad 21 cal - Pineapple, Wedges Frozen 30 cal - Fresh Tangerine 40 cal - Red Delicious Apple 75 cal - Fresh Apple Slices 30 cal - Applesauce, Strawberry 4.5 oz 50 cal - Applesauce, Cinnamon 4.5 oz 90 cal - Applesauce 4.5 oz 60 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	30 POPCORN CHICKEN 261 cal - Breaded Chicken Nuggets 267 cal - Chicken Fajita Wrap 417 cal - Seasoned Crispy Fries 81 cal - Salsa Dipping Cup 25 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.