

Monday

Tuesday

Wednesday

Thursday

Friday

5

EGGS, BACON & TOAST PLATTER 230 cal

- Mozzarella Cheese 80 cal
- Stick
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Banana Sliced Bread 260 cal
- Blueberry Muffin Top 250 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

6

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- Mozzarella Cheese 80 cal
- Stick
- WG Double Chocolate Muffin 170 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Banana Sliced Bread 260 cal
- Blueberry Muffin Top 250 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

7

PANCAKE BITES 250 cal

- Mozzarella Cheese 80 cal
- Stick
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

8

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal

- Mozzarella Cheese 80 cal
- Stick
- Blueberry Muffin Top 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Tangelos, Fresh 47 cal
- Banana, fresh 146 cal
- Fresh Apple Slices 30 cal

9

MOZZARELLA CHEESE STICK 80 cal

- Oatmeal 190 cal
- Sweet Potato Swirl 138 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Fresh Apple Slices 30 cal

12

No menu published

13

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- Sunflower Seeds 204 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Pineapple, Wedges Frozen 30 cal
- Apple Juice 60 cal

14

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal

- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Orange Wedges 76 cal

15

STUFFED HASHBROWN POTATO 245 cal

- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Orange Wedges 76 cal

16

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal

- Cinnamon Toast Crunch R/S Bowl 1 oz 110 cal
- Cocoa Puffs Bowl 1 oz 120 cal
- Fruit Juice Blend 60 cal
- Fresh Apple Slices 30 cal

19

EGGS, BACON & TOAST PLATTER 230 cal

- Mozzarella Cheese 80 cal
- Stick
- Banana Sliced Bread 260 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Blueberry Muffin Top 250 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

20

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- Mozzarella Cheese 80 cal
- Stick
- WG Double Chocolate Muffin 200 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

21

PANCAKE BITES 250 cal

- Mozzarella Cheese 80 cal
- Stick
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

22

POWER BOX WITH CRACKERS (NO YOGURT) 242 cal

- Mozzarella Cheese 80 cal
- Stick
- Blueberry Muffin Top 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal

23

MOZZARELLA CHEESE STICK 80 cal

- Swirl Raspberry 130 cal
- Sweet Potato Swirl 140 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Buttermilk Pancakes, 2 ea 180 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Applesauce 4.5 oz 60 cal

26

MOZZARELLA CHEESE STICK 80 cal

- Banana Sliced Bread 260 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Applesauce, Birthday Cake 4.5 oz 70 cal
- Applesauce, Sour Cherry 4.5 oz 70 cal
- Applesauce, Peach 4.5 oz 60 cal
- Applesauce, Blue Razzberry 4.5 oz 50 cal

27

MOZZARELLA CHEESE BITES, 3 EACH 340 cal

- Mozzarella Cheese 80 cal
- Stick
- 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal
- WG Double Chocolate Muffin 200 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Pineapple, Wedges Frozen 30 cal

28

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 245 cal

- Pancake Bites 250 cal
- Mozzarella Cheese 80 cal
- Stick
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Fresh Apple Slices 30 cal
- Banana, fresh 146 cal

29

STUFFED HASHBROWN POTATO 245 cal

- Mozzarella Cheese 80 cal
- Stick
- Blueberry Muffin Top 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Nutrigrain Bar, Strawberry 150 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

30

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal

- Mozzarella Cheese 80 cal
- Stick
- Scramble Eggs and Toast 169 cal
- Sweet Potato Swirl 140 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes 111 cal
- Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Fruit Juice Blend 60 cal
- Apple Juice 60 cal
- Fresh Tangerine 40 cal
- Fresh Apple Slices 30 cal

Served every day:
WG Toast • Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change.
Calories are per serving, as Orange County Public Schools publishes them.