

Monday

Tuesday

Wednesday

Thursday

Friday

5		
CHICKEN CORN DOG	250 cal	
Sandwich, Cheese	330 cal	
Croissant		
Black Forest Ham & Cheddar Sandwich	290 cal	
Fresh Steamed Broccoli	54 cal	
Mango Splash Vegetable Juice	60 cal	
Harvest Treats Veg Juice	50 cal	
Diced Pear Cup	70 cal	
Diced Peach Cup	70 cal	
Mix Fruit Cup	80 cal	
Cheeseburger	339 cal	
Hamburger, 2.0 oz	304 cal	

6		
BREADED CHICKEN TENDERS, K-8	280 cal	
Pork Rib Sandwich, Onion Rings & Pickles	620 cal	
Sandwich, PBJ 5.3 oz	600 cal	
PBJ, 2.6 oz & Cheese	380 cal	
Seasoned Crispy Fries	81 cal	
Cucumber Dippers with Ranch Dressing	61 cal	
Orange Wedges	76 cal	
Fresh Apple Slices	30 cal	
Fresh Tangerine	40 cal	
Red Delicious Apple	75 cal	
Applesauce, Strawberry 4.5 oz	50 cal	
Applesauce, Cinnamon 4.5 oz	90 cal	

7		
CHICKEN WINGS, 4 EACH	418 cal	
Turkey & American on Bun	251 cal	
Sweet Brazilian Bun	170 cal	
Steamed Carrots	69 cal	
Coleslaw	130 cal	
Red Delicious Apple	75 cal	
Banana, fresh	146 cal	
Pineapple, Wedges Frozen	30 cal	
Fruit Juice Blend	60 cal	
Apple Juice	60 cal	
Applesauce, Strawberry 4.5 oz	50 cal	
Applesauce, Cinnamon 4.5 oz	90 cal	
Applesauce 4.5 oz	60 cal	
Applesauce, Birthday Cake 4.5 oz	70 cal	
Breaded Chicken Nuggets	330 cal	

8		
STUFFED CHEESY BREADSTICK	300 cal	
Rotisserie Chicken and Cheese Sandwich	280 cal	
Fresh Broccoli Dippers with Ranch Dressing	60 cal	
Dark Green Side Salad	21 cal	
Pineapple, Wedges Frozen	30 cal	
Fresh Tangerine	40 cal	
Red Delicious Apple	75 cal	
Fresh Apple Slices	30 cal	
Banana, fresh	146 cal	
Orange Wedges	76 cal	
Grilled Cheese Sandwich	309 cal	

9		
HAMBURGER, 2.0 OZ	304 cal	
Cheeseburger	339 cal	
Turkey & American Sub	311 cal	
Tater Tots	113 cal	
Mandarin Carrot Slaw	67 cal	
Carrot Dippers with Ranch Dressing	81 cal	
Pineapple, Wedges Frozen	30 cal	
Fresh Tangerine	40 cal	
Red Delicious Apple	75 cal	
Fresh Apple Slices	30 cal	
Peach Cup	90 cal	
Strawberry Cup	80 cal	
Mixed Berry Fruit Cup	90 cal	

No menu published

13		
BREADED CHICKEN TENDERS, K-8	230 cal	

14		
BREADED MOZZARELLA STICKS	400 cal	
Fresh Apple Slices	30 cal	
Orange Wedges	76 cal	

15		
TURKEY SAUSAGE & CHEESE ON CROISSANT	321 cal	
Steamed Carrots, 1/2 cup	70 cal	
Fresh Tangerine	40 cal	
Fresh Apple Slices	30 cal	

16		
FOUR CHEESE PIZZA SLICE	330 cal	
Grilled Cheese Sandwich	309 cal	
Fresh Steamed Broccoli	54 cal	
Orange Wedges	76 cal	

19		
CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN	437 cal	
Cheeseburger	339 cal	
Hamburger, 2.0 oz	304 cal	
Green Beans	49 cal	
Applesauce 4.5 oz	60 cal	

20		
CHEESE PIZZA RIPPERS	260 cal	
Fruit Juice Blend	60 cal	

21		
CHICKEN CORN DOG	250 cal	
Red Delicious Apple	75 cal	
Banana, fresh	146 cal	
Breaded Chicken Tenders, K-8	230 cal	
Fresh Steamed Broccoli	54 cal	

22		
POPCORN CHICKEN	261 cal	
Sweet Waffle Potato	150 cal	
Orange Wedges	76 cal	
Fresh Apple Slices	30 cal	
Fresh Tangerine	40 cal	
Hamburger, 2.0 oz	304 cal	
Cheeseburger	339 cal	

23		
EISENBERG BEEF HOT DOG ON WG BUN	320 cal	
Tater Tots	113 cal	
Strawberry Cup	80 cal	
Grilled Cheese Sandwich	309 cal	

26		
BREADED CHICKEN TENDERS, K-8	230 cal	
Tater Tots	113 cal	
Diced Pear Cup	70 cal	

27		
HAMBURGER, 2.0 OZ	304 cal	
Cheeseburger	339 cal	
Sweet Waffle Potato	150 cal	
Fresh Tangerine	40 cal	
Red Delicious Apple	75 cal	
Fresh Apple Slices	30 cal	

28		
CHICKEN WINGS, 4 EACH	418 cal	
Sweet Brazilian Bun	170 cal	
Fresh Broccoli Dippers with Ranch Dressing	60 cal	
Fresh Apple Slices	30 cal	
Breaded Chicken Nuggets	267 cal	
Fresh Steamed Broccoli	54 cal	

29		
STUFFED CHEESY BREADSTICK	300 cal	
Fresh Apple Slices	30 cal	

30		
POPCORN CHICKEN	261 cal	
Seasoned Crispy Fries	81 cal	
Breaded Chicken Nuggets	267 cal	

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.