

Monday

Tuesday

Wednesday

Thursday

Friday

5	EGGS, BACON & TOAST PLATTER 230 cal
	Mozzarella Cheese Stick 80 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 111 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Banana Sliced Bread 260 cal
	WG Toast 90 cal
	Reese's Puff Bowl 1 oz 120 cal
	Cocoa Puffs Bowl 1 oz 120 cal
	Peach Cup 90 cal
	Blueberry Muffin Top 250 cal
	Strawberry Cup 80 cal

6	MOZZARELLA CHEESE BITES, 3 EACH 340 cal
	Mozzarella Cheese Stick 80 cal
	WG Double Chocolate Muffin 170 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 111 cal
	Nutrigrain Bar, Strawberry 160 cal
	Peach Cup 90 cal
	Banana Sliced Bread 260 cal

7	PANCAKE BITES 250 cal
	Mozzarella Cheese Stick 80 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 111 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 160 cal
	WG Toast 90 cal
	Banana, fresh 146 cal
	Pineapple, Wedges Frozen 30 cal
	Orange Wedges 76 cal

8	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal
	Mozzarella Cheese Stick 80 cal
	Blueberry Muffin Top 250 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 111 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 160 cal
	WG Toast 90 cal
	Apple Juice 60 cal
	Fruit Juice Blend 60 cal
	Tangelos, Fresh 47 cal
	Banana, fresh 146 cal
	Fresh Apple Slices 30 cal

9	MOZZARELLA CHEESE STICK 80 cal
	Sweet Potato Swirl 138 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 111 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 160 cal
	WG Toast 90 cal
	Orange Wedges 76 cal
	Golden Delicious Apple 75 cal
	Mixed Berry Fruit Cup 90 cal
	Oatmeal 190 cal
	Fresh Apple Slices 30 cal

12	No menu published
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13	MOZZARELLA CHEESE STICK 80 cal
	Mozzarella Cheese Bites, 2 each 227 cal
	WG Double Chocolate Muffin 200 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Fresh Apple Slices 30 cal
	2 Mozzarella Cheese Bites with Marinara Sauce 267 cal

14	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 243 cal
	Mozzarella Cheese Stick 80 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Cocoa Puffs Bowl 1 oz 120 cal
	Apple Juice 60 cal
	Fruit Juice Blend 60 cal
	Fresh Apple Slices 30 cal

15	STUFFED HASHBROWN POTATO 243 cal
	Mozzarella Cheese Stick 80 cal
	Blueberry Muffin Top 250 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Orange Wedges 76 cal
	Golden Delicious Apple 75 cal
	Banana, fresh 146 cal
	Fresh Apple Slices 30 cal

16	PACOS, (PANCAKES, TACOS, EGGS, CHEESE AND BACON) 384 cal
	Mozzarella Cheese Stick 80 cal
	Sweet Potato Swirl 140 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Fruit Juice Blend 60 cal
	Apple Juice 60 cal
	Fresh Apple Slices 30 cal
	Scramble Eggs and Toast 169 cal
	Applesauce 4.5 oz 60 cal

19	EGGS, BACON & TOAST PLATTER 230 cal
	Mozzarella Cheese Stick 80 cal
	Banana Sliced Bread 260 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Peach Cup 90 cal
	Blueberry Muffin Top 250 cal

20	MOZZARELLA CHEESE BITES, 3 EACH 340 cal
	Mozzarella Cheese Stick 80 cal
	WG Double Chocolate Muffin 200 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Mixed Berry Fruit Cup 90 cal
	Strawberry Cup 80 cal

21	PANCAKE BITES 250 cal
	Orange Wedges 76 cal

22	POWER BOX WITH CRACKERS (NO YOGURT) 242 cal
	Blueberry Muffin Top 250 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	WG Toast 90 cal
	Apple Juice 60 cal
	Fruit Juice Blend 60 cal
	Strawberry Cup 80 cal
	Cheerios Gluten Free Bowl 1 oz 101 cal
	Peach Cup 90 cal

23	MOZZARELLA CHEESE STICK 80 cal
	Swirl Raspberry 130 cal
	Sweet Potato Swirl 140 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Orange Wedges 76 cal
	Applesauce 4.5 oz 60 cal
	Buttermilk Pancakes, 2 ea 180 cal

26	MOZZARELLA CHEESE STICK 80 cal
	Banana Sliced Bread 260 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Apple Juice 60 cal
	Fruit Juice Blend 60 cal
	Applesauce, Birthday Cake 4.5 oz 70 cal

27	MOZZARELLA CHEESE BITES, 3 EACH 340 cal
	Mozzarella Cheese Stick 80 cal
	WG Double Chocolate Muffin 200 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	Peach Cup 90 cal
	Pineapple, Wedges Frozen 30 cal
	2 Mozzarella Cheese Bites with Marinara Sauce 267 cal

28	SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER 243 cal
	Pancake Bites 250 cal
	Mozzarella Cheese Stick 80 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	WG Toast 90 cal
	Apple Juice 60 cal
	Fruit Juice Blend 60 cal
	Orange Wedges 76 cal
	Golden Delicious Apple 75 cal
	Fresh Apple Slices 30 cal
	Banana, fresh 146 cal

29	STUFFED HASHBROWN POTATO 243 cal
	Mozzarella Cheese Stick 80 cal
	Blueberry Muffin Top 250 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	WG Toast 90 cal
	Banana, fresh 146 cal
	Pineapple, Wedges Frozen 30 cal
	Orange Wedges 76 cal

30	PACOS, (PANCAKES, TACOS, EGGS, CHEESE AND BACON) 384 cal
	Mozzarella Cheese Stick 80 cal
	Sweet Potato Swirl 140 cal
	Cereal Blueberry Chex Bowl 1 oz 111 cal
	Frosted Corn Flakes Bowl 1 oz 110 cal
	Rice Chex Gluten Free Bowl 1 oz 110 cal
	Nutrigrain Bar, Strawberry 150 cal
	WG Toast 90 cal
	Fruit Juice Blend 60 cal
	Apple Juice 60 cal
	Fresh Tangerine 40 cal
	Fresh Apple Slices 30 cal
	Scramble Eggs and Toast 169 cal

Served every day:

• Trix Cereal Bowl 1 oz • Trix Cereal Bar 1.42 oz • Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.