

Dr. Phillips Elementary School

Snack · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

Mozzarella Cheese
Stick

80 cal

Snack Mix, Cheddar
Chex 110 cal

2

Chocolate No Nut
Butter Cup

320 cal

Peanut Butter cup 185 cal

Savory Cracker, WG 180 cal

Orange Juice 60 cal

5

Breakfast Egg
Box

270 cal

Chocolate No Nut
Butter Cup 324 calCheddar Goldfish
Crackers 100 cal

Assorted Milk 110 cal

6

Vanilla Yogurt
Cup

90 cal

Strawberry Yogurt Cup 90 cal

Cracker, Sweet
Educationa 130 cal

7

Chocolate No Nut
Butter Cup

324 cal

Snack Mix, Cheddar
Chex 110 cal

Apple Juice 90 cal

Assorted Milk 110 cal

8

Mozzarella Cheese
Stick

80 cal

Bear Grahams 122 cal

Assorted Milk 110 cal

9

Chocolate No Nut
Butter Cup

324 cal

Savory Cracker, WG 180 cal

Orange Juice 60 cal

Assorted Milk 110 cal

12

No menu published

13

Vanilla Yogurt
Cup

90 cal

Strawberry Yogurt Cup 90 cal

Bear Grahams 120 cal

Assorted Milk 110 cal

14

Peanut Butter
cup

185 cal

Chocolate No Nut
Butter Cup 320 cal

Savory Cracker, WG 180 cal

Orange Juice 60 cal

15

Scooby Doo
Grahams

132 cal

Assorted Milk 110 cal

16

Cheddar Cubes

90 cal

Vanilla Yogurt Cup 90 cal

Strawberry Yogurt Cup 90 cal

Chocolate No Nut
Butter Cup 324 cal

Goldfish Pretzels 90 cal

19

Chocolate No Nut
Butter Cup

324 cal

Cheddar Goldfish
Crackers 100 cal

Bear Grahams 120 cal

Assorted Milk 110 cal

20

Vanilla Yogurt
Cup

90 cal

Strawberry Yogurt Cup 90 cal

Cheddar Goldfish
Crackers 100 cal

21

Chocolate No Nut
Butter Cup

324 cal

Snack Mix, Cheddar
Chex 110 cal

Scooby Doo Grahams 132 cal

Apple Juice 60 cal

Assorted Milk 110 cal

22

Cheddar Cubes

90 cal

Cracker, Sweet
Educationa 130 cal

Assorted Milk 110 cal

23

Chocolate No Nut
Butter Cup

320 cal

Peanut Butter cup 185 cal

Savory Cracker, WG 180 cal

Mango Splash Vegetable
Juice 60 cal

26

Chocolate No Nut
Butter Cup

324 cal

Cheez IT Crackers 100 cal

Assorted Milk 110 cal

27

Mozzarella Cheese
Stick

80 cal

Snack Mix, Cheddar
Chex 110 cal

Assorted Milk 110 cal

28

Chocolate No Nut
Butter Cup

324 cal

Bear Grahams 120 cal

Applesauce,
Strawberry 4.5 oz 50 cal

Applesauce 4.5 oz 60 cal

Assorted Milk 110 cal

29

Cheddar Cubes

90 cal

Goldfish Pretzels 90 cal

Assorted Milk 110 cal

30

Chocolate No Nut
Butter Cup

320 cal

Peanut Butter cup 185 cal

Savory Cracker, WG 180 cal

Scooby Doo Grahams 132 cal

Strawberry Kiwi Juice 60 cal