

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 - Yogurt Cup with Granola 224 cal - Strawberry Yogurt Cup w/ Bear Graham 212 cal - Mozzarella Cheese Stick 80 cal - Sweet Potato Swirl 138 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Banana, fresh 146 cal - Pineapple, Wedges Frozen 30 cal	2 - Sweet Potato Swirl with Popcorn Chicken 240 cal - Pancake Bites 250 cal - Mozzarella Cheese Stick 80 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Cinnamon Toast Crunch Bowl 1 oz 120 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Fresh Tangerine 40 cal - Strawberry Cup 80 cal - Fresh Apple Slices 30 cal
5 - Mozzarella Cheese Stick 80 cal - WG Double Chocolate Muffin with Cheese 250 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Applesauce, Peach 4.5 oz 60 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal	6 - Egg & Cheese Breakfast Quesadilla 378 cal - Yogurt Cup with Granola 224 cal - Strawberry Yogurt Cup w/ Bear Graham 212 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal - Applesauce, Strawberry 4.5 oz 50 cal	7 - Chicken Waffles sandwich 377 cal - Vanilla Yogurt Cup 90 cal - Strawberry Yogurt Cup 90 cal - Mozzarella Cheese Stick 80 cal - Rolls, Cinnamon 302 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Tangelos, Fresh 47 cal - Orange Wedges 76 cal	8 - Chicken and Cheese on Croissant 323 cal - Mozzarella Cheese Stick 80 cal - Banana Sliced Bread 260 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Red Delicious Apple 75 cal - Dried Cranberries 110 cal	9 - Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon) 417 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 111 cal - Frosted Corn Flakes Bowl 1 oz 111 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 160 cal - Trix Cereal Bar 1.42 oz 160 cal - WG Toast 90 cal - Orange Wedges 76 cal - Golden Delicious Apple 75 cal
12 No menu published	13 - Power Box with Yogurt, Graham & Cheese 332 cal - Egg Patty & Chicken Sausage on Croissant 333 cal - Mozzarella Cheese Stick 80 cal - Trix Cereal Bar 1.42 oz 150 cal - Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal - Dried Cranberries 110 cal	14 - Mozzarella Cheese Bites, 3 each 340 cal - Sandwich, PBJ 2.6 300 cal - Mozzarella Cheese Stick 80 cal - Trix Cereal Bar 1.42 oz 150 cal - Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Mix Fruit Cup 80 cal - Applesauce 4.5 oz 60 cal - Dried Cranberries 110 cal	15 - Chicken and Egg Biscuit 350 cal - Mozzarella Cheese Stick 80 cal - Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Trix Cereal Bar 1.42 oz 150 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal	16 - Mozzarella Cheese Stick 80 cal - Sweet Potato Swirl 140 cal - Trix Cereal Bar 1.42 oz 150 cal - Cinnamon Toast Crunch Bowl RS, 1 oz 110 cal - Cocoa Puffs Bowl 1 oz 120 cal - Applesauce 4.5 oz 60 cal - Mix Fruit Cup 80 cal - Dried Cranberries 110 cal
19 - Mozzarella Cheese Stick 80 cal - WG Double Chocolate Muffin with Cheese 280 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Applesauce, Peach 4.5 oz 60 cal	20 - Egg & Cheese Breakfast Quesadilla 422 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal - Dried Cranberries 110 cal	21 - Chicken Waffles sandwich 354 cal - Mozzarella Cheese Stick 80 cal - Rolls, Cinnamon 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Fresh Apple Slices 30 cal	22 - Chicken and Cheese on Croissant 323 cal - Mozzarella Cheese Stick 80 cal - Banana Sliced Bread 260 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 160 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Dried Cranberries 110 cal	23 - Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon) 384 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Mix Fruit Cup 80 cal
26 - Mozzarella Cheese Stick 80 cal - Rolls, Cinnamon 250 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Trix Cereal Bar 1.42 oz 150 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Applesauce, Peach 4.5 oz 60 cal	27 - Egg Patty & Chicken Sausage on Croissant 333 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - WG Toast 90 cal - Trix Cereal Bar 1.42 oz 150 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Dried Cranberries 110 cal	28 - Mozzarella Cheese Bites, 3 each 340 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Frosted Corn Flakes Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Applesauce, Sour Cherry 4.5 oz 70 cal - Dried Cranberries 110 cal	29 - Chicken and Egg Biscuit 350 cal - Mozzarella Cheese Stick 80 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Rice Chex Gluten Free Bowl 1 oz 110 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Dried Cranberries 110 cal	30 - Mozzarella Cheese Stick 80 cal - Sweet Potato Swirl 140 cal - Cereal Blueberry Chex Bowl 1 oz 120 cal - Trix Cereal Bowl 1 oz 110 cal - Nutrigrain Bar, Strawberry 150 cal - Trix Cereal Bar 1.42 oz 150 cal - Dried Cranberries 110 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal - Mixed Berry Fruit Cup 90 cal

EVERY DAY

Assorted Milk

Menu subject to change.