

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1		2	
						Sandwich, Meatball Sub 458 cal Hummus Cup 298 cal Grilled Cheese Sandwich 309 cal 24 Hour Zesty Pickles 41 cal Garlic Spinach 94 cal Fresh Apple Slices 30 cal		Chicken Corn Dog 250 cal WG Cheese Pizza 376 cal WG Pepperoni Pizza 403 cal Stuffed Cheesy Breadstick 300 cal Roasted Glazed Carrots 74 cal Sweet Waffle 150 cal Potato Red Delicious Apple 75 cal	
5		6		7		8		9	
Popcorn Chicken with Mac and Cheese 474 cal Chicken Waffles sandwich 377 cal Black Forest Ham & Cheddar Sandwich 290 cal Breaded Mozzarella Sticks 411 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg Juice 50 cal Shredded Lettuce Cup 10 cal Harvest Treats Veg Juice - SD 50 cal Strawberry Cup 80 cal Applesauce, Strawberry 4.5 oz 50 cal		Philly Cheese Steak Sandwich 605 cal Philly Cheese Steak Peppers & Onions Sandwich 612 cal Nachos with Carne Asada & Cheese 516 cal Butterball Turkey Hot Dog on WG Bun 270 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Grilled Cheese Sandwich 309 cal Sweet Waffle 150 cal Potato Seasoned Black Beans 144 cal Pinto Beans, 1/2 cup 163 cal Pinto Beans 163 cal Applesauce, Birthday Cake 4.5 oz 70 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal		Buffalo Chicken Wings, 4 each 462 cal Ranch Chicken Wings, 4 each 473 cal WG Cheese Pizza 376 cal WG Pepperoni Pizza 403 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Sweet Brazilian Bun 170 cal Seasoned Crispy Fries 81 cal Celery Sticks 1/2 c. 60 cal Harvest Treats Veg Juice - SD 50 cal Pineapple, Wedges Frozen 30 cal Peach Cup 90 cal Fresh Apple Slices 30 cal Orange Wedges 76 cal		Chicken Tenders with Sweet Brazilian Bun, MS/HS 400 cal Breaded Drumstick with Sweet Brazilian Bun 380 cal Turkey Sausage & Cheese on Hamburger Bun 271 cal Potatoes, Mashed 70 cal Fresh Cold Broccoli Salad 141 cal Banana, fresh 146 cal Tangelos, Fresh 47 cal Red Delicious Apple 75 cal Fruit Juice Blend 60 cal Apple Juice 60 cal		Tangerine Chicken 219 cal Asian Teriyaki Chicken 180 cal WG Cheese Pizza 376 cal Tomato and Basil Bianca Pizza 429 cal Bento Box with Pepperoni & Cheese 349 cal Vegetable Fried Brown Rice, 1/2 cup 140 cal Mandarin Carrot Slaw 67 cal Italian Blend Vegetables 71 cal Pineapple, Wedges Frozen 30 cal Banana, fresh 146 cal Tangelos, Fresh 47 cal Red Delicious Apple 75 cal Golden Delicious Apple 75 cal Fresh Tangerine 40 cal	
12		13		14		15		16	
No menu published		Butterball Turkey Hot Dog on WG Bun 270 cal Breaded Mozzarella Sticks 400 cal Sandwich, Cheese Croissant 330 cal Seasoned Black Beans 144 cal Applesauce, Cinnamon 4.5 oz 90 cal		BBQ Chicken Drumstick 227 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Dinner Roll 110 cal 24 Hour Zesty Pickles 41 cal Garlic Spinach 94 cal Pineapple, Wedges Frozen 30 cal		Spaghetti w/ Meatballs 384 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 386 cal Dark Green Side Salad 21 cal Fresh Apple Slices 30 cal Strawberry Cup 80 cal		Impossible Burger 311 cal Black Forest Ham & Cheddar Sandwich 290 cal WG Cheese Pizza 426 cal WG Pepperoni Pizza 403 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Lettuce & Tomato Cup 16 cal Seasoned Crispy Fries 81 cal Pineapple, Wedges Frozen 30 cal	
19		20		21		22		23	
Popcorn Chicken with Mac and Cheese 503 cal Breaded Mozzarella Sticks 400 cal Fresh Steamed Broccoli 54 cal Strawberry Cup 80 cal		Philly Cheese Steak Peppers & Onions Rice Bowl 586 cal Grilled Cheese Sandwich 309 cal Sweet Plantain Slices 262 cal Celery Sticks 1/2 c. 60 cal Pineapple, Wedges Frozen 30 cal		Buffalo Chicken Wings, 4 each 455 cal WG Cheese Pizza 426 cal WG Pepperoni Pizza 403 cal Sweet Brazilian Bun 170 cal Sweet Waffle 150 cal Potato Seasoned Black Beans 144 cal Fresh Apple Slices 30 cal		Chicken Tenders with Sweet Brazilian Bun, MS/HS 400 cal Turkey Sausage & Cheese on Hamburger Bun 271 cal Potatoes, Mashed 48 cal Harvest Treats Veg Juice 50 cal Banana, fresh 146 cal		Tangerine Chicken 219 cal WG Cheese Pizza 426 cal Turkey Sausage & Cheese on Biscuit 321 cal Brown Rice 109 cal Mandarin Carrot Slaw 67 cal Tomato Dippers 25 cal Red Delicious Apple 75 cal	

EVERY DAY

- Assorted Milk

Menu subject to change.