

BREAKFAST

OCTOBER 2026

Cheney Elementary School

Orange County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

5

- EGGS, BACON & TOAST PLATTER** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal

6

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- WG Double Chocolate Muffin 170 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal

7

- PANCAKE BITES** 250 cal
- Trix Cereal Bowl 1 oz 110 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

8

- BLUEBERRY MUFFIN TOP** 250 cal
- Apple Juice 60 cal
- Fresh Apple Slices 30 cal

9

- SWEET POTATO SWIRL** 138 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Nutrigrain Bar, Strawberry 160 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Oatmeal 190 cal
- Fresh Apple Slices 30 cal

12

No menu published

13

- 3 MOZZARELLA STUFFED CHEESY BREAD BITES WITH MARIN** 380 cal
- Bosco Stick 149 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Strawberry Cup 80 cal
- Apple Juice 60 cal
- Orange Juice 60 cal

14

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
- Pancake Bites 250 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Orange Juice 60 cal
- Apple Juice 60 cal
- Fresh Tangerine 40 cal

15

- STUFFED HASHBROWN POTATO** 245 cal
- Blueberry Muffin Top 250 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Fresh Apple Slices 30 cal

16

- PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)** 384 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Apple Juice 60 cal
- Orange Juice 60 cal
- Scramble Eggs and Toast 169 cal
- Applesauce 4.5 oz 60 cal

19

- BANANA SLICED BREAD** 260 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Blueberry Muffin Top 250 cal

20

- WG DOUBLE CHOCOLATE MUFFIN** 200 cal
- Peach Cup 90 cal
- Orange Juice 60 cal
- Apple Juice 60 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Strawberry Cup 80 cal

21

- PANCAKE BITES** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

22

- BLUEBERRY MUFFIN TOP** 250 cal
- Apple Juice 60 cal
- Peach Cup 90 cal
- Orange Juice 60 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal

23

- SWIRL RASPBERRY** 130 cal
- Trix Cereal Bowl 1 oz 110 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Buttermilk Pancakes, 2 ea 180 cal
- Applesauce 4.5 oz 60 cal

26

- BANANA SLICED BREAD** 260 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Applesauce, Birthday Cake 4.5 oz 70 cal
- Fresh Apple Slices 30 cal

27

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- WG Double Chocolate Muffin 200 cal
- Peach Cup 90 cal
- Pineapple, Wedges Frozen 30 cal
- 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal

28

- SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER** 245 cal
- Cereal Blueberry Chex Bowl 1 oz 120 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Fresh Apple Slices 30 cal
- Applesauce 4.5 oz 60 cal

29

- STUFFED HASHBROWN POTATO** 245 cal
- Nutrigrain Bar, Strawberry 150 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Juice 60 cal
- Apple Juice 60 cal

30

- SWEET POTATO SWIRL** 140 cal
- Trix Cereal Bowl 1 oz 110 cal
- Fresh Tangerine 40 cal
- Fresh Apple Slices 30 cal
- Scramble Eggs and Toast 169 cal

Served every day:

- Mozzarella Cheese Stick
- Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer