

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 - Popcorn Chicken with Mac and Cheese 474 cal - Chicken Waffles sandwich 377 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Breaded Mozzarella Sticks 411 cal - Mango Splash Vegetable Juice 60 cal - Harvest Treats Veg Juice 50 cal - Shredded Lettuce Cup 10 cal - Harvest Treats Veg Juice - SD 50 cal - Strawberry Cup 80 cal - Applesauce, Strawberry 4.5 oz 50 cal - Assorted Milk 110 cal	6 - Philly Cheese Steak Sandwich 605 cal - Philly Cheese Steak Peppers & Onions Sandwich 612 cal - Nachos with Carne Asada & Cheese 516 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Grilled Cheese Sandwich 309 cal - Sweet Waffle Potato 150 cal - Seasoned Black Beans 144 cal - Pinto Beans, 1/2 cup 163 cal - Pinto Beans 163 cal - Applesauce, Birthday Cake 4.5 oz 70 cal - Applesauce, Blue Razzleberry 4.5 oz 50 cal - Assorted Milk 110 cal	7 - Buffalo Chicken Wings, 4 each 462 cal - Ranch Chicken Wings, 4 each 473 cal - WG Cheese Pizza 376 cal - WG Pepperoni Pizza 403 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Brazilian Bun 170 cal - Seasoned Crispy Fries 81 cal - Celery Sticks 1/2 c. 60 cal - Harvest Treats Veg Juice - SD 50 cal - Pineapple, Wedges Frozen 30 cal - Peach Cup 90 cal - Fresh Apple Slices 30 cal - Orange Wedges 76 cal - Assorted Milk 110 cal	8 - Chicken Tenders with Sweet Brazilian Bun, MS/HS 400 cal - Breaded Drumstick with Sweet Brazilian Bun 380 cal - Turkey Sausage & Cheese on Hamburger Bun 271 cal - Potatoes, Mashed 70 cal - Fresh Cold Broccoli Salad 141 cal - Banana, fresh 146 cal - Tangelos, Fresh 47 cal - Red Delicious Apple 75 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Assorted Milk 110 cal	9 - Tangerine Chicken 219 cal - Asian Teriyaki Chicken 180 cal - WG Cheese Pizza 376 cal - Tomato and Basil Bianca Pizza 429 cal - Bento Box with Pepperoni & Cheese 349 cal - Vegetable Fried Brown Rice, 1/2 cup 140 cal - Mandarin Carrot Slaw 67 cal - Italian Blend Vegetables 71 cal - Pineapple, Wedges Frozen 30 cal - Banana, fresh 146 cal - Tangelos, Fresh 47 cal - Red Delicious Apple 75 cal - Golden Delicious Apple 75 cal - Fresh Tangerine 40 cal - Assorted Milk 110 cal
12 No menu published	13 - Butterball Turkey Hot Dog on WG Bun 270 cal - Turkey Sausage & Cheese on Croissant 321 cal - Breaded Mozzarella Sticks 400 cal - Seasoned Black Beans 144 cal - Applesauce, Strawberry 4.5 oz 50 cal	14 - Herb Roasted Chicken 174 cal - WG Buffalo Chicken Pizza 414 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - WG Pepperoni Pizza 403 cal - Dinner Roll 110 cal 24 Hour Zesty Pickles 41 cal - Garlic Spinach 94 cal - Peach Cup 90 cal	15 - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Spaghetti w/ Meatballs 384 cal - Dark Green Side Salad 21 cal - Fresh Apple Slices 30 cal	16 - Hamburger, 3.0 oz 375 cal - Cheeseburger 410 cal - WG Cheese Pizza 426 cal - WG Pepperoni Pizza 403 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Lettuce & Tomato Cup 16 cal - Seasoned Crispy Fries 81 cal - Pineapple, Wedges Frozen 30 cal
19 - Chicken Waffles sandwich 354 cal - Breaded Mozzarella Sticks 400 cal - Black Forest Ham & Cheddar Sandwich 290 cal - Fresh Steamed Broccoli 54 cal - Strawberry Cup 80 cal	20 - Philly Cheese Steak Peppers & Onions Rice Bowl 586 cal - Grilled Cheese Sandwich 309 cal - Sweet Plantain Slices 262 cal - Celery Sticks 1/2 c. 60 cal - Pineapple, Wedges Frozen 30 cal	21 - Buffalo Chicken Wings, 4 each 455 cal - WG Cheese Pizza 426 cal - WG Pepperoni Pizza 403 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - Sweet Brazilian Bun 170 cal - Sweet Waffle Potato 150 cal - Seasoned Black Beans 144 cal - Fresh Apple Slices 30 cal	22 - Turkey Sausage & Cheese on Hamburger Bun 271 cal - Chicken Nuggets with Sweet Brazilian Bun 437 cal - Potatoes, Mashed 48 cal - Mango Splash Vegetable Juice 60 cal - Tangelos, Fresh 47 cal	23 - Tangerine Chicken 219 cal - WG Cheese Pizza 426 cal - Tomato and Basil Bianca Pizza 429 cal - Brown Rice 109 cal - Mandarin Carrot Slaw 67 cal - Tomato Dippers 25 cal - Fresh Apple Slices 30 cal
26 - WG Cheese Pizza 426 cal - WG Pepperoni Pizza 403 cal - Breaded Mozzarella Sticks 400 cal - Mango Splash Vegetable Juice 60 cal - Applesauce, Strawberry 4.5 oz 50 cal	27 - Two California Chicken Tacos 393 cal - Grilled Cheese Sandwich 309 cal - Salsa Dipping Cup 25 cal - Celery Sticks 1/2 c. 60 cal - Pineapple, Wedges Frozen 30 cal	28 - Herb Roasted Chicken 174 cal - WG Buffalo Chicken Pizza 414 cal - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal - WG Pepperoni Pizza 403 cal - Brown Rice 109 cal - Lettuce & Tomato Cup 16 cal - Seasoned Black Beans 144 cal - Strawberry Cup 80 cal	29 - Vegetarian Penne Pasta with Bread Stick 415 cal - Garlic Spinach 94 cal - Fresh Apple Slices 30 cal	30 - Seasonal Shaped Nuggets w/Sweet Brazilian Bun 350 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Seasoned Crispy Fries 81 cal - Coleslaw 130 cal - Fresh Apple Slices 30 cal