

Monday

Tuesday

Wednesday

Thursday

Friday

5

- EGGS, BACON & TOAST PLATTER** 230 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Banana Sliced Bread 260 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal
- Blueberry Muffin Top 250 cal

6

- MOZZARELLA CHEESE BITES, 3 EACH** 340 cal
- WG Double Chocolate Muffin 170 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Mixed Berry Fruit Cup 90 cal
- Banana Sliced Bread 260 cal

7

- PANCAKE BITES** 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Banana, fresh 146 cal
- Pineapple, Wedges Frozen 30 cal
- Orange Wedges 76 cal

8

- POWER BOX WITH CRACKERS (NO YOGURT)** 242 cal
- Blueberry Muffin Top 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Apple Juice 60 cal
- Fruit Juice Blend 60 cal
- Tangelos, Fresh 47 cal
- Banana, fresh 146 cal
- Fresh Apple Slices 30 cal

9

- SWEET POTATO SWIRL** 138 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Trix Cereal Bowl 1 oz 110 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Mixed Berry Fruit Cup 90 cal
- Oatmeal 190 cal
- Fresh Apple Slices 30 cal

12

No menu published

13

- WG DOUBLE CHOCOLATE MUFFIN** 200 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal
- Peach Cup 90 cal

14

- PANCAKE BITES** 250 cal
- Scrambled Eggs with Cheese & Tater Tots Platter 142 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Orange Wedges 76 cal
- Fresh Tangerine 40 cal

15

- STUFFED HASHBROWN POTATO** 245 cal
- Blueberry Muffin Top 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Fresh Apple Slices 30 cal

16

- SWEET POTATO SWIRL** 140 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Fresh Tangerine 40 cal
- Scramble Eggs and Toast 169 cal

19

- BANANA SLICED BREAD** 260 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Blueberry Muffin Top 250 cal

20

- WG DOUBLE CHOCOLATE MUFFIN** 200 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal

21

- PANCAKE BITES** 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Banana, fresh 146 cal
- Orange Wedges 76 cal

22

- BLUEBERRY MUFFIN TOP** 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Strawberry Cup 80 cal
- Cheerios Gluten Free Bowl 1 oz 101 cal

23

- SWIRL RASPBERRY** 130 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal
- Buttermilk Pancakes, 2 ea 180 cal

26

- BANANA SLICED BREAD** 260 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Applesauce, Birthday Cake 4.5 oz 70 cal

27

- WG DOUBLE CHOCOLATE MUFFIN** 200 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Peach Cup 90 cal
- Strawberry Cup 80 cal
- 2 Mozzarella Cheese Bites with Marinara Sauce 267 cal

28

- PANCAKE BITES** 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Fresh Apple Slices 30 cal
- Scrambled Eggs with Cheese & Tater Tots Platter 142 cal

29

- BLUEBERRY MUFFIN TOP** 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Banana, fresh 146 cal
- Orange Wedges 76 cal
- Stuffed Hashbrown Potato 245 cal

30

- SWEET POTATO SWIRL** 140 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Apple Juice 60 cal
- Fresh Tangerine 40 cal
- Scramble Eggs and Toast 169 cal

Served every day:

Mozzarella Cheese Stick Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MealViewer