

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- 5
- Chicken Waffles sandwich 377 cal
 - Black Forest Ham & Cheddar Sandwich 290 cal
 - WG Cheese Pizza 376 cal
 - WG Buffalo Chicken Pizza 361 cal
 - Hamburger, 3.0 oz 375 cal
 - Cheeseburger 410 cal
 - Turkey Bacon Cheeseburger 460 cal
 - Popcorn Chicken and Mini Belgium Waffles 413 cal
 - Emoji Fries 130 cal
 - Mango Splash Vegetable Juice 60 cal
 - Harvest Treats Veg Juice 50 cal
 - Harvest Treats Veg Juice - SD 50 cal
 - Mix Fruit Cup 80 cal
 - Fresh Tangerine 40 cal
 - Red Delicious Apple 75 cal
 - Golden Delicious Apple 75 cal

- 6
- Philly Cheese Steak Peppers & Onions Sandwich 612 cal
 - Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal
 - Nachos with Carne Asada & Cheese 516 cal
 - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal
 - WG Pepperoni 403 cal
 - Tomato and Basil Bianca Pizza 429 cal
 - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal
 - Sweet Waffle 150 cal
 - Potato 94 cal
 - Fresh Steamed Broccoli 54 cal
 - Red Grapes 61 cal
 - Green Grapes 61 cal
 - Fruit Juice Blend 60 cal

- 7
- Cajun Spice Wings 418 cal
 - 4 Chicken Wings Lemon Pepper 482 cal
 - Hummus Platter with Wheat WG Crackers 649 cal
 - WG Cheese Pizza 376 cal
 - WG Pepperoni 403 cal
 - Butterball Turkey Hot Dog on WG Bun 270 cal
 - Eisenberg Beef Hot Dog on WG Bun 320 cal
 - Dinner Roll 110 cal
 - Cucumber & Carrot Dipper with Ranch Dressing 69 cal
 - Carrot & Celery Dippers with Ranch Dressing 67 cal
 - Vegetarian Baked Beans 192 cal
 - Peach Cup 90 cal
 - Diced Peach Cup 70 cal
 - Fresh Apple Slices 30 cal
 - Red Delicious Apple 75 cal
 - Golden Delicious Apple 75 cal

- 8
- Vegetarian Penne Pasta with Bread Stick 415 cal
 - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal
 - Spicy Breaded Chicken Sandwich 340 cal
 - Dark Green Side Salad 21 cal
 - Fruit Juice Blend 60 cal
 - Fresh Tangerine 40 cal
 - Chicken Tenders with Sweet Brazilian Bun, MS/HS 400 cal
 - Breaded Drumstick with Sweet Brazilian Bun 380 cal
 - Spinach Cobb Salad 419 cal
 - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal
 - WG Cheese Pizza 376 cal
 - WG Buffalo Chicken Pizza 361 cal
 - Grilled Cheese Sandwich 309 cal
 - Coleslaw 130 cal
 - Garlic Spinach 94 cal
 - Dark Green Side Salad 21 cal
 - Orange Wedges 76 cal
 - Apple Juice 60 cal
 - Banana, fresh 146 cal

- 9
- Tangerine Chicken 219 cal
 - Asian Teriyaki Chicken 180 cal
 - Turkey & American Sub 311 cal
 - Garlic French Bread Cheese Pizza 383 cal
 - Twisted Garlic French Bread Pepperoni Pizza 416 cal
 - Breaded Chicken Sandwich 340 cal
 - Spicy Breaded Chicken Sandwich 340 cal
 - Vegetable Fried Brown Rice 270 cal
 - Mandarin Carrot Slaw 67 cal
 - Roasted Green Beans 99 cal
 - Applesauce 4.5 oz 60 cal
 - Red Grapes 61 cal
 - Green Grapes 61 cal
 - Red Delicious Apple 75 cal
 - Fresh Tangerine 40 cal
 - Orange Wedges 76 cal
 - Fresh Apple Slices 30 cal

- 12
- No menu published

- 13
- Eisenberg Beef Hot Dog on WG Bun 320 cal
 - Sandwich, Cheese Croissant 330 cal
 - Breaded Chicken Sandwich 340 cal
 - Sweet Waffle 150 cal
 - Potato 94 cal
 - Mango Splash Vegetable Juice 60 cal
 - Red Delicious Apple 75 cal
 - Mix Fruit Cup 80 cal

- 14
- Herb Roasted Chicken Thigh 344 cal
 - Spinach Cobb Salad 419 cal
 - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal
 - Cheeseburger 410 cal
 - Dinner Roll 110 cal
 - Garlic Spinach 94 cal
 - Seasoned Black Beans 144 cal
 - Strawberry Cup 80 cal
 - Orange Wedges 76 cal
 - Banana, fresh 146 cal

- 15
- Sandwich, Meatball Sub 458 cal
 - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal
 - WG Cheese Pizza 426 cal
 - WG Buffalo Chicken Pizza 414 cal
 - Dark Green Side Salad 21 cal
 - Fruit Juice Blend 60 cal
 - Banana, fresh 146 cal

- 16
- Sweet and Spicy Chicken Sandwich 411 cal
 - Turkey & Swiss Croissant Sandwich 321 cal
 - Stuffed Cheesy Breadstick 300 cal
 - 24 Hour Zesty Pickles 41 cal
 - Seasoned Crispy Fries 81 cal
 - Orange Wedges 76 cal
 - Banana, fresh 146 cal
 - Applesauce 4.5 oz 60 cal

- 19
- Black Forest Ham & Cheddar Sandwich 290 cal
 - Hamburger, 3.0 oz 375 cal
 - Cheeseburger 410 cal
 - Popcorn Chicken and Mini Belgium Waffles 397 cal
 - Sweet Waffle 150 cal
 - Potato 94 cal
 - Mango Splash Vegetable Juice 60 cal
 - Fresh Tangerine 40 cal
 - Mix Fruit Cup 80 cal

- 20
- Philly Cheese Steak Peppers & Onions Rice Bowl 586 cal
 - Spinach Cobb Salad 419 cal
 - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal
 - WG Pepperoni 403 cal
 - Tomato and Basil Bianca Pizza 429 cal
 - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal
 - Sweet Plantain 262 cal
 - Fresh Steamed Broccoli 54 cal
 - Mixed Berry Fruit Cup 90 cal
 - Fruit Juice Blend 60 cal

- 21
- Honey BBQ Wings 475 cal
 - Hummus Platter with Wheat WG Crackers 649 cal
 - WG Cheese Pizza 426 cal
 - WG Pepperoni 403 cal
 - Sweet Brazilian Bun 170 cal
 - Cucumber & Carrot Dipper with Ranch Dressing 69 cal
 - Vegetarian Baked Beans 192 cal
 - Diced Peach Cup 70 cal
 - Peach Cup 90 cal

- 22
- Drumstick with Corn Bread 498 cal
 - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal
 - WG Cheese Pizza 426 cal
 - WG Buffalo Chicken Pizza 414 cal
 - Potatoes, Mashed 48 cal
 - Dark Green Side Salad 21 cal
 - Orange Wedges 76 cal
 - Apple Juice 60 cal

- 23
- Tangerine Chicken 219 cal
 - Turkey & American Wrap 301 cal
 - Breaded Chicken Sandwich 340 cal
 - Vegetable Fried Brown Rice 270 cal
 - Mandarin Carrot Slaw 67 cal
 - Roasted Green Beans 99 cal
 - Orange Wedges 76 cal
 - Fresh Apple Slices 30 cal
 - Applesauce 4.5 oz 60 cal

- 26
- Sandwich, Cheese Croissant 330 cal
 - Spicy Breaded Chicken Sandwich 340 cal
 - Sweet Waffle 150 cal
 - Potato 94 cal
 - Mango Splash Vegetable Juice 60 cal
 - Fresh Apple Slices 30 cal
 - Red Delicious Apple 75 cal
 - Applesauce 4.5 oz 60 cal
 - Mix Fruit Cup 80 cal

- 27
- Two California Chicken Tacos 393 cal
 - Turkey Taco Salad 407 cal
 - Grilled Cheese Sandwich 309 cal
 - Salsa Dipping Cup 25 cal
 - Lettuce & Tomato Cup 16 cal
 - Pineapple, Wedges Frozen 30 cal
 - Fruit Juice Blend 60 cal

- 28
- Herb Roasted Chicken Thigh 344 cal
 - Spinach Cobb Salad 419 cal
 - Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal
 - Cheeseburger 410 cal
 - Brown Rice 247 cal
 - Garlic Spinach 94 cal
 - Seasoned Black Beans 144 cal
 - Strawberry Cup 80 cal
 - Orange Wedges 76 cal
 - Banana, fresh 146 cal

- 29
- Sandwich, Meatball Sub 458 cal
 - Romaine Chef Salad with Turkey, Egg & Crackers 353 cal
 - PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal
 - Dark Green Side Salad 21 cal
 - Fruit Juice Blend 60 cal
 - Banana, fresh 146 cal

- 30
- Seasonal Shaped Nuggets w/Sweet Brazilian Bun 350 cal
 - Chicken Salad on Croissant 310 cal
 - Eisenberg Beef Hot Dog on WG Bun 320 cal
 - Seasoned Crispy Fries 81 cal
 - Coleslaw 130 cal
 - Fresh Apple Slices 30 cal
 - Banana, fresh 146 cal

EVERY DAY

- Assorted Milk

Menu subject to change.