

Monday

Tuesday

Wednesday

Thursday

Friday

5

EGGS, BACON & TOAST PLATTER	230 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
Banana Sliced Bread	260 cal
WG Toast	90 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

6

MOZZARELLA CHEESE BITES, 3 EACH	340 cal
WG Double Chocolate Muffin	170 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Peach Cup	90 cal
Strawberry Cup	80 cal
Mixed Berry Fruit Cup	90 cal

7

PANCAKE BITES	250 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Banana, fresh	146 cal
Pineapple, Wedges Frozen	30 cal
Orange Wedges	76 cal

8

POWER BOX WITH CRACKERS (NO YOGURT)	242 cal
Blueberry Muffin Top	250 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Apple Juice	60 cal
Fruit Juice Blend	60 cal
Tangelos, Fresh	47 cal
Banana, fresh	146 cal
Fresh Apple Slices	30 cal

9

SWEET POTATO SWIRL	138 cal
Cereal Blueberry Chex Bowl 1 oz	111 cal
Frosted Corn Flakes Bowl 1 oz	111 cal
Trix Cereal Bowl 1 oz	110 cal
Rice Chex Gluten Free Bowl 1 oz	110 cal
Nutrigrain Bar, Strawberry	160 cal
Trix Cereal Bar 1.42 oz	160 cal
WG Toast	90 cal
Orange Wedges	76 cal
Golden Delicious Apple	75 cal
Mixed Berry Fruit Cup	90 cal

12

No menu published	
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13

MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Breaded Mozzarella Sticks	400 cal
Applesauce 4.5 oz	60 cal

14

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER	245 cal
Trix Cereal Bar 1.42 oz	150 cal
Fruit Juice Blend	60 cal
Fresh Apple Slices	30 cal

15

STUFFED HASHBROWN POTATO	245 cal
Mix Fruit Cup	80 cal
Applesauce 4.5 oz	60 cal

16

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)	384 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Fruit Juice Blend	60 cal
Fresh Apple Slices	30 cal

19

EGGS, BACON & TOAST PLATTER	230 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Applesauce 4.5 oz	60 cal
Mix Fruit Cup	80 cal

20

BREADED MOZZARELLA STICKS	400 cal
Fruit Juice Blend	60 cal
Diced Pear Cup	70 cal

21

PANCAKE BITES	250 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Cocoa Puffs Bowl 1 oz	120 cal
Applesauce 4.5 oz	60 cal
Diced Peach Cup	70 cal

22

POWER BOX WITH CRACKERS (NO YOGURT)	242 cal
Fruit Juice Blend	60 cal
Mix Fruit Cup	80 cal

23

SWIRL RASPBERRY	130 cal
Trix Cereal Bar 1.42 oz	150 cal

26

BANANA SLICED BREAD	260 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Cinnamon Toast Crunch Bowl RS, 1 oz	110 cal
Fruit Juice Blend	60 cal
Applesauce 4.5 oz	60 cal

27

MOZZARELLA CHEESE BITES, 3 EACH	340 cal
Diced Peach Cup	70 cal
Diced Pear Cup	70 cal

28

SCRAMBLED EGGS WITH CHEESE & TATER TOTS PLATTER	245 cal
Trix Cereal Bar 1.42 oz	150 cal
Fruit Juice Blend	60 cal
Fresh Apple Slices	30 cal

29

STUFFED HASHBROWN POTATO	245 cal
Applesauce 4.5 oz	60 cal
Mix Fruit Cup	80 cal

30

PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON)	384 cal
Frosted Corn Flakes Bowl 1 oz	110 cal
Trix Cereal Bowl 1 oz	110 cal
Fruit Juice Blend	60 cal
Fresh Apple Slices	30 cal

Served every day:

Mozzarella Cheese Stick • Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.