

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			VEGETARIAN PENNE PASTA WITH BREAD STICK 415 cal Romaine Chef Salad with Turkey, Egg & Crackers 353 cal WG Pepperoni Pizza 403 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Dark Green Side Salad 21 cal Fruit Juice Blend 60 cal Fresh Tangerine 40 cal	SWEET AND SPICY CHICKEN SANDWICH 411 cal Stuffed Cheesy Breadstick 300 cal Cheeseburger 410 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Seasoned Crispy Fries 81 cal 24 Hour Zesty Pickles 41 cal Raisels 27 cal Red Delicious Apple 75 cal
5	6	7	8	9
CHICKEN WAFFLES SANDWICH 377 cal Black Forest Ham & Cheddar Sandwich 290 cal WG Cheese Pizza 376 cal WG Buffalo Chicken Pizza 361 cal Hamburger, 3.0 oz 375 cal Cheeseburger 410 cal Turkey Bacon Cheeseburger 460 cal Popcorn Chicken and Mini Belgium Waffles 413 cal Emoji Fries 130 cal Mango Splash Vegetable Juice 60 cal Harvest Treats Veg Juice 50 cal Harvest Treats Veg Juice - SD 50 cal Mix Fruit Cup 80 cal Fresh Tangerine 40 cal Red Delicious Apple 75 cal Golden Delicious Apple 75 cal	PHILLY CHEESE STEAK PEPPERS & ONIONS SANDWICH 612 cal Philly Steak Peppers & Onions Sandwich (No Cheese) 562 cal Nachos with Carne Asada & Cheese 516 cal Romaine Chef Salad with Turkey, Egg & Crackers 353 cal WG Pepperoni Pizza 403 cal Tomato and Basil Bianca Pizza 429 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Sweet Waffle Potato 150 cal Fresh Steamed Broccoli 54 cal Red Grapes 61 cal Green Grapes 61 cal Fruit Juice Blend 60 cal	CAJUN SPICE WINGS 418 cal 4 Chicken Wings Lemon Pepper 482 cal Hummus Platter with Wheat WG Crackers 649 cal WG Cheese Pizza 376 cal WG Pepperoni Pizza 403 cal Butterball Turkey Hot Dog on WG Bun 270 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Dinner Roll 110 cal Cucumber & Carrot Dipper with Ranch Dressing 69 cal Carrot & Celery Dippers with Ranch Dressing 67 cal Vegetarian Baked Beans 192 cal Peach Cup 90 cal Diced Peach Cup 70 cal Fresh Apple Slices 30 cal Red Delicious Apple 75 cal Golden Delicious Apple 75 cal	CHICKEN TENDERS WITH SWEET BRAZILIAN BUN, MS/HS 400 cal Breaded Drumstick with Sweet Brazilian Bun 380 cal Spinach Cobb Salad 419 cal Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal WG Cheese Pizza 376 cal WG Buffalo Chicken Pizza 361 cal Grilled Cheese Sandwich 309 cal Coleslaw 130 cal Garlic Spinach 94 cal Dark Green Side Salad 21 cal Orange Wedges 76 cal Apple Juice 60 cal Banana, fresh 146 cal	TANGERINE CHICKEN 219 cal Asian Teriyaki Chicken 180 cal Turkey & American Sub 311 cal Garlic French Bread Cheese Pizza 383 cal Twisted Garlic French Bread Pepperoni Pizza 416 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Vegetable Fried Brown Rice 270 cal Mandarin Carrot Slaw 67 cal Roasted Green Beans 99 cal Applesauce 4.5 oz 60 cal Red Grapes 61 cal Green Grapes 61 cal Red Delicious Apple 75 cal Fresh Tangerine 40 cal Orange Wedges 76 cal Fresh Apple Slices 30 cal
12	13	14	15	16
No menu published	EISENBERG BEEF HOT DOG ON WG BUN 320 cal Sandwich, Cheese Croissant 330 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Sweet Waffle Potato 150 cal Mango Splash Vegetable Juice 60 cal Fresh Apple Slices 30 cal	HERB ROASTED CHICKEN THIGH 344 cal Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal WG Cheese Pizza 426 cal WG Pepperoni Pizza 403 cal Cheeseburger 410 cal Dinner Roll 110 cal Garlic Spinach 94 cal Seasoned Black Beans 144 cal Strawberry Cup 80 cal Orange Wedges 76 cal	VEGETARIAN PENNE PASTA WITH BREAD STICK 415 cal Romaine Chef Salad with Turkey, Egg & Crackers 353 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Dark Green Side Salad 21 cal Fruit Juice Blend 60 cal Banana, fresh 146 cal	SWEET AND SPICY CHICKEN SANDWICH 411 cal Turkey & Swiss Croissant Sandwich 321 cal Stuffed Cheesy Breadstick 300 cal WG Pepperoni Pizza 403 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Cucumber Dippers with Ranch Dressing 61 cal Seasoned Crispy Fries 81 cal Raisels 27 cal Red Delicious Apple 75 cal
19	20	21	22	23
BLACK FOREST HAM & CHEDDAR SANDWICH 290 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal Popcorn Chicken and Mini Belgium Waffles 397 cal Sweet Waffle Potato 150 cal Mango Splash Vegetable Juice 60 cal Fresh Tangerine 40 cal Mix Fruit Cup 80 cal	CILANTRO LIME RICE CUBAN STYLE MOJO PORK BOWL MS/H 545 cal Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal WG Pepperoni Pizza 403 cal Tomato and Basil Bianca Pizza 429 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Sweet Plantain Slices 262 cal Fresh Steamed Broccoli 54 cal Mixed Berry Fruit Cup 90 cal Fruit Juice Blend 60 cal	HONEY BBQ WINGS 475 cal Ranch Chicken Wings, 4 each 473 cal Hummus Platter with Wheat WG Crackers 649 cal WG Cheese Pizza 426 cal WG Pepperoni Pizza 403 cal Sweet Brazilian Bun 170 cal Carrot & Celery Dippers with Ranch Dressing 67 cal Vegetarian Baked Beans 192 cal Diced Peach Cup 70 cal Fresh Apple Slices 30 cal	DRUMSTICK WITH CORN BREAD 498 cal Romaine Chef Salad with Turkey, Egg & Crackers 353 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal Potatoes, Mashed 48 cal Fresh Cold Broccoli Salad 141 cal Orange Wedges 76 cal Apple Juice 60 cal	TANGERINE CHICKEN 219 cal Turkey & American Wrap 301 cal Twisted Garlic French Bread Pepperoni Pizza 416 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Vegetable Fried Brown Rice 270 cal Mandarin Carrot Slaw 67 cal Roasted Green Beans 99 cal Applesauce 4.5 oz 60 cal Fresh Apple Slices 30 cal
26	27	28	29	30
SANDWICH, CHEESE CROISSANT 330 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal Breaded Chicken Sandwich 340 cal Spicy Breaded Chicken Sandwich 340 cal Sweet Waffle Potato 150 cal Mango Splash Vegetable Juice 60 cal Fresh Apple Slices 30 cal	TURKEY TACO SALAD 407 cal WG Pepperoni Pizza 403 cal Tomato and Basil Bianca Pizza 429 cal Salsa Dipping Cup 25 cal Lettuce & Tomato Cup 16 cal Pineapple, Wedges Frozen 30 cal Fruit Juice Blend 60 cal	HERB ROASTED CHICKEN THIGH 344 cal Vegetarian Cobb Salad with Sweet Brazilian Bun 364 cal WG Cheese Pizza 426 cal WG Pepperoni Pizza 403 cal Cheeseburger 410 cal Brown Rice 247 cal Garlic Spinach 94 cal Seasoned Black Beans 144 cal Strawberry Cup 80 cal Orange Wedges 76 cal	VEGETARIAN PENNE PASTA WITH BREAD STICK 415 cal Romaine Chef Salad with Turkey, Egg & Crackers 353 cal WG Cheese Pizza 426 cal WG Buffalo Chicken Pizza 414 cal PBJ Sandwich w/ Goldfish Crackers & Cheese 470 cal Dark Green Side Salad 21 cal Fruit Juice Blend 60 cal Banana, fresh 146 cal	SEASONAL SHAPED NUGGETS W/SWEET BRAZILIAN BUN 350 cal Chicken Salad on Croissant 310 cal Stuffed Cheesy Breadstick 300 cal Tomato and Basil Bianca Pizza 429 cal Eisenberg Beef Hot Dog on WG Bun 320 cal Seasoned Crispy Fries 81 cal Coleslaw 130 cal Raisels 27 cal Fresh Apple Slices 30 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.

MenuPrint