

Monday

Tuesday

Wednesday

Thursday

Friday

5
MOZZARELLA CHEESE STICK 80 cal WG Double Chocolate Muffin with Cheese 250 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Applesauce, Birthday Cake 4.5 oz 70 cal Applesauce, Sour Cherry 4.5 oz 70 cal Applesauce, Peach 4.5 oz 60 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal

6
EGG & CHEESE BREAKFAST QUESADILLA 378 cal Yogurt Cup with Granola 224 cal Strawberry Yogurt Cup w/ Bear Graham 212 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal WG Toast 90 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce 4.5 oz 60 cal Applesauce, Strawberry 4.5 oz 50 cal

7
CHICKEN WAFFLES SANDWICH 377 cal Vanilla Yogurt Cup 90 cal Strawberry Yogurt Cup 90 cal Mozzarella Cheese Stick 80 cal Rolls, Cinnamon 302 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal WG Toast 90 cal Tangelos, Fresh 47 cal Orange Wedges 76 cal

1
MOZZARELLA CHEESE STICK 80 cal Sweet Potato Swirl 138 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal Apple Juice 60 cal Banana, fresh 146 cal

2
PANCAKE BITES 250 cal Mozzarella Cheese Stick 80 cal Cinnamon Toast Crunch Bowl 1 oz 120 cal Cocoa Puffs Bowl 1 oz 120 cal WG Toast 90 cal Apple Juice 60 cal Fresh Apple Slices 30 cal

8
CHICKEN AND CHEESE ON CROISSANT 323 cal Mozzarella Cheese Stick 80 cal Banana Sliced Bread 260 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal WG Toast 90 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Red Delicious Apple 75 cal Dried Cranberries 110 cal

9
PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 417 cal Mozzarella Cheese Stick 80 cal Cereal Blueberry Chex Bowl 1 oz 111 cal Frosted Corn Flakes Bowl 1 oz 111 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal WG Toast 90 cal Orange Wedges 76 cal Golden Delicious Apple 75 cal

12
No menu published

13
POWER BOX WITH YOGURT, GRAHAM & CHEESE 332 cal Egg Patty & Chicken Sausage on Croissant 333 cal Peanut Butter Spread 194 cal Trix Cereal Bowl 1 oz 110 cal Rice Chex Gluten Free Bowl 1 oz 110 cal Apple Juice 60 cal Applesauce, Peach 4.5 oz 60 cal

14
MOZZARELLA CHEESE BITES, 3 EACH 340 cal Sandwich, PBJ 2.6 oz 300 cal Banana, fresh 146 cal

15
CHICKEN AND EGG BISCUIT 350 cal Apple Juice 60 cal Orange Wedges 76 cal

16
SWEET POTATO SWIRL 140 cal Red Delicious Apple 75 cal Dried Cranberries 110 cal

19
MOZZARELLA CHEESE STICK 80 cal WG Double Chocolate Muffin with Cheese 280 cal Frosted Corn Flakes Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal

20
EGG & CHEESE BREAKFAST QUESADILLA 422 cal Strawberry Yogurt Cup w/ Bear Graham 210 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal Applesauce 4.5 oz 60 cal

21
CHICKEN WAFFLES SANDWICH 354 cal Vanilla Yogurt Cup 90 cal Mozzarella Cheese Stick 80 cal Rolls, Cinnamon 250 cal Frosted Corn Flakes Bowl 1 oz 110 cal Orange Wedges 76 cal

22
CHICKEN AND CHEESE ON CROISSANT 323 cal Mozzarella Cheese Stick 80 cal Banana Sliced Bread 260 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal

23
PACOS, (PANCAKES TACOS, EGGS, CHEESE AND BACON) 384 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Orange Wedges 76 cal

26
MOZZARELLA CHEESE STICK 80 cal Rolls, Cinnamon 250 cal Frosted Corn Flakes Bowl 1 oz 110 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal

27
POWER BOX WITH YOGURT, GRANOLA & CHEESE 330 cal Egg Patty & Chicken Sausage on Croissant 333 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Trix Cereal Bowl 1 oz 110 cal Applesauce, Blue Razzleberry 4.5 oz 50 cal

28
MOZZARELLA CHEESE BITES, 3 EACH 340 cal Sandwich, PBJ 2.6 oz 300 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Tangelos, Fresh 47 cal Banana, fresh 146 cal

29
CHICKEN AND EGG BISCUIT 350 cal Mozzarella Cheese Stick 80 cal Frosted Corn Flakes Bowl 1 oz 110 cal Apple Juice 60 cal

30
MOZZARELLA CHEESE STICK 80 cal Sweet Potato Swirl 140 cal Red Delicious Apple 75 cal

Served every day:

Trix Cereal Bar 1.42 oz • Assorted Milk • Nutrigrain Bar, Strawberry

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.