

Monday

Tuesday

Wednesday

Thursday

Friday

5 CHICKEN CORN DOG 250 cal Sandwich, Cheese 330 cal Croissant 290 cal Black Forest Ham & Cheddar Sandwich 54 cal Fresh Steamed Broccoli 60 cal Mango Splash Vegetable Juice 50 cal Harvest Treats Veg Juice 70 cal Diced Pear Cup 70 cal Diced Peach Cup 80 cal Mix Fruit Cup 339 cal Cheeseburger 304 cal Hamburger, 2.0 oz	6 BREADED CHICKEN TENDERS, K-8 280 cal Pork Rib Sandwich, Onion Rings & Pickles 620 cal Sandwich, PBJ 5.3 oz 380 cal PBJ, 2.6 oz & Cheese 81 cal Seasoned Crispy Fries 61 cal Cucumber Dippers with Ranch Dressing 76 cal Orange Wedges 30 cal Fresh Apple Slices 40 cal Fresh Tangerine 75 cal Red Delicious Apple 4.5 oz 50 cal Applesauce, Strawberry 90 cal Applesauce, Cinnamon 4.5 oz	7 CHICKEN WINGS, 4 EACH 418 cal Turkey & American on Bun 251 cal Sweet Brazilian Bun 170 cal Steamed Carrots 69 cal Coleslaw 130 cal Red Delicious Apple 75 cal Banana, fresh 146 cal Pineapple, Wedges 30 cal Frozen 60 cal Fruit Juice Blend 60 cal Apple Juice 60 cal Applesauce, Strawberry 4.5 oz 50 cal Applesauce, Cinnamon 90 cal Applesauce 4.5 oz 60 cal Applesauce, Birthday Cake 4.5 oz 70 cal Breaded Chicken Nuggets 330 cal	8 FOUR CHEESE PIZZA WEDGE 330 cal Fresh Steamed Broccoli 54 cal Fresh Apple Slices 30 cal STUFFED CHEESY BREADSTICK 300 cal Rotisserie Chicken and Cheese Sandwich 280 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Dark Green Side Salad 21 cal Pineapple, Wedges 30 cal Frozen 40 cal Fresh Tangerine 75 cal Red Delicious Apple 30 cal Fresh Apple Slices 146 cal Banana, fresh 76 cal Orange Wedges 309 cal Grilled Cheese Sandwich	9 BREADED CHICKEN TENDERS, K-8 280 cal Tater Tots 113 cal Peach Cup 90 cal HAMBURGER, 2.0 OZ 304 cal Cheeseburger 339 cal Turkey & American Sub 311 cal Tater Tots 113 cal Mandarin Carrot Slaw 67 cal Carrot Dippers with Ranch Dressing 81 cal Pineapple, Wedges 30 cal Frozen 40 cal Fresh Tangerine 75 cal Red Delicious Apple 30 cal Fresh Apple Slices 90 cal Peach Cup 80 cal Strawberry Cup 90 cal Mixed Berry Fruit Cup
12 No menu published	13 BREADED CHICKEN TENDERS, K-8 230 cal Tater Tots 113 cal Diced Pear Cup 70 cal	14 BREADED MOZZARELLA STICKS 400 cal Fresh Apple Slices 30 cal	15 TURKEY SAUSAGE & CHEESE ON CROISSANT 321 cal Steamed Carrots, 1/2 cup 70 cal Red Delicious Apple 75 cal	16 FOUR CHEESE PIZZA SLICE 330 cal Fresh Steamed Broccoli 54 cal Banana, fresh 146 cal
19 CHICKEN NUGGETS WITH SWEET BRAZILIAN BUN 437 cal Green Beans 49 cal Applesauce, Strawberry 4.5 oz 50 cal	20 CHEESE PIZZA RIPPERS 260 cal Fruit Juice Blend 60 cal	21 CHICKEN CORN DOG 250 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Applesauce, Peach 4.5 oz 60 cal	22 POPCORN CHICKEN 261 cal Sweet Waffle Potato 150 cal Orange Wedges 76 cal	23 BUTTERBALL TURKEY HOT DOG ON WG BUN 270 cal Tater Tots 113 cal Banana, fresh 146 cal
26 BREADED CHICKEN TENDERS, K-8 230 cal Tater Tots 113 cal Diced Pear Cup 70 cal	27 HAMBURGER, 2.0 OZ 304 cal Cheeseburger 339 cal Sweet Waffle Potato 150 cal Red Delicious Apple 75 cal	28 CHICKEN WINGS, 4 EACH 418 cal Sweet Brazilian Bun 170 cal Fresh Broccoli Dippers with Ranch Dressing 60 cal Fresh Apple Slices 30 cal	29 STUFFED CHEESY BREADSTICK 300 cal Fresh Tangerine 40 cal	30 POPCORN CHICKEN 261 cal Seasoned Crispy Fries 81 cal Mixed Berry Fruit Cup 90 cal

Served every day:
Assorted Milk

Menu data from Orange County Public Schools, drawn by myschoolmenu.net. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.