

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - CHICKEN CORN DOG 250 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Chicken Fajita Salad w/ Flatbread 426 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Vegetarian Baked Beans 192 cal - Coleslaw 130 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal - Hamburger, 2.0 oz 304 cal - Cheeseburger 339 cal - Impossible Burger 311 cal	2 6" PERSONAL CHEESE PIZZA 328 cal - Garlic French Bread Cheese Pizza 383 cal - Turkey & American Sub 311 cal - Four Cheese Pepperoni Pizza, WW 363 cal - Fresh Steamed Broccoli 54 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Fresh Apple Slices 30 cal - Pineapple, Wedges 30 cal - Frozen Orange Wedges 76 cal - Applesauce, Strawberry 4.5 oz 50 cal - Strawberry Cup 80 cal - Peach Cup 90 cal - Mixed Berry Fruit Cup 90 cal
5 - POPCORN CHICKEN 203 cal - Breaded Chicken Nuggets 330 cal - PBJ, 2.6 oz & Cheese 380 cal - Potatoes, Mashed 70 cal - Peas & Carrots 103 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal - Breaded Chicken Tenders, K-8 280 cal	6 - TURKEY BARBACOA BIRRIA SOFT TACOS W/SHREDDED CHEESE 391 cal - Turkey Barbecue Birria Nachos w/shredded cheese 414 cal - Yogurt, Cheese, w/ Banana Bread Plate 430 cal - Pinto Beans, 1/2 cup 163 cal - Salsa Dipping Cup 25 cal - Pinto Beans 163 cal - Peach Cup 90 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Two Soft Turkey Tacos w/ Cheese 248 cal	7 - GRILLED CHEESE SANDWICH 309 cal - Buttermilk Pancakes w/ Turkey Sausage 300 cal - Egg, Muffin, Cheese, & Apples Box 420 cal - Tater Tots 113 cal - Coleslaw 130 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal	8 - MAC AND CHEESE 372 cal - Spaghetti w/ Meatballs 394 cal - Grilled Chicken Breast Salad 196 cal - Popcorn Chicken with Mac and Cheese 474 cal - Spaghetti & Meatballs with Garlic Bread Stick 378 cal - Garlic Spinach 94 cal - Garden Side Salad 16 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal	9 - FOUR CHEESE PIZZA WEDGE 330 cal - Breaded Mozzarella Sticks 411 cal - Bento Box w/Pepperoni, Cheese, Marinara, Flatbread 476 cal - Four Cheese Pepperoni Pizza, WW 363 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Fresh Tangerine 40 cal - Fresh Apple Slices 30 cal - Red Delicious Apple 75 cal - Strawberry Cup 80 cal - Mixed Berry Fruit Cup 90 cal - Applesauce 4.5 oz 60 cal
12 No menu published	13 - YOGURT & CHEESE COOL PACK 390 cal - Chicken Wings, 3 each 313 cal - Breaded Chicken Nuggets 267 cal - Sweet Brazilian Bun 170 cal - Salsa Dipping Cup 25 cal - Golden Sun Splash Vegetable Juice 40 cal - Mango Splash Vegetable Juice 60 cal - Applesauce 4.5 oz 60 cal - Applesauce, Cinnamon 4.5 oz 90 cal - Applesauce, Birthday Cake 4.5 oz 70 cal	14 - HAMBURGER, 2.0 OZ 304 cal - Cheeseburger 339 cal - Impossible Burger 311 cal - PBJ Sandwich Box 480 cal - Vegetarian Baked Beans 192 cal 24 Hour Zesty Pickles 41 cal - Fresh Apple Slices 30 cal - Applesauce 4.5 oz 60 cal - Fresh Tangerine 40 cal	15 - ASIAN TERIYAKI CHICKEN 180 cal - Popcorn Chicken Salad 274 cal - Brown Rice 109 cal - Steamed Broccoli 27 cal - Cucumber Salad 49 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Applesauce 4.5 oz 60 cal	16 - STUFFED CHEESY BREADSTICK 300 cal - Turkey & American on Bun 251 cal - Garden Side Salad 16 cal - Applesauce 4.5 oz 60 cal - Red Delicious Apple 75 cal - Applesauce, Birthday Cake 4.5 oz 70 cal
19 - CALZONE, CHEESEBURGER 310 cal - Yogurt, Cheese, w/ Banana Bread Plate 430 cal - Salsa Dipping Cup 25 cal - Carrot Dippers with Ranch Dressing 81 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal	20 - CUBAN STYLE MOJO PORK 205 cal - PBJ, 2.6 oz & Cheese 380 cal - Seasoned Brown Rice, 1/2 cup 166 cal - Pinto Beans, 1/2 cup 163 cal - Sweet Plantain Slices 262 cal - Pinto Beans 163 cal - Applesauce 4.5 oz 60 cal - Applesauce, Cinnamon 4.5 oz 90 cal - Asian Teriyaki Chicken 180 cal	21 - SCRAMBLED EGGS WITH CHEESE & FRENCH TOAST PLATTER 320 cal - Egg, Muffin, Cheese, & Apples Box 420 cal - Garlic Spinach 94 cal - Harvest Treats Veg Juice 50 cal - Harvest Treats Veg Juice - SD 50 cal - Fresh Apple Slices 30 cal - Fresh DoD Apple 77 cal - Orange Wedges 76 cal	22 - BREADED CHICKEN BREAST TENDERS 230 cal - Chef Salad w/Turkey, Egg & WG Cracker 299 cal - Potatoes, Mashed 48 cal - Garden Side Salad 16 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal	23 - FOUR CHEESE PIZZA SLICE 330 cal - Turkey & American Croissant 301 cal - Italian Blend Vegetables 71 cal - Strawberry Cup 80 cal - Applesauce 4.5 oz 60 cal - Peach Cup 90 cal
26 - MEATBALL PIZZA SUB 413 cal - PBJ Sandwich Box 480 cal - Emoji Fries 130 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Hamburger, 2.0 oz 304 cal	27 - TANGERINE CHICKEN 219 cal - Seasoned Chicken 177 cal - Fajita 150 cal - Hummus Cup Platter 298 cal - Chicken Egg Roll 109 cal - Brown Rice 70 cal - Warm 6" Tortilla 67 cal - Mandarin Carrot Slaw 25 cal - Salsa Dipping Cup 60 cal - Mango Splash Vegetable Juice 80 cal - Strawberry Cup 90 cal - Peach Cup 90 cal - Mixed Berry Fruit Cup 90 cal	28 6" PERSONAL CHEESE PIZZA 328 cal - Garlic French Bread Cheese Pizza 383 cal - Turkey & American Sub 311 cal - Fresh Steamed Broccoli 54 cal - Fresh Broccoli Dippers with Ranch Dressing 60 cal - Fresh Apple Slices 30 cal - Pineapple, Wedges 30 cal - Frozen Orange Wedges 76 cal - Applesauce, Strawberry 4.5 oz 50 cal	29 - CHICKEN CORN DOG 250 cal - Butterball Turkey Hot Dog on WG Bun 270 cal - Eisenberg Beef Hot Dog on WG Bun 320 cal - Chicken Fajita Salad w/Flatbread 426 cal - Breaded Chicken Sandwich 340 cal - Spicy Breaded Chicken Sandwich 340 cal - Vegetarian Baked Beans 192 cal - Coleslaw 130 cal - Strawberry Kiwi Juice 60 cal - Fruit Juice Blend 60 cal - Apple Juice 60 cal - Orange Juice 60 cal	30 - SEASONAL SHAPED NUGGETS 180 cal - Egg, Cheese & Flatbread Box 290 cal - Four Cheese Pepperoni Slice 363 cal - Steamed Corn, 1/2 cup 108 cal - Garden Side Salad 16 cal - Fresh Apple Slices 30 cal - Pineapple, Wedges 30 cal - Orange Wedges 76 cal - Applesauce, Strawberry 4.5 oz 50 cal

Served every day:

Assorted Milk

Menu data from Orange County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Orange County Public Schools publishes them.