

Acceleration Academy West High School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Four Cheese Pizza Wedge	330 cal
	 Four Cheese Pepperoni Pizza, WW	363 cal
	 Popcorn Chicken and Mini Belgium Waffles	413 cal

6	 Philly Cheese Steak Sandwich	605 cal
	 Garlic French Bread Cheese Pizza	383 cal
	 Twisted Garlic French Bread Pepperoni Pizza	416 cal
	 PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
	 Sweet Waffle Potato	150 cal
	 Lettuce & Tomato Cup	16 cal
	 Raisels	27 cal
	 Apple Cherry Juice	50 cal

7	 Cajun Spice Wings	418 cal
	 Butterball Turkey Hot Dog on WG Bun	270 cal
	 Four Cheese Pizza Wedge	330 cal
	 Four Cheese Pepperoni Pizza, WW	363 cal
	 Sweet Brazilian Bun	170 cal
	 Cucumber & Carrot Dipper with Ranch Dressing	69 cal
	 Vegetarian Baked Beans	192 cal
	 Peach Cup	90 cal

1	 Vegetarian Penne Pasta with Bread Stick	415 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Four Cheese Pizza Wedge	330 cal
	 Four Cheese Pepperoni Pizza, WW	363 cal
	 Garlic Spinach	94 cal
	 Apple Cherry Juice	50 cal

2	 Breaded Chicken Sandwich	340 cal
	 Spicy Breaded Chicken Sandwich	340 cal
	 6" Personal Cheese Pizza	328 cal
	 Butterball Turkey Hot Dog on WG Bun	270 cal
	 Seasoned Crispy Fries	81 cal
	 24 Hour Zesty Pickles	41 cal
	 Cucumber Dippers with Ranch Dressing	61 cal
	 Raisels	27 cal
	 Applesauce 4.5 oz	60 cal

8	 Mozzarella Cheese Stick	80 cal
	 Chicken Tenders with Sweet Brazilian Bun, MS/HS	400 cal
	 Breaded Drumstick with Sweet Brazilian Bun	380 cal
	 WG Cheese Pizza	376 cal
	 WG Pepperoni Pizza	403 cal
	 Grilled Cheese Sandwich	309 cal
	 Bear Grahams	122 cal
	 Coleslaw	130 cal
	 Garlic Spinach	94 cal
	 Orange Wedges	76 cal
	 Apple Juice	60 cal
	 Banana, fresh	146 cal

9	 Tangerine Chicken	219 cal
	 Asian Teriyaki Chicken	180 cal
	 Stuffed Cheesy Breadstick	300 cal
	 Breaded Chicken Sandwich	340 cal
	 Spicy Breaded Chicken Sandwich	340 cal
	 Chocolate No Nut Butter Cup	324 cal
	 Savory Cracker, WG	180 cal
	 Vegetable Fried Brown Rice	270 cal
	 Mandarin Carrot Slaw	67 cal
	 Roasted Green Beans	99 cal
	 Applesauce 4.5 oz	60 cal
	 Red Delicious Apple	75 cal
	 Fresh Tangerine	40 cal
	 Orange Wedges	76 cal

No menu published

13	 Butterball Turkey Hot Dog on WG Bun	270 cal
	 Breaded Chicken Sandwich	340 cal
	 Spicy Breaded Chicken Sandwich	340 cal
	 Four Cheese Pizza Slice	361 cal
	 Four Cheese Pepperoni Pizza Slice	393 cal
	 Sweet Waffle Potato	150 cal
	 Berry Berry Blue Juice	60 cal
	 Slushie	80 cal

14	 Herb Roasted Chicken	174 cal
	 Garlic French Bread Cheese Pizza	383 cal
	 Twisted Garlic French Bread Pepperoni Pizza	416 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Dinner Roll	110 cal
	 Carrot Dippers with Ranch Dressing	81 cal
	 Seasoned Black Beans	144 cal
	 Strawberry Cup	80 cal

15	 Vegetarian Penne Pasta with Bread Stick	415 cal
	 PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
	 Four Cheese Pizza Slice	330 cal
	 Four Cheese Pepperoni Slice	363 cal
	 Garlic Spinach	94 cal
	 Banana, fresh	146 cal
	 Apple Cherry Juice	50 cal
	 Fruit Punch Juice	60 cal

16	 Sweet and Spicy Chicken Sandwich	411 cal
	 6" Personal Cheese Pizza	328 cal
	 Butterball Turkey Hot Dog on WG Bun	270 cal
	 Spicy Breaded Chicken Sandwich	340 cal
	 Cucumber Dippers with Ranch Dressing	61 cal
	 Seasoned Crispy Fries	81 cal
	 Raisels	27 cal
	 Red Delicious Apple	75 cal

19	 Garlic French Bread Cheese Pizza	383 cal
	 Twisted Garlic French Bread Pepperoni Pizza	416 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Popcorn Chicken and Mini Belgium Waffles	397 cal
	 Emoji Fries	130 cal
	 Mango Splash Vegetable Juice	60 cal
	 Fresh Tangerine	40 cal
	 Mix Fruit Cup	80 cal

20	 Philly Cheese Steak Rice Bowl	578 cal
	 PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
	 Four Cheese Pizza Slice	330 cal
	 Four Cheese Pepperoni Slice	363 cal
	 Sweet Plantain Slices	262 cal
	 Fresh Steamed Broccoli	54 cal
	 Fruit Punch Juice	60 cal
	 Apple Juice	50 cal

21	 Honey BBQ Wings	475 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Sweet Brazilian Bun	170 cal
	 Cucumber & Carrot Dipper with Ranch Dressing	69 cal
	 Vegetarian Baked Beans	192 cal
	 Fresh Apple Slices	30 cal
	 Peach Cup	90 cal

22	 Drumstick with Corn Bread	498 cal
	 Grilled Cheese Sandwich	309 cal
	 Four Cheese Pizza Slice	330 cal
	 Four Cheese Pepperoni Slice	363 cal
	 Potatoes, Mashed	48 cal
	 Steamed Broccoli	27 cal
	 Orange Wedges	76 cal
	 Apple Juice	50 cal
	 Fruit Punch Juice	60 cal

23	 Tangerine Chicken	219 cal
	 Spicy Breaded Chicken Sandwich	340 cal
	 Breaded Chicken Sandwich	340 cal
	 Butterball Turkey Hot Dog on WG Bun	270 cal
	 Vegetable Fried Brown Rice	270 cal
	 Mandarin Carrot Slaw	67 cal
	 Roasted Green Beans	99 cal
	 Applesauce 4.5 oz	60 cal

26	 Garlic French Bread Cheese Pizza	383 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Sweet Waffle Potato	150 cal
	 Mango Splash Vegetable Juice	60 cal
	 Mix Fruit Cup	80 cal

27	 California Chicken Burrito	454 cal
	 Grilled Cheese Sandwich	309 cal
	 Four Cheese Pizza Slice	361 cal
	 Four Cheese Pepperoni Pizza Slice	393 cal
	 Salsa Dipping Cup	25 cal
	 Lettuce & Tomato Cup	16 cal
	 Pineapple, Wedges Frozen	30 cal
	 Apple Juice	50 cal

28	 Herb Roasted Chicken	174 cal
	 Hamburger, 3.0 oz	375 cal
	 Cheeseburger	410 cal
	 Four Cheese Pizza Slice	361 cal
	 Four Cheese Pepperoni Pizza Slice	393 cal
	 Brown Rice	247 cal
	 Carrot Dippers with Ranch Dressing	81 cal
	 Seasoned Black Beans	144 cal
	 Orange Wedges	76 cal

29	 Vegetarian Penne Pasta with Bread Stick	415 cal
	 PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
	 Four Cheese Pizza Slice	361 cal
	 Four Cheese Pepperoni Pizza Slice	393 cal
	 Garlic Spinach	94 cal
	 Banana, fresh	146 cal
	 Apple Juice	50 cal
	 Apple Cherry Juice	50 cal

		30
	Breaded Chicken Sandwich	340 cal
	Spicy Breaded Chicken Sandwich	340 cal
	6" Personal Cheese Pizza	328 cal
	Butterball Turkey Hot Dog on WG Bun	270 cal
	Seasoned Crispy Fries	81 cal
	Coleslaw	130 cal
	Raisels	27 cal
	Fresh Apple Slices	30 cal