

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Chicken Waffles sandwich	377 cal
WG Cheese Pizza	376 cal
WG Pepperoni Pizza	403 cal
Hamburger, 3.0 oz	375 cal
Cheeseburger	410 cal
Chocolate No Nut Butter Cup	324 cal
Cheddar Goldfish Crackers	100 cal
Popcorn Chicken and Mini Belgium Waffles	413 cal
Sweet Waffle	150 cal
Potato	
Mango Splash Vegetable Juice	60 cal
Harvest Treats Veg Juice	50 cal
Harvest Treats Veg Juice - SD	50 cal
Fresh Tangerine	40 cal
Mix Fruit Cup	80 cal
Red Delicious Apple	75 cal
Golden Delicious Apple	75 cal

6

Vanilla Yogurt Cup	90 cal
Strawberry Yogurt Cup	90 cal
Philly Cheese Steak Peppers & Onions Sandwich	612 cal
Philly Cheese Steak Sandwich	605 cal
Nachos with Carne Asada & Cheese	516 cal
Garlic French Bread Cheese Pizza	383 cal
Twisted Garlic French Bread Pepperoni Pizza	416 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Cracker, Sweet Educationa	130 cal
Sweet Waffle	150 cal
Potato	
Lettuce & Tomato Cup	16 cal
Raisels	27 cal
Fruit Juice Blend	60 cal
Red Grapes	61 cal
Green Grapes	61 cal

7

Cajun Spice Wings	418 cal
4 Chicken Wings Lemon Pepper	482 cal
WG Pepperoni Pizza	403 cal
Tomato and Basil Bianca Pizza	429 cal
Butterball Turkey Hot Dog on WG Bun	270 cal
Eisenberg Beef Hot Dog on WG Bun	320 cal
Chocolate No Nut Butter Cup	324 cal
Snack Mix, Cheddar Chex	110 cal
Sweet Brazilian Bun	170 cal
Cucumber & Carrot Dipper with Ranch Dressing	69 cal
Carrot & Celery Dippers with Ranch Dressing	67 cal
Vegetarian Baked Beans	192 cal
Peach Cup	90 cal
Diced Peach Cup	70 cal
Fresh Apple Slices	30 cal
Red Delicious Apple	75 cal
Golden Delicious Apple	75 cal

1

Sandwich, Meatball Sub	458 cal
WG Pepperoni Pizza	403 cal
Cheeseburger	410 cal
Garlic Spinach	94 cal
Fruit Juice Blend	60 cal
Fresh Tangerine	40 cal

2

Breaded Chicken Sandwich	340 cal
6" Personal Cheese Pizza	328 cal
Butterball Turkey Hot Dog on WG Bun	270 cal
Seasoned Crispy Fries	81 cal
Cucumber Dippers with Ranch Dressing	61 cal
Raisels	27 cal
Applesauce 4.5 oz	60 cal

8

Mozzarella Cheese Stick	80 cal
Chicken Tenders with Sweet Brazilian Bun, MS/HS	400 cal
Breaded Drumstick with Sweet Brazilian Bun	380 cal
WG Cheese Pizza	376 cal
WG Pepperoni Pizza	403 cal
Grilled Cheese Sandwich	309 cal
Bear Grahams	122 cal
Coleslaw	130 cal
Garlic Spinach	94 cal
Orange Wedges	76 cal
Apple Juice	60 cal
Banana, fresh	146 cal

9

Tangerine Chicken	219 cal
Asian Teriyaki Chicken	180 cal
Stuffed Cheesy Breadstick	300 cal
Breaded Chicken Sandwich	340 cal
Spicy Breaded Chicken Sandwich	340 cal
Chocolate No Nut Butter Cup	324 cal
Savory Cracker, WG	180 cal
Vegetable Fried Brown Rice	270 cal
Mandarin Carrot Slaw	67 cal
Roasted Green Beans	99 cal
Applesauce 4.5 oz	60 cal
Red Delicious Apple	75 cal
Fresh Tangerine	40 cal
Orange Wedges	76 cal

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No menu published	
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13

Eisenberg Beef Hot Dog on WG Bun	320 cal
WG Cheese Pizza	426 cal
Tomato and Basil Bianca Pizza	429 cal
Sweet Waffle	150 cal
Potato	
Mango Splash Vegetable Juice	60 cal
Mix Fruit Cup	80 cal
Fresh DoD Apple	77 cal

14

BBQ Chicken Drumstick	227 cal
Garlic French Bread Cheese Pizza	383 cal
Cheeseburger	410 cal
Dinner Roll	110 cal
Carrot Dippers with Ranch Dressing	81 cal
Seasoned Black Beans	144 cal
Strawberry Cup	80 cal
Orange Wedges	76 cal

15

Sandwich, Meatball Sub	458 cal
WG Pepperoni Pizza	403 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Garlic Spinach	94 cal
Fruit Juice Blend	60 cal
Banana, fresh	146 cal

16

Sweet and Spicy Chicken Sandwich	411 cal
6" Personal Cheese Pizza	328 cal
Eisenberg Beef Hot Dog on WG Bun	320 cal
Cucumber Dippers with Ranch Dressing	61 cal
Seasoned Crispy Fries	81 cal
Raisels	27 cal
Orange Wedges	76 cal

19

Garlic French Bread Cheese Pizza	383 cal
Popcorn Chicken and Mini Belgium Waffles	397 cal
Emoji Fries	130 cal
Mango Splash Vegetable Juice	60 cal
Fresh Tangerine	40 cal
Mix Fruit Cup	80 cal

20

Cilantro Lime Rice Cuban Style Mojo Pork Bowl MS/H	545 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
Sweet Plantain	262 cal
Fresh Steamed Broccoli	54 cal

21

Honey BBQ Wings	475 cal
Stuffed Cheesy Breadstick	300 cal
Cheeseburger	410 cal
Sweet Brazilian Bun	170 cal
Cucumber & Carrot Dipper with Ranch Dressing	69 cal
Vegetarian Baked Beans	192 cal
Diced Peach Cup	70 cal
Peach Cup	90 cal
Red Delicious Apple	75 cal

22

Drumstick with Corn Bread	498 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
Potatoes, Mashed	48 cal
Garlic Spinach	94 cal
Orange Wedges	76 cal
Apple Juice	60 cal

23

Tangerine Chicken	219 cal
Spicy Breaded Chicken Sandwich	340 cal
Butterball Turkey Hot Dog on WG Bun	270 cal
Vegetable Fried Brown Rice	270 cal
Mandarin Carrot Slaw	67 cal
Roasted Green Beans	99 cal
Red Delicious Apple	75 cal

26

Garlic French Bread Cheese Pizza	383 cal
Cheeseburger	410 cal
Sweet Waffle	150 cal
Potato	
Mango Splash Vegetable Juice	60 cal
Red Delicious Apple	75 cal
Mix Fruit Cup	80 cal

27

California Chicken Burrito	454 cal
WG Cheese Pizza	426 cal
Tomato and Basil Bianca Pizza	429 cal
Grilled Cheese Sandwich	309 cal
Salsa Dipping Cup	25 cal
Lettuce & Tomato Cup	16 cal
Pineapple, Wedges Frozen	30 cal
Fruit Juice Blend	60 cal

28

BBQ Chicken Drumstick	227 cal
WG Cheese Pizza	426 cal
WG Pepperoni Pizza	403 cal
Brown Rice	247 cal
Carrot Dippers with Ranch Dressing	81 cal
Seasoned Black Beans	144 cal
Strawberry Cup	80 cal
Orange Wedges	76 cal

29

Sandwich, Meatball Sub	458 cal
WG Cheese Pizza	426 cal
PBJ Sandwich w/ Goldfish Crackers & Cheese	470 cal
Garlic Spinach	94 cal
Fruit Juice Blend	60 cal
Banana, fresh	146 cal

30

Breaded Chicken Sandwich	340 cal
6" Personal Cheese Pizza	328 cal
Butterball Turkey Hot Dog on WG Bun	270 cal
Seasoned Crispy Fries	81 cal
Coleslaw	130 cal
Raisels	27 cal
Red Delicious Apple	75 cal

EVERY DAY

Assorted Milk

Menu subject to change.