

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- WG Double Chocolate Muffin with Cheese 250 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- Applesauce, Birthday Cake 4.5 oz 70 cal
- Applesauce, Sour Cherry 4.5 oz 70 cal
- Applesauce, Peach 4.5 oz 60 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal

6

- Egg & Cheese Breakfast Quesadilla 378 cal
- Yogurt Cup with Granola 224 cal
- Strawberry Yogurt Cup w/ Bear Graham 212 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Fruit Juice Blend 60 cal
- Apple Juice 60 cal
- Applesauce 4.5 oz 60 cal
- Applesauce, Strawberry 4.5 oz 50 cal

7

- Chicken Waffles sandwich 377 cal
- Vanilla Yogurt Cup 90 cal
- Strawberry Yogurt Cup 90 cal
- Rolls, Cinnamon 302 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Tangelos, Fresh 47 cal
- Orange Wedges 76 cal

8

- Chicken and Cheese on Croissant 323 cal
- Banana Sliced Bread 260 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Fruit Juice Blend 60 cal
- Apple Juice 60 cal
- Red Delicious Apple 75 cal
- Dried Cranberries 110 cal

9

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon) 417 cal
- Cereal Blueberry Chex Bowl 1 oz 111 cal
- Frosted Corn Flakes Bowl 1 oz 111 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 160 cal
- Trix Cereal Bar 1.42 oz 160 cal
- WG Toast 90 cal
- Orange Wedges 76 cal
- Golden Delicious Apple 75 cal

12

No menu published

13

- Power Box with Yogurt, Granola & Cheese 330 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Fruit Juice Blend 60 cal
- Fresh Apple Slices 30 cal

14

- Mozzarella Cheese Bites, 3 each 340 cal
- Sandwich, PBJ 2.6 300 cal
- Trix Cereal Bowl 1 oz 110 cal
- Applesauce 4.5 oz 60 cal
- Fresh Orange 62 cal

15

- Chicken and Egg Biscuit 350 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Trix Cereal Bar 1.42 oz 150 cal
- Fruit Juice Blend 60 cal
- Golden Delicious Apple 75 cal

16

- Sweet Potato Swirl 140 cal
- Trix Cereal Bowl 1 oz 110 cal
- Red Delicious Apple 75 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal

19

- WG Double Chocolate Muffin with Cheese 280 cal
- Trix Cereal Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Applesauce, Peach 4.5 oz 60 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal

20

- Egg & Cheese Breakfast Quesadilla 422 cal
- Yogurt Cup with Granola 210 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Fruit Juice Blend 60 cal
- Applesauce 4.5 oz 60 cal

21

- Chicken Waffles sandwich 354 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Cinnamon Bun 241 cal
- Orange Wedges 76 cal
- Applesauce 4.5 oz 60 cal

22

- Banana Sliced Bread 260 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal

23

- Pacos, (Pancakes Tacos, Eggs, Cheese and Bacon) 384 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Golden Delicious Apple 75 cal

26

- Rolls, Cinnamon 250 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal
- Fresh Apple Slices 30 cal

27

- Power Box with Yogurt, Granola & Cheese 330 cal
- Egg Patty & Chicken Sausage on Croissant 333 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Applesauce, Peach 4.5 oz 60 cal
- Apple Juice 60 cal

28

- Mozzarella Cheese Bites, 3 each 340 cal
- Sandwich, PBJ 2.6 300 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Fresh DoD Apple 77 cal

29

- Chicken and Egg Biscuit 350 cal
- Frosted Corn Flakes Bowl 1 oz 110 cal
- Nutrigrain Bar, Strawberry 150 cal
- Fruit Juice Blend 60 cal
- Orange Wedges 76 cal

30

- Sweet Potato Swirl 140 cal
- Rice Chex Gluten Free Bowl 1 oz 110 cal
- Red Delicious Apple 75 cal
- Applesauce, Blue Razzleberry 4.5 oz 50 cal

EVERY DAY

- Mozzarella Cheese Stick
- Assorted Milk

Menu subject to change.