

South Hialeah Elementary School

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

Egg Cheese & Sausage Flatbread
Sunrise Scrambled Eggs

168 cal
70 cal

Waffle, Froot Loop
Eggs Scrambled w/Pork Sausage Patty

90 cal
190 cal

Banana Bread
Eggs Scrambled with Grits

306 cal
200 cal

Strawberry Muffin
Eggs Scrambled w/Turkey Bacon

117 cal
190 cal

Cinnamon Roll
Sunrise Scrambled Eggs

270 cal
70 cal

Guavalito Queso
Sunrise Scrambled Eggs

110 cal
70 cal

French Toast Sticks Cinnamon Glazed
Eggs Scrambled w/Canadian Turkey

210 cal
120 cal

Carrot Waffle
Sunrise Scrambled Eggs

180 cal
70 cal

Croissant
Scrambled Eggs w/Chicken Patty

220 cal
160 cal

Pandebono Bites
Sunrise Scrambled Eggs

180 cal
70 cal

Muffin Top, Chocolate Chip
Sunrise Scrambled Eggs

220 cal
70 cal

Early Risers Hashbrowns
Eggs Scrambled w/Canadian Turkey

230 cal
120 cal

Breakfast Bagel, Egg, Cheese and Turkey Sausage
Sunrise Scrambled Eggs

180 cal
70 cal

French Toast Bites
Scrambled Eggs w/Pork Sausage Patty

190 cal
194 cal

Brazilian Rolls
Sunrise Scrambled Eggs

140 cal
70 cal

Served every day

🍞 Toast · 🍓 Assorted Fresh Fruit