

BREAKFAST OCTOBER 2026

Cutler Ridge Elementary School

Miami-Dade County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
French Toast Bites 190 cal
Eggs Scrambled w/Pork Sausage Patty 190 cal

2
Brazilian Rolls 140 cal
Sunrise Scrambled Eggs 70 cal

5
No menu published

6
No menu published

7
No menu published

8
No menu published

9
No menu published

12
Egg Cheese & Sausage Flatbread 168 cal
Sunrise Scrambled Eggs 70 cal

13
Waffle, Froot Loop 90 cal
Eggs Scrambled w/Pork Sausage Patty 190 cal

14
Banana Bread 306 cal
Eggs Scrambled with Grits 200 cal

15
Strawberry Muffin 117 cal
Eggs Scrambled w/Turkey Bacon 190 cal

16
Cinnamon Roll 270 cal
Sunrise Scrambled Eggs 70 cal

19
Guavalito Queso 110 cal
Sunrise Scrambled Eggs 70 cal

20
French Toast Sticks Cinnamon Glazed 210 cal
Eggs Scrambled w/Canadian Turkey 120 cal

21
Carrot Waffle 180 cal
Sunrise Scrambled Eggs 70 cal

22
Croissant 220 cal
Scrambled Eggs w/Chicken Patty 160 cal

23
Pandebono Bites 180 cal
Sunrise Scrambled Eggs 70 cal

26
Muffin Top, Chocolate Chip 220 cal
Sunrise Scrambled Eggs 70 cal

27
Early Risers Hashbrowns 230 cal
Eggs Scrambled w/Canadian Turkey 120 cal

28
Breakfast Bagel, Egg, Cheese and Turkey Sausage 180 cal
Sunrise Scrambled Eggs 70 cal

29
French Toast Bites 190 cal
Scrambled Eggs w/Pork Sausage Patty 194 cal

30
Brazilian Rolls 140 cal
Sunrise Scrambled Eggs 70 cal

EVERY DAY

Toast
Assorted Fresh Fruit

Menu subject to change.

Menu data from Miami-Dade County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Miami-Dade County Public Schools publishes them.

nutrislice