

Bent Tree Elementary School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

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 **Cheeseburger** 390 cal
 **Garlic French Bread** 350 cal
 **Pizza**
 **Sweet Potato Waffle** 160 cal

 **Chicken Breast Sandwich** 363 cal
 **Fruit Platter w/Yogurt** 465 cal
 **Lettuce Mixed Florida Fresh Salad** 14 cal
 **Black Beans, Vegetarian** 133 cal

 **Beefaroni** 199 cal
 **Pizza Sticks w/Spaghetti Sauce** 456 cal
 **Steamed Green Beans** 19 cal
 **Bread Stick Focaccia w/Parmesan Topping** 180 cal

 **Asian Glazed Chicken** 230 cal
 **Vegan Chik'n Nuggets** 170 cal
 **Lettuce Mixed Florida Fresh Salad** 14 cal
 **Crinkle Sweet Potato Fries** 100 cal
 **Yellow Rice** 27 cal

 **Pizza, 4-Cheese Primo** 350 cal
 **Chicken Wrap** 233 cal
 **Starz Tots** 82 cal

 **Corndog, Chicken** 240 cal
 **Grilled Cheese Sandwich** 340 cal
 **Crinkle Sweet Potato Fries** 100 cal

 **Roasted Chicken** 207 cal
 **Breaded Beef Bites** 207 cal
 **Lettuce Mixed Florida Fresh Salad** 14 cal
 **Sweet Potato Wedges** 100 cal
 **Mac and Cheese** 192 cal

 **Arroz con Pollo** 173 cal
 **Zesty 4 Cheese bites** 70 cal
 **Plantains Maduros** 130 cal

 **Turkey Taco** 82 cal
 **Veggie Burger** 150 cal
 **La Fiesta Salad** 60 cal
 **Baked Beans** 209 cal
 **Fritos Corn Chips** 240 cal
 **Brown Rice** 14 cal

 **Pizza Cheese 6"** 318 cal
 **Pizza Pepperoni** 360 cal
 **Broccoli Normandy** 26 cal

 **Mozzarella Cheese Sticks** 400 cal
 **Louisiana Chicken Fillet on WG/Bun** 360 cal
 **Sweet Potato Waffle** 160 cal

 **Mandarin Orange Chicken** 150 cal
 **Garlic French Bread** 350 cal
 **Pizza**
 **Lettuce Mixed Florida Fresh Salad** 14 cal
 **Broccoli Florets** 26 cal
 **Brown Rice** 14 cal

 **Picadillo** 233 cal
 **Bosco Breadstick** 300 cal
 **Black Beans, Vegetarian** 133 cal
 **Brown Rice** 14 cal

 **Breaded Chicken Drumsticks** 220 cal
 **Veggie Buffalo Wings** 253 cal
 **Lettuce Mixed Florida Fresh Salad** 14 cal
 **Mashed Potatoes** 140 cal
 **WG Dinner Roll** 163 cal

 **Tubito's Pizza** 370 cal
 **Wild Salmon Nuggets** 260 cal
 **Creamy Coleslaw** 74 cal
 **Hushpuppies** 225 cal

Served every day

 **Assorted Fresh Fruit**