

BREAKFAST

OCTOBER 2026

Wharton High School

Hillsborough County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5
No menu published

6
No menu published

7
No menu published

1
 **Chicken Biscuit** 290 cal
 **Mini Pancakes** 230 cal
 **Breakfast Mac and Cheese** 282 cal

2
 **Morning Swicy Stack** 252 cal
 **Eggo Mini French Toast** 200 cal
 **Strawberry Bagelful** 190 cal

12
No menu published

13
 **Chicken Biscuit** 290 cal
 **Dannon Creamy Yogurt** 70 cal
 **Cinnamon Granola** 120 cal
 **Breakfast Scrambler Bowl** 315 cal

14
 **Sausage Biscuit** 290 cal
 **Vanilla Belgian Waffle** 240 cal
 **Fruity Yogurt Parfait** 219 cal

15
 **Chicken Biscuit** 290 cal
 **Mini Pancakes** 230 cal
 **Breakfast Mac and Cheese** 282 cal

16
 **Morning Swicy Stack** 252 cal
 **Eggo Mini French Toast** 200 cal
 **Strawberry Bagelful** 190 cal

19
 **Sausage Biscuit** 290 cal
 **Banana Chocolate Breakfast Bar** 280 cal
 **French Toast Sticks** 260 cal

20
 **Chicken Biscuit** 290 cal
 **Dannon Creamy Yogurt** 70 cal
 **Cinnamon Granola** 120 cal
 **Breakfast Scrambler Bowl** 315 cal

21
 **Sausage Biscuit** 290 cal
 **Vanilla Belgian Waffle** 240 cal
 **Fruity Yogurt Parfait** 219 cal

22
 **Chicken Biscuit** 290 cal
 **Mini Pancakes** 230 cal
 **Breakfast Mac and Cheese** 282 cal

23
 **Morning Swicy Stack** 252 cal
 **Eggo Mini French Toast** 200 cal
 **Strawberry Bagelful** 190 cal

26
 **Sausage Biscuit** 290 cal
 **Banana Chocolate Breakfast Bar** 280 cal
 **French Toast Sticks** 260 cal

27
 **Chicken Biscuit** 290 cal
 **Dannon Creamy Yogurt** 70 cal
 **Cinnamon Granola** 120 cal
 **Breakfast Scrambler Bowl** 315 cal

28
 **Sausage Biscuit** 290 cal
 **Vanilla Belgian Waffle** 240 cal
 **Fruity Yogurt Parfait** 219 cal

29
 **Chicken Biscuit** 290 cal
 **Mini Pancakes** 230 cal
 **Breakfast Mac and Cheese** 282 cal

30
 **Morning Swicy Stack** 252 cal
 **Eggo Mini French Toast** 200 cal
 **Strawberry Bagelful** 190 cal