

Town and Country Elementary School

Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5

No menu published

6

No menu published

7

No menu published

1

- Chicken Biscuit 290 cal
- Mini Pancakes 230 cal
- Breakfast Mac and Cheese 282 cal

2

- Morning Swicy Stack 252 cal
- Eggo Mini French Toast 200 cal
- Strawberry Bagelful 190 cal

12

No menu published

13

- Chicken Biscuit 290 cal
- Dannon Danimals Yogurt 70 cal
- Cinnamon Granola 120 cal
- Breakfast Scrambler Bowl 315 cal

14

- Sausage Biscuit 290 cal
- Vanilla Belgian Waffle 240 cal
- Fruity Yogurt Parfait 219 cal

15

- Chicken Biscuit 290 cal
- Mini Pancakes 230 cal
- Breakfast Mac and Cheese 282 cal

16

- Morning Swicy Stack 252 cal
- Eggo Mini French Toast 200 cal
- Strawberry Bagelful 190 cal

19

- Sausage Biscuit 290 cal
- Banana Chocolate Breakfast Bar 280 cal
- French Toast Sticks 260 cal

20

- Chicken Biscuit 290 cal
- Dannon Danimals Yogurt 70 cal
- Cinnamon Granola 120 cal
- Breakfast Scrambler Bowl 315 cal

21

- Sausage Biscuit 290 cal
- Vanilla Belgian Waffle 240 cal
- Fruity Yogurt Parfait 219 cal

22

- Chicken Biscuit 290 cal
- Mini Pancakes 230 cal
- Breakfast Mac and Cheese 282 cal

23

- Morning Swicy Stack 252 cal
- Eggo Mini French Toast 200 cal
- Strawberry Bagelful 190 cal

26

- Sausage Biscuit 290 cal
- Banana Chocolate Breakfast Bar 280 cal
- French Toast Sticks 260 cal

27

- Chicken Biscuit 290 cal
- Dannon Danimals Yogurt 70 cal
- Cinnamon Granola 120 cal
- Breakfast Scrambler Bowl 315 cal

28

- Sausage Biscuit 290 cal
- Vanilla Belgian Waffle 240 cal
- Fruity Yogurt Parfait 219 cal

29

- Chicken Biscuit 290 cal
- Mini Pancakes 230 cal
- Breakfast Mac and Cheese 282 cal

30

- Morning Swicy Stack 252 cal
- Eggo Mini French Toast 200 cal
- Strawberry Bagelful 190 cal