

BREAKFAST

OCTOBER 2026

Thonotosassa Elementary School

Hillsborough County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 - Chicken Biscuit 290 cal - Mini Pancakes 230 cal - Breakfast Mac and Cheese 282 cal	2 - Morning Swicy Stack 252 cal - Eggo Mini French Toast 200 cal - Strawberry Bagelful 190 cal
5 No menu published	6 No menu published	7 No menu published	8 No menu published	9 No menu published
12 No menu published	13 - Chicken Biscuit 290 cal - Dannon Danimals Yogurt 70 cal - Cinnamon Granola 120 cal - Breakfast Scrambler Bowl 315 cal	14 - Sausage Biscuit 290 cal - Vanilla Belgian Waffle 240 cal - Fruity Yogurt Parfait 219 cal	15 - Chicken Biscuit 290 cal - Mini Pancakes 230 cal - Breakfast Mac and Cheese 282 cal	16 - Morning Swicy Stack 252 cal - Eggo Mini French Toast 200 cal - Strawberry Bagelful 190 cal
19 - Sausage Biscuit 290 cal - Banana Chocolate Breakfast Bar 280 cal - French Toast Sticks 260 cal	20 - Chicken Biscuit 290 cal - Dannon Danimals Yogurt 70 cal - Cinnamon Granola 120 cal - Breakfast Scrambler Bowl 315 cal	21 - Sausage Biscuit 290 cal - Vanilla Belgian Waffle 240 cal - Fruity Yogurt Parfait 219 cal	22 - Chicken Biscuit 290 cal - Mini Pancakes 230 cal - Breakfast Mac and Cheese 282 cal	23 - Morning Swicy Stack 252 cal - Eggo Mini French Toast 200 cal - Strawberry Bagelful 190 cal
26 - Sausage Biscuit 290 cal - Banana Chocolate Breakfast Bar 280 cal - French Toast Sticks 260 cal	27 - Chicken Biscuit 290 cal - Dannon Danimals Yogurt 70 cal - Cinnamon Granola 120 cal - Breakfast Scrambler Bowl 315 cal	28 - Sausage Biscuit 290 cal - Vanilla Belgian Waffle 240 cal - Fruity Yogurt Parfait 219 cal	29 - Chicken Biscuit 290 cal - Mini Pancakes 230 cal - Breakfast Mac and Cheese 282 cal	30 - Morning Swicy Stack 252 cal - Eggo Mini French Toast 200 cal - Strawberry Bagelful 190 cal