

# BREAKFAST OCTOBER 2026

## Thompson Elementary School

Hillsborough County Public Schools



| Monday                                                                                                                                                                       | Tuesday                                                                                                                                                                                                    | Wednesday                                                                                                                                                              | Thursday                                                                                                                                                         | Friday                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                              |                                                                                                                                                                                                            |                                                                                                                                                                        | <div>1</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Mini Pancakes 230 cal</li> <li>Breakfast Mac and Cheese 282 cal</li> </ul>  | <div>2</div> <ul style="list-style-type: none"> <li>MORNING SWICY STACK 252 cal</li> <li>Eggo Mini French Toast 200 cal</li> <li>Strawberry Bagelful 190 cal</li> </ul>  |
| <div>5</div> <p>No menu published</p>                                                                                                                                        | <div>6</div> <p>No menu published</p>                                                                                                                                                                      | <div>7</div> <p>No menu published</p>                                                                                                                                  | <div>8</div> <p>No menu published</p>                                                                                                                            | <div>9</div> <p>No menu published</p>                                                                                                                                    |
| <div>12</div> <p>No menu published</p>                                                                                                                                       | <div>13</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Dannon Danimals Yogurt 70 cal</li> <li>Cinnamon Granola 120 cal</li> <li>Breakfast Scrambler Bowl 315 cal</li> </ul> | <div>14</div> <ul style="list-style-type: none"> <li>SAUSAGE BISCUIT 290 cal</li> <li>Vanilla Belgian Waffle 240 cal</li> <li>Fruity Yogurt Parfait 219 cal</li> </ul> | <div>15</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Mini Pancakes 230 cal</li> <li>Breakfast Mac and Cheese 282 cal</li> </ul> | <div>16</div> <ul style="list-style-type: none"> <li>MORNING SWICY STACK 252 cal</li> <li>Eggo Mini French Toast 200 cal</li> <li>Strawberry Bagelful 190 cal</li> </ul> |
| <div>19</div> <ul style="list-style-type: none"> <li>SAUSAGE BISCUIT 290 cal</li> <li>Banana Chocolate Breakfast Bar 280 cal</li> <li>French Toast Sticks 260 cal</li> </ul> | <div>20</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Dannon Danimals Yogurt 70 cal</li> <li>Cinnamon Granola 120 cal</li> <li>Breakfast Scrambler Bowl 315 cal</li> </ul> | <div>21</div> <ul style="list-style-type: none"> <li>SAUSAGE BISCUIT 290 cal</li> <li>Vanilla Belgian Waffle 240 cal</li> <li>Fruity Yogurt Parfait 219 cal</li> </ul> | <div>22</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Mini Pancakes 230 cal</li> <li>Breakfast Mac and Cheese 282 cal</li> </ul> | <div>23</div> <ul style="list-style-type: none"> <li>MORNING SWICY STACK 252 cal</li> <li>Eggo Mini French Toast 200 cal</li> <li>Strawberry Bagelful 190 cal</li> </ul> |
| <div>26</div> <ul style="list-style-type: none"> <li>SAUSAGE BISCUIT 290 cal</li> <li>Banana Chocolate Breakfast Bar 280 cal</li> <li>French Toast Sticks 260 cal</li> </ul> | <div>27</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Dannon Danimals Yogurt 70 cal</li> <li>Cinnamon Granola 120 cal</li> <li>Breakfast Scrambler Bowl 315 cal</li> </ul> | <div>28</div> <ul style="list-style-type: none"> <li>SAUSAGE BISCUIT 290 cal</li> <li>Vanilla Belgian Waffle 240 cal</li> <li>Fruity Yogurt Parfait 219 cal</li> </ul> | <div>29</div> <ul style="list-style-type: none"> <li>CHICKEN BISCUIT 290 cal</li> <li>Mini Pancakes 230 cal</li> <li>Breakfast Mac and Cheese 282 cal</li> </ul> | <div>30</div> <ul style="list-style-type: none"> <li>MORNING SWICY STACK 252 cal</li> <li>Eggo Mini French Toast 200 cal</li> <li>Strawberry Bagelful 190 cal</li> </ul> |

Menu data from Hillsborough County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Hillsborough County Public Schools publishes them.