

BREAKFAST OCTOBER 2026

Sligh Middle Magnet School

Hillsborough County Public Schools



Monday	Tuesday	Wednesday	Thursday	Friday
			★ CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal	★ MORNING SWICY STACK 252 cal Eggo Mini French Toast 200 cal Strawberry Bagelful 190 cal
★ No menu published	★ No menu published	★ No menu published	★ No menu published	★ No menu published
★ No menu published	★ CHICKEN BISCUIT 290 cal Dannon Danimals Yogurt 70 cal Cinnamon Granola 120 cal Breakfast Scrambler Bowl 315 cal	★ SAUSAGE BISCUIT 290 cal Vanilla Belgian Waffle 240 cal Fruity Yogurt Parfait 219 cal	★ CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal	★ MORNING SWICY STACK 252 cal Eggo Mini French Toast 200 cal Strawberry Bagelful 190 cal
★ SAUSAGE BISCUIT 290 cal Banana Chocolate Breakfast Bar 280 cal French Toast Sticks 260 cal	★ CHICKEN BISCUIT 290 cal Dannon Danimals Yogurt 70 cal Cinnamon Granola 120 cal Breakfast Scrambler Bowl 315 cal	★ SAUSAGE BISCUIT 290 cal Vanilla Belgian Waffle 240 cal Fruity Yogurt Parfait 219 cal	★ CHICKEN BISCUIT 290 cal Mini Pancakes 230 cal Breakfast Mac and Cheese 282 cal	★ MORNING SWICY STACK 252 cal Eggo Mini French Toast 200 cal Strawberry Bagelful 190 cal
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Menu data from Hillsborough County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Hillsborough County Public Schools publishes them.