

# BREAKFAST

## OCTOBER 2026

# Shaw Elementary School

Hillsborough County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

No menu published

6

No menu published

7

No menu published

1

-  Chicken Biscuit 290 cal
-  Mini Pancakes 230 cal
-  Breakfast Mac and Cheese 282 cal

2

-  Morning Swicy Stack 252 cal
-  Eggo Mini French Toast 200 cal
-  Strawberry Bagelful 190 cal

12

No menu published

13

-  Chicken Biscuit 290 cal
-  Dannon Danimals Yogurt 70 cal
-  Cinnamon Granola 120 cal
-  Breakfast Scrambler Bowl 315 cal

14

-  Sausage Biscuit 290 cal
-  Vanilla Belgian Waffle 240 cal
-  Fruity Yogurt Parfait 219 cal

15

-  Chicken Biscuit 290 cal
-  Mini Pancakes 230 cal
-  Breakfast Mac and Cheese 282 cal

16

-  Morning Swicy Stack 252 cal
-  Eggo Mini French Toast 200 cal
-  Strawberry Bagelful 190 cal

19

-  Sausage Biscuit 290 cal
-  Banana Chocolate Breakfast Bar 280 cal
-  French Toast Sticks 260 cal

20

-  Chicken Biscuit 290 cal
-  Dannon Danimals Yogurt 70 cal
-  Cinnamon Granola 120 cal
-  Breakfast Scrambler Bowl 315 cal

21

-  Sausage Biscuit 290 cal
-  Vanilla Belgian Waffle 240 cal
-  Fruity Yogurt Parfait 219 cal

22

-  Chicken Biscuit 290 cal
-  Mini Pancakes 230 cal
-  Breakfast Mac and Cheese 282 cal

23

-  Morning Swicy Stack 252 cal
-  Eggo Mini French Toast 200 cal
-  Strawberry Bagelful 190 cal

26

-  Sausage Biscuit 290 cal
-  Banana Chocolate Breakfast Bar 280 cal
-  French Toast Sticks 260 cal

27

-  Chicken Biscuit 290 cal
-  Dannon Danimals Yogurt 70 cal
-  Cinnamon Granola 120 cal
-  Breakfast Scrambler Bowl 315 cal

28

-  Sausage Biscuit 290 cal
-  Vanilla Belgian Waffle 240 cal
-  Fruity Yogurt Parfait 219 cal

29

-  Chicken Biscuit 290 cal
-  Mini Pancakes 230 cal
-  Breakfast Mac and Cheese 282 cal

30

-  Morning Swicy Stack 252 cal
-  Eggo Mini French Toast 200 cal
-  Strawberry Bagelful 190 cal