

Riverhills Elementary Magnet School

Breakfast · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

No menu published

13

 **Chicken Biscuit** 290 cal
 Dannon Danimals 70 cal
 Yogurt
 Cinnamon Granola 120 cal
 Breakfast Scrambler Bowl 315 cal

14

 **Sausage Biscuit** 290 cal
 Vanilla Belgian Waffle 240 cal
 Fruity Yogurt Parfait 219 cal

15

 **Chicken Biscuit** 290 cal
 Mini Pancakes 230 cal
 Breakfast Mac and Cheese 282 cal

16

 **Morning Swicy Stack** 252 cal
 Eggo Mini French Toast 200 cal
 Strawberry Bagelful 190 cal

19

 **Sausage Biscuit** 290 cal
 Banana Chocolate Breakfast Bar 280 cal
 French Toast Sticks 260 cal

20

 **Chicken Biscuit** 290 cal
 Dannon Danimals 70 cal
 Yogurt
 Cinnamon Granola 120 cal
 Breakfast Scrambler Bowl 315 cal

21

 **Sausage Biscuit** 290 cal
 Vanilla Belgian Waffle 240 cal
 Fruity Yogurt Parfait 219 cal

22

 **Chicken Biscuit** 290 cal
 Mini Pancakes 230 cal
 Breakfast Mac and Cheese 282 cal

23

 **Morning Swicy Stack** 252 cal
 Eggo Mini French Toast 200 cal
 Strawberry Bagelful 190 cal

26

 **Sausage Biscuit** 290 cal
 Banana Chocolate Breakfast Bar 280 cal
 French Toast Sticks 260 cal

27

 **Chicken Biscuit** 290 cal
 Dannon Danimals 70 cal
 Yogurt
 Cinnamon Granola 120 cal
 Breakfast Scrambler Bowl 315 cal

28

 **Sausage Biscuit** 290 cal
 Vanilla Belgian Waffle 240 cal
 Fruity Yogurt Parfait 219 cal

29

 **Chicken Biscuit** 290 cal
 Mini Pancakes 230 cal
 Breakfast Mac and Cheese 282 cal

30

 **Morning Swicy Stack** 252 cal
 Eggo Mini French Toast 200 cal
 Strawberry Bagelful 190 cal