

# BREAKFAST

## OCTOBER 2026

# Middleton High School

Hillsborough County Public Schools



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

5

No menu published

6

No menu published

7

No menu published

1

-  **Chicken Biscuit** 290 cal
-  **Mini Pancakes** 230 cal
-  **Breakfast Mac and Cheese** 282 cal

2

-  **Morning Swicy Stack** 252 cal
-  **Eggo Mini French Toast** 200 cal
-  **Strawberry Bagelful** 190 cal

12

No menu published

13

-  **Chicken Biscuit** 290 cal
-  **Dannon Creamy Yogurt** 70 cal
-  **Cinnamon Granola** 120 cal
-  **Breakfast Scrambler Bowl** 315 cal

14

-  **Sausage Biscuit** 290 cal
-  **Vanilla Belgian Waffle** 240 cal
-  **Fruity Yogurt Parfait** 219 cal

15

-  **Chicken Biscuit** 290 cal
-  **Mini Pancakes** 230 cal
-  **Breakfast Mac and Cheese** 282 cal

16

-  **Morning Swicy Stack** 252 cal
-  **Eggo Mini French Toast** 200 cal
-  **Strawberry Bagelful** 190 cal

19

-  **Sausage Biscuit** 290 cal
-  **Banana Chocolate Breakfast Bar** 280 cal
-  **French Toast Sticks** 260 cal

20

-  **Chicken Biscuit** 290 cal
-  **Dannon Creamy Yogurt** 70 cal
-  **Cinnamon Granola** 120 cal
-  **Breakfast Scrambler Bowl** 315 cal

21

-  **Sausage Biscuit** 290 cal
-  **Vanilla Belgian Waffle** 240 cal
-  **Fruity Yogurt Parfait** 219 cal

22

-  **Chicken Biscuit** 290 cal
-  **Mini Pancakes** 230 cal
-  **Breakfast Mac and Cheese** 282 cal

23

-  **Morning Swicy Stack** 252 cal
-  **Eggo Mini French Toast** 200 cal
-  **Strawberry Bagelful** 190 cal

26

-  **Sausage Biscuit** 290 cal
-  **Banana Chocolate Breakfast Bar** 280 cal
-  **French Toast Sticks** 260 cal

27

-  **Chicken Biscuit** 290 cal
-  **Dannon Creamy Yogurt** 70 cal
-  **Cinnamon Granola** 120 cal
-  **Breakfast Scrambler Bowl** 315 cal

28

-  **Sausage Biscuit** 290 cal
-  **Vanilla Belgian Waffle** 240 cal
-  **Fruity Yogurt Parfait** 219 cal

29

-  **Chicken Biscuit** 290 cal
-  **Mini Pancakes** 230 cal
-  **Breakfast Mac and Cheese** 282 cal

30

-  **Morning Swicy Stack** 252 cal
-  **Eggo Mini French Toast** 200 cal
-  **Strawberry Bagelful** 190 cal