

# LUNCH

## OCTOBER 2026

# Hillsborough High School

Hillsborough County Public Schools

| Monday                                                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                                                                                                   | Wednesday                                                                                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                                                                                                                                         |
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|                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                             | <div>1</div> <ul style="list-style-type: none"> <li>CLASSIC CHEESEBURGER 425 cal</li> <li>Black Bean Burger 341 cal</li> <li>Turkey Burrito Bowl 541 cal</li> <li>Fresh Cucumber Slices 7 cal</li> <li>Lean and Green Steamed Broccoli 32 cal</li> </ul>                                                                                                     | <div>2</div> <ul style="list-style-type: none"> <li>CHICKEN CRUNCHERS 270 cal</li> <li>Fresh Baked Croissant 220 cal</li> <li>Chicken Parm Bowl 612 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Italian Herbed Green Beans 45 cal</li> </ul>                                                                                                                                               |
| <div>5</div> <p>No menu published</p>                                                                                                                                                                                                                                                                       | <div>6</div> <p>No menu published</p>                                                                                                                                                                                                                                                                                                                                     | <div>7</div> <p>No menu published</p>                                                                                                                                                                                                                                                                                                       | <div>8</div> <p>No menu published</p>                                                                                                                                                                                                                                                                                                                        | <div>9</div> <p>No menu published</p>                                                                                                                                                                                                                                                                                                                                                          |
| <div>12</div> <p>NO SCHOOL TODAY!</p>                                                                                                                                                                                                                                                                       | <div>13</div> <ul style="list-style-type: none"> <li>CRISPY CHICKEN SANDWICH 360 cal</li> <li>Spicy Chicken Sandwich 360 cal</li> <li>Tyson Chicken Corn Dog 300 cal</li> <li>Turkey Chef Salad with Corn Muffin 785 cal</li> <li>Fresh Cucumber Slices 7 cal</li> <li>Lean and Green Steamed Broccoli 32 cal</li> </ul>                                                  | <div>14</div> <ul style="list-style-type: none"> <li>MINI CHEESY CALZONES 320 cal</li> <li>Marinara Cup 15 cal</li> <li>Stadium Chicken Wings 235 cal</li> <li>Corn Muffin 220 cal</li> <li>Ybor City Salad with Cuban Toast 719 cal</li> <li>Mini Caesar Salad 19 cal</li> <li>Sweet Kernel Corn 112 cal</li> </ul>                        | <div>15</div> <ul style="list-style-type: none"> <li>CLASSIC CHEESEBURGER 425 cal</li> <li>Black Bean Burger 341 cal</li> <li>Firehouse Kielbasa Sub 313 cal</li> <li>Chicken Caesar Salad with Crackers 509 cal</li> <li>Lettuce, Tomato and Pickle Salad Cup 15 cal</li> <li>Northwest Veggie Blend 30 cal</li> </ul>                                      | <div>16</div> <ul style="list-style-type: none"> <li>CHICKEN CRUNCHERS 270 cal</li> <li>Chicken Bite Mac &amp; Cheese Bowl 470 cal</li> <li>Creamy Homemade Macaroni &amp; Cheese 459 cal</li> <li>Dutch Waffle 330 cal</li> <li>Assorted Chef Salad 400 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Sweet Peas 45 cal</li> </ul>                                                          |
| <div>19</div> <ul style="list-style-type: none"> <li>FOUR CHEESE PIZZA SLICE 360 cal</li> <li>Turkey-Beef Pepperoni Pizza Slice 360 cal</li> <li>Sunshine Tinga Rice Bowl 520 cal</li> <li>Assorted Chef Salad 400 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Baked Sweet Plantains 130 cal</li> </ul> | <div>20</div> <ul style="list-style-type: none"> <li>CRISPY CHICKEN SANDWICH 360 cal</li> <li>Spicy Chicken Sandwich 360 cal</li> <li>Santa Fe Beef Tacos 423 cal</li> <li>Fire Roasted Black Bean Tacos 423 cal</li> <li>Turkey Chef Salad with Corn Muffin 785 cal</li> <li>Fresh Cucumber Slices with Tajin 7 cal</li> <li>Fire Roasted Black Beans 214 cal</li> </ul> | <div>21</div> <ul style="list-style-type: none"> <li>CHEESE DETROIT-STYLE PIZZA 350 cal</li> <li>Beef Pepperoni Detroit-Style Pizza 360 cal</li> <li>Orange Chicken with Yellow Rice 386 cal</li> <li>Ybor City Salad with Cuban Toast 719 cal</li> <li>Mini Caesar Salad 19 cal</li> <li>Lean and Green Steamed Broccoli 32 cal</li> </ul> | <div>22</div> <ul style="list-style-type: none"> <li>CLASSIC CHEESEBURGER 425 cal</li> <li>Black Bean Burger 341 cal</li> <li>Rockin' Butter Chicken on Queso Fries 436 cal</li> <li>Flat Bread 160 cal</li> <li>Chicken Caesar Salad with Crackers 509 cal</li> <li>Lettuce, Tomato and Pickle Salad Cup 15 cal</li> <li>Homestyle Fries 100 cal</li> </ul> | <div>23</div> <ul style="list-style-type: none"> <li>SOUTHERN STYLE CHICKEN BITES 213 cal</li> <li>Buffalo Chicken Bites 240 cal</li> <li>Corn Muffin 220 cal</li> <li>Cheesy Beef Fiesta Fold 410 cal</li> <li>Assorted Chef Salad 400 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Sweet Kernel Corn 112 cal</li> </ul>                                                                   |
| <div>26</div> <ul style="list-style-type: none"> <li>FOUR CHEESE PIZZA SLICE 360 cal</li> <li>Turkey-Beef Pepperoni Pizza Slice 360 cal</li> <li>Firehouse Kielbasa Sub 313 cal</li> <li>Assorted Chef Salad 400 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Bush's Baked Beans 150 cal</li> </ul>      | <div>27</div> <ul style="list-style-type: none"> <li>CRISPY CHICKEN SANDWICH 360 cal</li> <li>Spicy Chicken Sandwich 360 cal</li> <li>BBQ Beef Bowl with Corn Muffin 665 cal</li> <li>Turkey Chef Salad with Corn Muffin 785 cal</li> <li>Fresh Cucumber Slices with Tajin 7 cal</li> <li>Homestyle Fries 100 cal</li> </ul>                                              | <div>28</div> <ul style="list-style-type: none"> <li>MINI CHEESY CALZONES 320 cal</li> <li>Marinara Cup 15 cal</li> <li>Teriyaki Chicken with Lo Mein 259 cal</li> <li>Ybor City Salad with Cuban Toast 719 cal</li> <li>Mini Caesar Salad 19 cal</li> <li>Northwest Veggie Blend 30 cal</li> </ul>                                         | <div>29</div> <ul style="list-style-type: none"> <li>CLASSIC CHEESEBURGER 425 cal</li> <li>Black Bean Burger 341 cal</li> <li>Turkey Burrito Bowl 541 cal</li> <li>Chicken Caesar Salad with Crackers 509 cal</li> <li>Lettuce, Tomato and Pickle Salad Cup 15 cal</li> <li>Lean and Green Steamed Broccoli 32 cal</li> </ul>                                | <div>30</div> <ul style="list-style-type: none"> <li>CHICKEN CRUNCHERS 270 cal</li> <li>Fresh Baked Croissant 220 cal</li> <li>Chicken Parm Bowl 612 cal</li> <li>Pasta with Marinara and Cheese 447 cal</li> <li>Assorted Chef Salad 400 cal</li> <li>Fresh Baby Carrots 20 cal</li> <li>Italian Herbed Green Beans 45 cal</li> <li>Orange and Cream Frozen Fruit Sidekicks 90 cal</li> </ul> |